



TIMOR-LESTE



Newly independent Timor-Leste has committed to universal health care in its Constitution, and with the support of its development partners is building on the steady progress made over the last decade to strengthen health policies and systems.



NATIONAL HEALTH SECTOR STRATEGIC PLAN, 2011-2030

1 268 671 TOTAL POPULATION, (2016)	69 YEARS LIFE EXPECTANCY AT BIRTH, (2015)	102\$ TOTAL HEALTH EXPENDITURE PER CAPITA, (2014)	57% TUBERCULOSIS TREATMENT COVERAGE, (2016)
10% OUT OF POCKET EXPENDITURE AS % OF TOTAL HEALTH EXPENDITURE, (2014)	2% GENERAL GOVERNMENT HEALTH EXPENDITURE AS % OF GENERAL GOVERNMENT EXPENDITURE, (2014)	32% EXTERNAL AID AS % OF TOTAL HEALTH EXPENDITURE, (2014)	55% ANTENATAL CARE COVERAGE, (2009-2010)
59 HOSPITAL BEDS PER 10 000 POPULATION, (2010)	27% RURAL POPULATION WITH ACCESS TO IMPROVED SANITATION FACILITIES, (2015)	85% DTP3 IMMUNIZATION COVERAGE AMONG 1-YEAR-OLDS, (2016)	29% BIRTHS ATTENDED BY SKILLED HEALTH PERSONNEL, (2009)

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SOURCE: WHO GHO & WB

CURRENT PRIORITIES

Timor-Leste has made important progress in the health sector in the last decade by reconstructing health facilities, expanding community based health services and graduation of a considerable number of medical students. The National Health Sector Strategic Plan (NHSSP) 2011-2030 provides a 20-year vision for health based on the National Strategic Development Plan 2011-2030. The first period, 2011 to 2015, focused on setting conditions, developing institutional capacities and designing policies and strategies to guide following phases of consolidation. The MoH works in close collaboration with all stakeholders to oversee the implementation of projects and programmes guided by the plan.

A review of the NHSSP is ongoing in 2017 to ensure the plan reflects changes at national and international level since its inception and focusing on two dimensions of UHC, service delivery and financial protection.

LINKAGE TO UHC

This year will also mark the definition of a new Health Financing Strategy in Timor-Leste. A policy option document was prepared in advance to outline a set of core health financing policy questions and propose feasible policy pathways to achieve its policy goals of equity and quality of UHC. The new financing strategy, developed with technical support from the UHC Partnership, will provide guidance on how to optimize the funds in the health sector according to the three main functions of revenue raising, pooling and purchasing.

Timor-Leste has launched the family health service delivery model, which intends to reach all the individuals of the country through an individualised mapping and outreach visits.

A deep assessment of human resources for health situation and a health workforce 5-year plan will aid this effort. A revision of the National Medicines Policy and pharmaceutical and medical legislation are together improving access to quality medicines and strengthen regulatory systems.

WHO SUPPORT TO DATE

- Development of consolidated Health Sector Annual Operational Planning, Costing and Budgeting
- Support to MoH in establishing a Drug Regulatory Authority and developing antibiotic guidelines; Promoting and monitoring rational use of drugs
- Implementation of DHIS2, web-based, health information management system; develop and update programme registers
- Support for developing and costing of various MoH Policies, Strategies and Action Plans

Remaining gap: Extend health coverage to rural and remote areas

- ↳ **Recommendation: Continue implementation of family health model, structure & composition.**

Remaining gap: Ensure the right mix of HRH at district level

- ↳ **Recommendation : Revise minimum staffing levels and implement basic health care package.**

Remaining gap: Systematic evaluation of intervention impact

- ↳ **Recommendation : Use of economic, organisational & social analysis.**

Stories from the field:

The Timor-Leste - Sri Lanka Twinning Arrangement



In 2017, the Governments of Timor-Leste and Sri Lanka signed an unprecedented agreement, which will see Timor-Leste's immunisation programme draw on lessons learned from Sri Lanka's success in achieving 99% immunisation coverage rates.

The so-called 'twinning agreement' aims to strengthen the effectiveness and sustainability of Timor-Leste's Expanded Programme on Immunization (EPI) by:

- facilitating the transfer of programme management skills, including planning and budgeting, logistics, and use of data to track progress and improving coverage
- providing opportunities for exchange visits between both EPI teams and build a coaching plan that will incorporate distance mentoring

Timor-Leste Director-General of Health Services Dr Odete de Silva Viegas thanked Sri Lanka, WHO and Gavi for their support, outlining how immunization is key to Timor-Leste's development trajectory: "When we invest in vaccines, we are investing in the future of the nation".



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