Surgery for cervical intraepithelial neoplasia

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RHL summary

Findings of the review: Cervical intraepithelial neoplasia (CIN) is a pre-cancerous lesion of cervical cancer. Current common surgical treatments of CIN include laser abrasion, laser conization, large loop excision of the transformation zone (LLETZ), knife conization and cryotherapy. In this updated review, there were no significant differences in persistence of diseases after treatment between different surgical techniques. However, LLETZ provided the most reliable specimens for pathological examination with least morbidity. Double freeze cryotherapy should be used instead of single freeze technique to reduce residual disease at 12 months. Laser ablation had significantly less vasomotor symptoms, malodorous discharge and inadequate colposcopy at follow-up compared with cryotherapy. Laser conization had significantly more thermal artefact which prevented interpretation of resection margin compared with knife conization.

Implementation: Compared with the others, no single methods stands out as a superior surgical technique for treating CIN. Selection of the treatment method depends on available facilities and experience of caregivers.

Cochrane review


Abstract

Cervical intraepithelial neoplasia (CIN) is the most common pre-malignant lesion. Atypical squamous changes occur in the transformation zone of the cervix with mild, moderate or severe changes described by their depth (CIN 1, 2 or 3). Cervical intraepithelial neoplasia is treated by local ablation or lower morbidity excision techniques. Choice of treatment depends on the grade and extent of the disease.

To assess the effectiveness and safety of alternative surgical treatments for CIN.

We searched the Cochrane Gynaecological Cancer Group Trials Register, Cochrane Central Register of Controlled Trials (CENTRAL) (The Cochrane Library), MEDLINE and EMBASE (up to November 2012). We also searched registers of clinical trials, abstracts of scientific meetings and reference lists of included
studies. Randomised controlled trials (RCTs) of alternative surgical treatments in women with cervical intraepithelial neoplasia.

Two review authors independently abstracted data and assessed risks of bias. Risk ratios that compared residual disease after the follow-up examination and adverse events in women who received one of either laser ablation, laser conisation, large loop excision of the transformation zone (LLETZ), knife conisation or cryotherapy were pooled in random-effects model meta-analyses.

Twenty-nine trials were included. Seven surgical techniques were tested in various comparisons. No significant differences in treatment failures were demonstrated in terms of persistent disease after treatment. Large loop excision of the transformation zone appeared to provide the most reliable specimens for histology with the least morbidity. Morbidity was lower than with laser conisation, although the trials did not provide data for every outcome measure. There were not enough data to assess the effect on morbidity when compared with laser ablation.

The evidence suggests that there is no obvious superior surgical technique for treating cervical intraepithelial neoplasia in terms of treatment failures or operative morbidity.

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