WHO recommendations on antenatal care for a positive pregnancy experience

To achieve the Every Woman Every Child vision and the Global Strategy for Women’s Children’s and Adolescents’ Health, we ... experience of pregnancy and ensuring that babies have the best possible start in life.” Ban Ki-moon, UN Secretary-General

WHO recommendations on community-based interventions to improve communication and support:

- Facilitated participatory learning and action cycles with women’s groups during pregnancy

Within the continuum of reproductive health care, antenatal care (ANC) provides a platform for important healthcare ... It has been established that, by implementing timely and appropriate evidence-based practices, ANC can save lives.

WHO recommendations on antenatal care for a positive pregnancy experience

- Antenatal care contact schedules
- Malaria intermittent preventive treatment in pregnancy
- Task shifting components of antenatal care delivery
- Ultrasound scan in pregnancy
- Antenatal anti-D immunoglobulin administration
- Antenatal care for women with substance use
- Balanced energy and protein dietary supplementation during pregnancy
- Symphysis-fundal height measurement during pregnancy
- Nutrition education on increasing daily energy and protein intake during pregnancy
- Constipation during pregnancy
- Daily oral iron and folic acid supplementation during pregnancy
- Routine antenatal cardiotocography
- Zinc supplementation during pregnancy
- Diet and lifestyle to prevent and relieve heartburn in pregnancy
- Vitamin B6 (pyridoxine) supplementation during pregnancy
- Daily fetal movement counting
- Systematic screening for active tuberculosis during pregnancy
- Healthy eating and keeping physically active during pregnancy
- Vitamin E and C supplementation during pregnancy
- Antenatal care for women with tobacco use
- Antibiotics for asymptomatic bacteriuria during pregnancy
- Recruitment and retention of staff in rural and remote areas
- Midwife-led continuity of care during pregnancy
- Human immunodeficiency virus (HIV) and syphilis testing during pregnancy
- The method for anaemia diagnosis in pregnancy
- Vitamin D supplementation during pregnancy
- High-protein supplementation during pregnancy
- Varicose veins and oedema management during pregnancy
- WHO recommendations on community-based interventions to improve communication and support: Facilitated participatory learning and action cycles with women’s groups during pregnancy