WHO recommendation on antenatal care for a positive pregnancy experience

Highlights and Key Messages from the World Health Organization's 2016 Global Recommendations for Routine Antenatal Care

Recommendations

- Health systems interventions to improve the utilization and quality of antenatal care
- Interventions for common physiological symptoms
- Nutritional interventions
- Preventive measures

Guideline

- Published: November 2016
- WHO recommendation on constipation during pregnancy
- WHO recommendation on human immunodeficiency virus (HIV) and syphilis testing during pregnancy
- WHO recommendation on antenatal anti-D immunoglobulin administration
- WHO recommendation on task shifting components of antenatal care delivery
- WHO recommendation on low back and pelvic pain prevention during pregnancy
- WHO recommendation on ultrasound scan in pregnancy
- WHO recommendations on community-based interventions to improve communication and support: Facilitated participatory learning and action cycles with women's groups during pregnancy
- WHO recommendation on group antenatal care
- WHO recommendation on diagnosis of gestational diabetes mellitus
- WHO recommendation on midwife-led continuity of care during pregnancy
- WHO recommendation on antibiotic prophylaxis to prevent recurrent urinary tract infections during pregnancy
- WHO recommendation on varicose veins and oedema management during pregnancy
- WHO recommendation on woman-held case notes during pregnancy
- WHO recommendation on routine Doppler ultrasound examination in pregnancy
- WHO recommendation on daily oral iron and folic acid supplementation during pregnancy
- WHO recommendation on zinc supplementation during pregnancy
- WHO recommendation on intermittent oral iron and folic acid supplementation during pregnancy
- WHO recommendation on malaria intermittent preventive treatment in pregnancy
- WHO recommendation on nutrition education on increasing daily energy and protein intake during pregnancy
- WHO recommendation on substance use during pregnancy
- WHO recommendation on nausea and vomiting relief in pregnancy
- WHO recommendation on daily fetal movement counting
- WHO recommendation on vitamin D supplementation during pregnancy
- WHO recommendation on preventive anthelminthic treatment during pregnancy
- WHO recommendation on multiple micronutrient supplements during pregnancy
- WHO recommendation on balanced energy and protein dietary supplementation during pregnancy
- WHO recommendation on systematic screening for active tuberculosis during pregnancy
- WHO recommendation on clinical enquiry about the possibility of intimate partner violence during pregnancy
- WHO recommendation on tobacco use during pregnancy
- WHO recommendation on healthy eating and keeping physically active during pregnancy
- WHO recommendation on vitamin B6 (pyridoxine) supplementation during pregnancy
- WHO recommendation on vitamin A supplementation during pregnancy
- WHO recommendation on recruitment and retention of staff in rural and remote areas

Evidence base

- Published: November 2016
- WHO recommendations on antenatal care for a positive pregnancy experience

Published on

- https://extranet.who.int/rhl
- https://extranet.who.int/rhl/guidelines/who-recommendations-antenatal-care-positive-pregnancy-experience