WHO recommendations for prevention and treatment of pre-eclampsia and eclampsia

Guidelines
Evidence tables
Español
Français
Português

WHO recommendations for prevention and treatment of pre-
Pre-eclampsia stands out among the hypertensive disorders for its impact on maternal and neonatal health. It is one of the leading causes of maternal and perinatal mortality and morbidity worldwide.

The primary goal of the present guidelines is to improve the quality of care and outcomes for pregnant women presenting with pre-eclampsia and its main complications (e.g. eclampsia). The target audience of these guidelines includes obstetricians, midwives, general medical practitioners, health-care managers and public health policy-makers, particularly those in under-resourced settings. The guidance provided is evidence-informed and covers selected topics related to the management of pre-eclampsia and eclampsia that were regarded as critical questions by an international, multidisciplinary group of health-care workers, consumers and other stakeholders. These guidelines are not intended as a comprehensive guide on the management of pre-eclampsia and eclampsia.

Recommendations

**WHO recommendation on calcium supplementation during pregnancy**  
Updated: November 2016

**WHO recommendation on low-dose acetylsalicylic acid (aspirin) for pre-eclampsia prevention in high-risk women**  
Published: October 2011

**WHO recommendation on timing of low-dose acetylsalicylic acid (aspirin) for pre-eclampsia prevention in high-risk women**  
Published: October 2011

**WHO recommendation on antihypertensive drugs for women with severe hypertension during pregnancy**  
Published: October 2011

**WHO recommendation on choice and route of administration of antihypertensive drugs for women with severe hypertension during pregnancy**  
Published: October 2011

**WHO recommendation on magnesium sulfate for the prevention of eclampsia in women with severe pre-eclampsia**  
Published: October 2011

**WHO recommendation on magnesium sulfate as the first line anticonvulsant in women with eclampsia**  
Published: October 2011

**WHO recommendation on magnesium sulfate regimen to prevent and treat eclampsia**  
Published: October 2011

**WHO recommendation on use of magnesium sulfate to prevent and treat eclampsia, where the full regimen cannot be administered**  
Published: October 2011
WHO recommendation on induction for the prevention of eclampsia in women with severe pre-eclampsia when the fetus is not viable  
Published: October 2011

WHO recommendation on induction for the prevention of eclampsia in women with severe pre-eclampsia, a viable fetus and before 34 weeks of gestation  
Published: October 2011

WHO recommendation on induction for the prevention of eclampsia in women with severe pre-eclampsia, a viable fetus and between 34 and 36 (plus 6 days) weeks of gestation  
Published: October 2011

WHO recommendation on induction for women with severe pre-eclampsia at term  
Published: October 2011

WHO recommendation on induction for women with mild pre-eclampsia or mild gestational hypertension at term  
Published: October 2011

WHO recommendation on postpartum treatment of women treated with antihypertensive drugs antenatally  
Published: October 2011

WHO recommendation on treatment for women with severe postpartum hypertension  
Published: October 2011

WHO recommendation regarding advice to rest at home as primary prevention of pre-eclampsia and hypertensive disorders of pregnancy  
Published: October 2011

WHO recommendation against salt restriction for the prevention of pre-eclampsia  
Published: October 2011

WHO recommendation regarding Vitamin D supplementation during pregnancy  
Published: December 2016

WHO recommendation against vitamin C or vitamin E supplementation during pregnancy for the prevention of pre-eclampsia  
Published: December 2016

WHO recommendation against the use of diuretics for the prevention of pre-eclampsia during pregnancy  
Published: October 2011

WHO recommendation on the use of corticosteroids for treating HELLP syndrome  
Published: October 2011

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