WHOPAR Part 4

Ethambutol Hydrochloride/ Isoniazid/ Pyrazinamide/ Rifampicin 275 mg/ 75 mg/400 mg/150 mg Tablets (Svizera Europe BV), TB193

# WHO-PQ RECOMMENDED SUMMARY OF PRODUCT CHARACTERISTICS

This summary of product characteristics focuses on uses of the medicine covered by WHO's Prequalification Team - Medicines. The recommendations for use are based on WHO guidelines and on information fromstringent regulatory authorities.<sup>\*</sup>

The medicine may be authorised for additional or different uses by national medicines regulatory authorities.

<sup>\*</sup>https://extranet.who.int/pqweb/sites/default/files/documents/75%20SRA%20clarification\_Feb2017\_newtempl.pdf

# 1. NAME OF THE MEDICINAL PRODUCT

[TB193 trade name]†

# 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each film-coated tablet contains: Ethambutol Hydrochloride 275 mg Isoniazid 75 mg Pyrazinamide 400 mg Rifampicin 150 mg

For a full list of excipients see 6.1

# **3. PHARMACEUTICAL FORM**

Pinkish-brown, oblong, biconvex, film-coated tablets with a break-line on one side.

The break-line is for decorative purposes and not to divide the tablet into equal doses.

# 4. CLINICAL PARTICULARS

### 4.1 Therapeutic indications

[TB193 trade name] is a combination medicine for the initial treatment of tuberculosis due to *Mycobacterium tuberculosis*.

Treatment regimens should follow the most recent WHO treatment guidelines, supplemented by other authoritative guidelines.

### 4.2 **Posology and method of administration**

For oral use.

### Posology

Treatment regimens should follow the most recent WHO treatment guidelines, supplemented by other authoritative guidelines.

Typical recommended doses for initial (intensive phase) treatment in adults and children weighing more than 25 kg:

Patients' weight	Dose
25–29.9 kg	2 tablets once daily
30–34.9 kg	3 tablets once daily
35–64.9 kg	4 tablets once daily
65 kg and over	5 tablets once daily

Initial (intensive phase) treatment with [TB193 trade name] is normally given for 2 months, which is generally followed by treatment with isoniazid and rifampicin (continuation phase). The duration of treatment depends on the regimen selected.

[TB193 trade name] should not be used for intermittent treatment regimens.

<sup>&</sup>lt;sup>†</sup>Trade names are not prequalified by WHO. This is the national medicines regulatory agency's responsibility.

[TB193 trade name] should be taken as a single daily dose on an empty stomach (at least 1 hour before or 2 hours after a meal). Absorption may be reduced if taken with food e.g. to improve gastrointestinal tolerance.

If one of the active ingredients of this medicine needs to be discontinued or if the dose needs to be reduced then separate preparations of the ingredients (ethambutol, isoniazid, pyrazinamide, and rifampicin) should be used.

Supplementation with pyridoxine (vitamin  $B_6$ ) may be considered, especially in malnourished individuals, children and those living with HIV (see section 4.4).

### Renal impairment

Since dose adjustment may be necessary in patients with renal impairment (creatinine clearance  $\leq 50$  mL/minute), it is recommended that separate preparations of ethambutol, isoniazid, pyrazinamide, and rifampicin be used (see section 4.4).

### Hepatic impairment

Limited data indicate that the pharmacokinetics of isoniazid and rifampicin are altered in patients with hepatic impairment. Therefore, patients with hepatic impairment should be closely observed for signs of toxicity. [TB193 trade name] must not be used in patients with a history of acute liver disease (see section 4.3).

### Children, adolescents and patients weighing less than 25 kg

[TB193 trade name] is not suitable for patients with a body weight below 25 kg, since appropriate dose adjustments cannot be made. Alternative formulations should be used.

### Elderly

No special dosage regimen is necessary, but hepatic or renal insufficiency should be considered. Supplementation of pyridoxine (vitamin  $B_6$ ) may be useful.

### Interruption of treatment

If treatment with [TB193 trade name] is interrupted for any reason including non-adherence, the product should**not** be used for resuming treatment. Ethambutol, isoniazid, pyrazinamide and rifampicin must be administered separately for the resumption of treatment because rifampicin needs to be reintroduced at a lower dose. Official guidance should be consulted on the resumption of treatment with tuberculosis medicines.

### 4.3 Contraindications

Hypersensitivity to rifamycins, isoniazid, pyrazinamide, ethambutol or any of the excipients listed in section 6.1.

A history of drug induced hepatitis and acute liver disease, regardless of its cause.

Porphyria.

Acute gouty arthritis.

Severe renal impairment (creatinine clearance less than 30 mL/minute) (see section 4.4).

Concomitant use with voriconazole or with protease inhibitors for HIV or hepatitis C virus infection (see section 4.5).

### 4.4 Special warnings and precautions for use

### Warnings

Where the patient's acetylation phenotype is known, patients with extremely fast or extremely slow acetylating capability should receive the four components separately in order to facilitate dose adjustment of isoniazid.

In exceptional cases, rifampicin may provoke severe hypersensitivity reactions such as thrombocytopenia, purpura, haemolytic anaemia, dyspnoea and asthma-like attacks, shock or renal failure. [TB193 trade name] should be withdrawn immediately if severe acute hypersensitivity reactions occur. Patients who develop such reactions must never again be treated with rifampicin.

[TB193 trade name] should also be withdrawn if other signs of hypersensitivity appear, such as fever or skin reactions. For safety reasons, treatment should not be continued or resumed with rifampicin.

Because of the ethambutol component, [TB193 trade name] should be used with care in patients with visual defects. Ocular examinations including acuity, colour discrimination and visual field are recommended before starting treatment and periodically during treatment, especially if high doses are used. Patients should be questioned at every visit about their vision and advised to stop taking [TB193 trade name] if a visual disturbance arises until a clinical evaluation is possible.

[TB193 trade name] is not suitable for use in the treatment of patients with a body weight of less than 25 kg, since appropriate dose adjustments cannot be made. Other formulations should be used that allow suitable doses to be given .

### Precautions

The precautions for the use of [TB193 trade name] are the same as those that apply for the administration of rifampicin, isoniazid, pyrazinamide and ethambutol as individual medicinal products.

Patients should be advised against interrupting treatment except as indicated by their health care provider (e.g. pending clinical evaluation if visual disturbances occur).

### Impaired liver function, undernourishment, alcoholism

Rifampicin, isoniazid, pyrazinamide and ethambutol are metabolised in the liver. Elevated transaminase levels, above the upper limit of normal (ULN), commonly occur. Liver dysfunction that may occur in the first few weeks of treatment usually returns to the normal range spontaneously, without interruption of treatment, and usually by the third month of treatment.

With rifampicin, although slight elevations of liver enzymes are common, clinical jaundice or evidence of hepatitis are rare. In patients taking both isoniazid and rifampicin, a cholestatic pattern with elevated alkaline phosphatase suggests that rifampicin is the cause, whereas a rise in transaminases may be caused by isoniazid, or rifampicin, or pyrazinamide, or the combination of the three.

Patients with impaired liver function should be treated with caution and under strict medical supervision.

In these patients, careful monitoring of liver function, especially serum glutamic pyruvic transaminase (SGPT/ALAT) and serum glutamic oxaloacetic transaminase (SGOT/ASAT) should be carried out prior to therapy and repeated weekly or fortnightly during therapy. If signs of hepatocellular damage occur, [TB193 trade name] should be withdrawn.

A moderate rise in bilirubin and/or transaminase levels is not in itself an indication for interrupting treatment; rather, the decision should be made after repeating these liver function tests, noting trends in the levels, and considering them in conjunction with the patient's clinical condition.

Interrupting isoniazid treatment is recommended when there is clinical jaundice or transaminases exceeding 3 times the ULN. The fixed drug combination, [TB193 trade name], should be replaced by individual component formulations of rifampicin, isoniazid, pyrazinamide and ethambutol hydrochloride in order to facilitate treatment in these clinical circumstances.

Withdrawing rifampicin, pyrazinamide and ethambutol is recommended if liver function does not return to normal or transaminases exceed 5 times the ULN. The fixed drug combination, [TB193 trade name], should be replaced by individual component formulations in order to facilitate treatment in these clinical circumstances.

Use of isoniazid should be carefully monitored in patients with chronic liver disease. Severe and sometimes fatal hepatitis caused by isoniazid may occur and may develop even after many months of treatment.

Hepatotoxicity associated with isoniazid therapy (thought to be caused by the metabolite diacetylhydrazine) is rare in patients up to 20 years of age, but more common with increasing age and affecting up to 3% of patients aged over 50 years. The incidence of severe hepatotoxicity can be minimised by careful monitoring of liver function. Patients should be monitored for prodromal symptoms of hepatitis, such as fatigue, weakness, malaise, anorexia, nausea or vomiting. If these symptoms appear or if signs of hepatic damage are detected, treatment should be discontinued promptly. Continued use of [TB193 trade name] in these patients may cause a more severe form of liver damage.

[TB193 trade name] is not suitable for patients with chronic liver disease, or in chronic alcoholics and undernourished patients, if the dosage of rifampicin, isoniazid, pyrazinamide and ethambutol needs to be adjusted separately.

For undernourished or elderly patients, supplementation with pyridoxine (vitamin  $B_6$ ) may be useful, because isoniazid in high doses can lead to pyridoxine deficiency. Pyridoxine supplementation is recommended in malnourished children and adolescents, in those who are pregnant and those living with HIV, at a dosage of 0.5-1 mg/kg daily, increased to 2–5 mg/kg daily if peripheral neuropathy develops.

### Impaired renal function

In severe renal insufficiency, the elimination of isoniazid, pyrazinamide and ethambutol can be delayed, leading to a higher systemic exposure and a potential increase in adverse events. [TB193 trade name] should be used with caution in patients with moderate renal impairment (creatinine clearance 30–60 mL/minute).

### Gout

Pyrazinamide and ethambutol should be used with caution in patients with a history of gout. Regular monitoring of serum uric acid should be undertaken. [TB193 trade name] treatment should be stopped in gouty arthritis.

### Haematology

Full blood count should be monitored during prolonged treatment and in patients with hepatic disorders. Rifampicin should be withdrawn permanently if thrombocytopenia or purpura occur. The possibility of pyrazinamide having an undesirable effect on blood clotting time or vascular integrity should be borne in mind in patients with haemoptysis.

### Diabetes mellitus

Increased difficulty has been reported in controlling diabetes mellitus when such patients are given isoniazid.

### Epilepsy

Patients suffering from convulsive disorders must be kept under special observation during treatment with [TB193 trade name] because of the neurotoxic effects of isoniazid and ethambutol hydrochloride.

### Neuropathy

Caution should be exercised in subjects with peripheral or optic neuritis. Regular neurological examination is necessary, with special care in patients with a history of alcohol abuse. Use of pyridoxine (vitamin  $B_6$ ) may prevent or diminish neuropathy due to isoniazid treatment especially in elderly and in malnourished patients, and patients living with HIV. Pyridoxine should be given in line with official guidelines.

### Contraception

Additional non-hormonal means of contraception must be employed to prevent the possibility of pregnancy during treatment with rifampicin (see section 4.5).

### Alcohol

Patients should abstain from alcohol while receiving treatment with [TB193 trade name].

### Laboratory tests

Full blood counts, liver function tests (SGPT/ALAT, SGOT/ASAT), renal function tests and monitoring serum uric acid should be performed before treatment and at regular intervals during treatment. Ocular examination is recommended during treatment with ethambutol hydrochloride.

### Concomitant medications

Rifampicin is a potent inducer of the cytochrome P450 system, and may increase the metabolism of concomitantly administered drugs resulting in subtherapeutic plasma levels and a lack of effect. Drugs that are eliminated by hepatic metabolism should only be used concomitantly with [TB193 trade name] if the plasma level or clinical response and undesirable effects can be monitored and the dose can be adequately adjusted (see section 4.5).

Rifampicin has enzyme inducing properties that can enhance the metabolism of endogenous substrates including adrenal hormones, thyroid hormones and vitamin D. Isolated reports have associated porphyria exacerbation with rifampicin administration.

### Sodium content

This medicine contains less than 1 mmol sodium (23 mg) per film-coated tablet, that is to say essentially 'sodium-free'.

### 4.5 Interaction with other medicinal products and other forms of interaction

### Influence of other medicinal products on [TB193 trade name]

Antacids reduce the bioavailability of rifampicin, isoniazid and ethambutol. To avoid this interaction, [TB193 trade name] should be taken at least 1 hour before antacids. Corticosteroids can reduce the plasma levels of isoniazid, by increasing its metabolic and/or renal clearance.

### Influence of [TB193 trade name] on other medicinal products

**Rifampicin** is a very potent inducer of the hepatic and intestinal cytochrome P-450 enzyme system (especially the CYP3A and CYP2C subfamilies). Rifampicin is likely to *accelerate elimination* of coadministered drugs that undergo biotransformation through these metabolic pathways.Rifampicin also induces UDP-glucuronyl transferase, another enzyme involved in the metabolism of several drugs. This can result in subtherapeutic plasma levels of co-administered drugs, with a decreased or even a loss of effect.

These effects approach their maximum after about 10 days of treatment, and gradually return to normal in 2 or more weeks after discontinuation. This must be taken into account when co-administering other drugs. To maintain optimum therapeutic blood levels, doses of drugs metabolised by these enzymes may require adjustment when starting or stopping the concomitant administration of [TB193 trade name].

In vitro, **isoniazid** inhibits CYP2C19 and CYP3A4. Thus it may *reduce elimination* and increase blood levels of drugs mainly eliminated through either of these pathways. However, when given with rifampicin, as when using [TB193 trade name], these effects are likely to be outweighed by the hepatic enzyme induction due to rifampicin. The net effect on drugs affected in opposite ways by rifampicin and isoniazid (such as phenytoin, warfarin and theophylline) is hard to predict and may change over time.

Concurrent use of isoniazid with other hepatotoxic or neurotoxic medicines may increase the hepatotoxicity and neurotoxicity of isoniazid, and should be avoided.

**Pyrazinamide** may also potentiate the hepatotoxicity of other medicines given concomitantly. Use with probenecid should preferably be avoided, due to complex pharmacokinetic and pharmacodynamic interactions that may affect both medicines. Pyrazinamide inhibits urate elimination, and also antagonises the effect of allopurinol and sulfinpyrazone.

**Ethambutol** has fewer significant pharmacokinetic or pharmacodynamic interactions with other medicines, but particular care may be needed if used with other medicines that also affect visual function.

Thus, mainly due to rifampicin, [TB193 trade name]may interact with a very large number of other drugs, primarily by reducing the exposure to co-administered agents, reducing their efficacy and increasing the risk of therapeutic failure. For many important medicines, no interaction data with rifampicin are available. However, clinically significant reductions in drug exposure may occur.

Whenever co-prescribing any drug together with [TB193 trade name], the possibility of a drug-drug interaction should be considered. The following list of drug interactions with [TB193 trade name] is not exhaustive, but is a selection of interactions of putative importance. The scope of the table is largely based on the WHO Essential Medicines List.

Drugs	Interaction	Recommendations on co- administration
INFECTION		
Antiretrovirals		
<i>Nucleoside analogues</i> <b>Zidovudine</b> / rifampicin	Zidovudine AUC ↓ 47%	The clinical significance of the lowered zidovudine exposure is unknown. Dose modifications of zidovudine in this situation have not been formally evaluated.
Didanosine Emtricitabine Lamivudine Stavudine	No interaction expected	No dose adjustment required.
<b>Tenofovir alafenamide/</b> <b>emtricitabine/</b> rifampicin	Interaction not studied. Co- administration of rifampicin, a P-gp inducer, may decrease tenofovir alafenamide plasma concentrations, which may result in loss of therapeutic effect and development of resistance.	Co-administration is not recommended.
<b>Tenofovir disoproxil</b> / rifampicin	Tenofovir AUC $\downarrow$ 13%	No dose adjustment required.
Abacavir / rifampicin	Empirical data are lacking, but rifampicin may decrease abacavir exposure through induction of glucuronidation.	Efficacy of abacavir should be closely monitored in co-treatment.
<i>Non-nucleoside analogues</i> <b>Efavirenz</b> / rifampicin	Efavirenz AUC ↓ 26%	When co-treating with [TB193 trade name], increasing the efavirenz dose to 800 mg daily may be considered
<b>Nevirapine</b> / rifampicin	Nevirapine: AUC↓58%	Concomitant use of [TB193 trade name] and nevirapine is not recommended since appropriate doses of nevirapine when given concomitantly with rifampicin have not been established and the safety of the combination is unknown,
Etravirine / rifampicin	Rifampicin is likely to significantly reduce exposure to etravirine.	Co-treatment of [TB193 trade name]and etravirine should be avoided.

se inhibitors exposure e reduced to rapeutic level due to ction with rifampicin. sing doses, or an increase navir-boosting, have heffective or ill-tolerated high rate of toxicity. gravir AUC ↓ 40%	[TB193 trade name] must not be co- administered with protease inhibitors for treating HIV or hepatitis C virus infections (see section 4.3). Co-treatment should be avoided. If deemed necessary, consider increasing the raltegravir dose to 600 mg twice daily A dose adjustment of dolutegravir to 50 mg twice daily is recommended when co-administered with [TB193 trade name]in the absence of
	<ul> <li>deemed necessary, consider</li> <li>increasing the raltegravir dose to</li> <li>600 mg twice daily</li> <li>A dose adjustment of dolutegravir to</li> <li>50 mg twice daily is recommended</li> <li>when co-administered with [TB193</li> </ul>
egravir AUC ↓ 54%	50 mg twice daily is recommended when co-administered with [TB193
	integrase class resistance. In the presence of integrase class resistance this combination should be avoided.
ministration has not been d. Rifampicin is a potent er of CYP450 olism and may cause icant decrease in the a concentration of gravir and cobicistat ng in loss of therapeutic	Co-administration is contraindicated.
riroc AUC↓63%	Co-treatment should be avoided. If deemed necessary, the maraviroc dose should be increased to 600 mg twice daily.
<i>npicin:</i> dministration has not studied but is expected crease concentrations of	Co-administration of [TB193 trade name] with these antivirals is contraindicated (for further details see summary of product characteristics of antivirals for treating hepatitis C virus infection).
ð	e hepatitis C virus virals due to induction of P3A4 by rifampicin and ce to reduce their apeutic effect.

Drugs	Interaction	Recommendations on co- administration
	monitored. Severe and sometimes fatal hepatitis associated with isoniazid may develop even after many months of treatment.	
Antifungals		
Ketoconazole / rifampicin	Ketoconazole AUC ↓ 80%	Co-administration should be avoided. If deemed necessary, a dose increase of ketoconazole may be required.
Fluconazole / rifampicin	Fluconazole AUC ↓ 23%	Monitor therapeutic effect. An increased dose of fluconazole may be required.
Itraconazole / rifampicin	Itraconazole AUC ↓ 64–88%	Co-administration should be avoided.
Voriconazole / rifampicin	Voriconazole AUC ↓ 96%	Co-administration is contraindicated. If necessary, rifabutin should be substituted for rifampicin.
Antibacterials/tuberculosis medica	ines	
Clarithromycin / rifampicin	Clarithromycin mean serum concentration ↓ 85%. 14-OH clarithromycin levels unchanged.	Co-administration should be avoided.
Chloramphenicol / rifampicin	Case reports indicate 60–80% reduction of chloramphenicol exposure.	Co-administration should be avoided.
Ciprofloxacin / rifampicin	No significant interaction	No dose adjustment required.
<b>Doxycycline</b> / rifampicin	Doxycycline AUC ↓ 50–60%	If co-treatment is considered necessary, the dose of doxycycline should be doubled.
<b>Metronidazole</b> / rifampicin	Metronidazole AUC i.v.↓ 33%	The clinical relevance of the interaction is unknown. Dose adjustment is not routinely recommended. Efficacy should be monitored.
Sulfamethoxazole / rifampicin	Sulfamethoxazole AUC $\downarrow$ 23%	Interaction probably not clinically significant. Efficacy of sulfamethoxazole should be monitored.
Trimethoprim / rifampicin	Trimethoprim AUC ↓ 47%	A dose increase of trimethoprim may be required. Efficacy should be monitored.
Ethionamide / rifampicin		Rifampicin and ethionamide should not be co-administered, due to an increased risk of hepatotoxicity.
Antimalarials		
Chloroquine / rifampicin		Empirical data are not available. Since chloroquine undergoes

Drugs	Interaction	Recommendations on co- administration
		polymorphic hepatic metabolism, lower levels are likely during rifampicin co-therapy. Co- administration should be avoided.
Atovaquone / rifampicin	Atovaquone AUC ↓ 50% Rifampicin AUC ↑ 30%	Co-administration should be avoided.
Mefloquine / rifampicin	Mefloquine AUC ↓ 68%	Co-administration should be avoided.
<b>Amodiaquine</b> / rifampicin	Empirical data are not available. Since amodiaquine undergoes hepatic metabolism, it is likely that clearance is increased when co-treating with rifampicin.	Co-administration should be avoided.
Quinine / rifampicin	Quinine AUC ↓ ≈ 80%. This has been associated with significantly higher recrudescence rates.	Co-administration should be avoided. If co-administration is deemed necessary, an increased dose of quinine should be considered.
Lumefantrine / rifampicin	Lumefantrine AUC ↓ 68%	Co-administration should be avoided.
Artemisinin and its derivatives / rifampicin	Artemether AUC ↓ 89% Dihydroarthemisinin AUC ↓ 85%	Co-administration should be avoided.
ANALGESICS, ANTIPYRETICS,	NON-STEROIDAL ANTI-INFI	AMMATORY DRUGS
<b>Morphine /</b> rifampicin	Morphine AUC p.o $\downarrow$ 30%, loss of analgesic effect.	Co-treatment should be avoided. If deemed necessary, efficacy should be monitored and the dose may need to be increased.
Codeine / rifampicin	Plasma levels of morphine, the active metabolite of codeine, are likely to be substantially reduced.	Efficacy should be monitored and codeine dose increased if necessary.
<b>Paracetamol(acetaminophen)</b> / rifampicin / isoniazid	Rifampicin may increase the glucuronidation of paracetamol and decrease its efficacy. There may be an increased risk of hepatotoxicity on co- administration, but data are inconclusive. Concurrent use with isoniazid may increase hepatotoxicity.	Co-administration of [TB193 trade name]and paracetamol should be avoided.
Etoricoxib / rifampicin	Rifampicin has been reported to produce a 65% decrease in etoricoxib plasma concentrations when given concomitantly.	Patients should be monitored for possible loss of analgesic effect; however, evidence to support an increase in analgesic dose is lacking.

Drugs	Interaction	Recommendations on co- administration
ANTIEPILEPTICS		
<b>Carbamazepine</b> / rifampicin / isoniazid	Rifampicin is expected to decrease serum concentrations of carbamazepine whereas isoniazid may increase them. Neurological side effects and the risk of hepatotoxicity increase when co-treating with carbamazepine.	Co-administration of [TB193 trade name] and carbamazepine should be avoided.
<b>Phenobarbital</b> / rifampicin / isoniazid	Phenobarbital and rifampicin are both strong hepatic enzyme inducers, and each may lower the plasma concentrations of the other. Also, co-treatment with phenobarbital and isoniazid may increase the risk of hepatotoxicity.	Co-administration of [TB193 trade name]and phenobarbital should be undertaken with caution, and the patient monitored for clinical effects and, if possible, plasma drug concentrations.
<b>Phenytoin</b> / rifampicin isoniazid	Phenytoin AUC i.v. $\downarrow$ 42% Co-treatment with phenytoin and isoniazid may result in an increased risk of hepatotoxicity.	Co-treatment with phenytoin and [TB193 trade name] should be avoided.
Valproic acid / rifampicin	Interaction studies are lacking. Since valproic acid is eliminated through hepatic metabolism, including glucuronidation, reduced plasma levels of valproic acid are likely with concomitant use.	Co-treatment should be avoided. If deemed necessary, efficacy and, if possible, also plasma concentrations of valproic acid, should be carefully monitored.
Lamotrigine / rifampicin	Lamotrigine AUC ↓ 45%	Co-treatment should be avoided. If deemed necessary, lamotrigine dose should be increased as appropriate.
IMMUNOSUPPRESSANTS		
<b>Ciclosporin</b> / rifampicin	Several studies and case reports have shown substantially increased ciclosporin clearance when co-administered with rifampicin.	Co-administration should be avoided. If deemed necessary, plasma concentrations of ciclosporin should be monitored and doses adapted accordingly (3- to 5-fold increases in ciclosporin dose have been required).
Tacrolimus / rifampicin Sirolimus Everolimus	Tacrolimus AUC i.v. $\downarrow 35\%$ ; AUC p.o $\downarrow 6870\%$ Sirolimus AUC $\downarrow$ $82\%$ Everolimus AUC $\downarrow 63\%$	Co-administration of [TB193 trade name]and mTOR inhibitors should be avoided. If deemed necessary, plasma drug concentrations should be monitored, and the dose increased as appropriate.
CARDIOVASCULAR MEDICIN	ES	
ACE inhibitors	<b>X</b>	
Enalapril / rifampicin	No interaction expected	No dose adjustment required.

Drugs	Interaction	Recommendations on co- administration
Antiarrhythmics		
Lidocaine / rifampicin	Lidocaine CLi.v. ↑ 15%	No dose adjustment required
Verapamil / rifampicin	S-verapamil p.o CL/F ↑ 32- fold. With i.v. S-verapamil, CL ↑ 1.3-fold	[TB193 trade name]and oral forms of verapamil should not be co- administered. If i.v. verapamil is given, the therapeutic effect should be carefully monitored; dose adjustment may be required.
Anticoagulants		
Warfarin and other coumarin anticoagulants / rifampicin /isoniazid	Warfarin AUC ↓ 85% Isoniazid may inhibit hepatic metabolism of warfarin.	Monitor closely and adjust warfarin dose as needed and reduce dose after withdrawing rifampicin treatment.
Beta blockers		
Atenolol / rifampicin	Atenolol AUC ↓ 19%	No dose adjustment required.
Calcium-channel blockers		
<b>Amlodipine</b> / rifampicin	Amlodipine is metabolised by CYP3A; lower exposure of amlodipine and potentially other calcium- channel blockersis expected when co- treating with rifampicin.	Efficacy should be monitored.
Cardiac glycosides		
<b>Digoxin</b> / rifampicin	AUC p.o ↓ 30%	When co-administering [TB193 trade name] with digoxin, the efficacy and plasma concentration of digoxin should be monitored. A dose increase may be required.
Statins		
Simvastatin / rifampicin	Simvastatin AUC ↓ 87% Simvastatin acid AUC ↓ 93%	Co-administration is not recommended.
Atorvastatin / rifampicin	Atorvastatin AUC ↓ 80%	Co-administration is not recommended
GASTROINTESTINAL MEDIC	INES	
Ranitidine / rifampicin	Ranitidine AUC ↓ 52%	Efficacy should be monitored, and ranitidine dose increased if necessary.

Drugs	Interaction	Recommendations on co- administration
<b>Antacids</b> / isoniazid / rifampicin	Antacids may reduce the bioavailability of rifampicin, isoniazid and ethambutol, in the former case by up to a third. Aluminium hydroxide impairs the absorption of isoniazid.	Acid-suppressing drugs or antacids that do not contain aluminium hydroxide should be used if co- treatment with [TB193 trade name]is necessary. [TB193 trade name] should be taken at least 1 hour before the antacid.
PSYCHOTHERAPEUTIC MEDIC	INES	
Anxiolytics and hypnotics		
Diazepam / rifampicin / isoniazid Midazolam Triazolam Alprazolam Nitrazepam	Diazepam AUC $\downarrow$ > 70% Midazolam AUC $\downarrow$ 98% Triazolam AUC $\downarrow$ 95% Alprazolam AUC $\downarrow$ 88% Reduced nitrazepam through concentrations, increased clearance.	Co-treatment is not recommended. Benzodiazepine withdrawal may occur in dependent individuals.
Zolpidem / rifampicin Zopiclone /rifampicin	Zolpidem AUC ↓73% Zopiclone AUC ↓82%	Co-administration should be avoided.
Antipsychotics		1
<b>Chlorpromazine</b> / rifampicin / isoniazid	Rifampicin may reduce chlorpromazine exposure. Also, concomitant use of chlorpromazine with isoniazid may impair the metabolism of isoniazid.	Co-administration should be avoided. If considered necessary, patients should be carefully monitored for isoniazid toxicity.
Haloperidol / rifampicin Clozapine	Haloperidol clearance is substantially increased by rifampicin; theoretical considerations imply that same applies to clozapine.	If co-treatment of [TB193 trade name] with haloperidol or clozapine is deemed necessary, monitor clinical efficacy. A dose increase may be required.
Tricyclic antidepressants		
Amitriptyline / rifampicin Nortriptyline	Case reports (supported by theoretical considerations) suggest that rifampicin considerably increases clearance of tricyclic antidepressants.	Co-treatment should be avoided. If necessary, monitor for clinical response, side effects, and, if possible, plasma concentrations.
HORMONES; OTHER ENDOCRI	NE MEDICINES AND CONTR	ACEPTIVES
Corticosteroids		1
Prednisolone Other systemically administered corticosteroids / rifampicin	Prednisolone AUC ↓ 66% Also for other corticosteroids, exposure is likely to be substantially decreased when co-treating with rifampicin.	Co-administration of [TB193 trade name] with corticosteroids should be avoided. If deemed necessary, the clinical status of the patient should be carefully monitored, and corticosteroid doses adjusted as needed.

in the

Drugs	Interaction	Recommendations on co- administration
Antidiabetics		
Glibenclamide / rifampicin Glimepiride Repaglinide	Glibenclamide AUC ↓ 39% Glimepiride AUC ↓ 34% Repaglinide AUC ↓ 57%	Blood glucose levels should be closely monitored. A dose increase of diabetes medication may be required.
Insulin	No interaction expected.	No dose adjustment required.
Thyroid hormones		
Levothyroxine / rifampicin	Case reports indicate that rifampicin may decrease the effect of levothyroxine.	TSH levels should be monitored.
Hormonal contraceptives		
Ethinylestradiol / rifampicin	Ethinylestradiol AUC ↓ 66%	Co-administration with [TB193 trade name] may be associated with decreased contraceptive efficacy. Barrier or other non-hormonal methods of contraception should be used.
Norethisterone(norethindrone) / rifampicin	Norethisterone AUC ↓ 51%	Co-administration with [TB193 trade name] may be associated with decreased contraceptive efficacy. Barrier or other non-hormonal methods of contraception should be used.
OTHERS		
<b>Disulfiram</b> / isoniazid	Concurrent use of disulfiram together with isoniazid may increase incidence of adverse effects on the central nervous system.	Dose reduction or discontinuation of disulfiram may be necessary during therapy with [TB193 trade name].
Enflurane / isoniazid	Isoniazid may increase the formation of the potentially nephrotoxic inorganic fluoride metabolite of enflurane.	Co-administration of [TB193 trade name] with enflurane should be avoided.
Methadone / rifampicin	Methadone AUC ↓ 33-66%	Patients should be monitored for possible withdrawal effects, and methadone dose increased as appropriate (up to 2-3 fold).
Praziquantel / rifampicin	Praziquantel AUC ↓ 80-99%	Co-treatment with [TB193 trade name] should be avoided.
<b>Theophylline</b> / isoniazid / rifampicin	Isoniazid may increase the serum concentration of theophylline and rifampicin may increase it. The effects of combination are unknown.	Theophylline dose adjustment may be needed.
<b>Typhoid vaccine, oral</b> / pyrazinamide	Antibiotics may inactivate oral typhoid vaccine	Avoid concomitant administration oral typhoid vaccine with [TB193 trade name]

### Interactions with food

Isoniazid is an inhibitor of monoamine oxidase (MAO) and diamine oxidase (DAO), which can reduce tyramine and histamine metabolism, causing symptoms such as headache, sweating, palpitations, flushing, and hypotension. Patients should therefore be advised against ingesting foods rich in tyramine and/or histamine, such as cured meat, some cheeses (e.g. matured cheeses), wine, beer and some fish (e.g. tuna, mackerel, salmon).

### Interactions with diagnostic tests

Rifampicin can delay the biliary excretion of contrast media during gallbladder radiographic examination.

Microbiological methods used to determinate folic acid and cyanocobalamin (vitamin  $B_{12}$ ) plasma concentrations cannot be used during rifampicin treatment as rifampicin is in competition with bilirubin and BSP. To avoid false positive reactions, BSP test should be carried out the morning before rifampicin administration.

### 4.6 Fertility, pregnancy and breastfeeding

### Pregnancy

There are no or limited amount of data from the use of rifampicin in pregnant women. Studies on rifampicin in animals have shown reproductive toxicity (see section 5.3).

No adverse effects of isoniazid, ethambutol or pyrazinamide on the fetus have been reported. Use of rifampicin in the third trimester has been associated with postnatal haemorrhages in the mother and infant.

[TB193 trade name] can be used in pregnancy if the benefits are considered to outweigh the risks. The treatment of TB in pregnant women is the same as for non-pregnant women. As maternal TB increases the risk of vertical transmission of HIV, TB treatment must be started promptly to prevent transmission.

If [TB193 trade name] is used in the last weeks of pregnancy, the mother and neonate should receive vitamin K.

Supplemental pyridoxine (vitamin  $B_6$ ) may be advised in pregnant adolescents (see section 4.4).

### Breastfeeding

Rifampicin, isoniazid, pyrazinamide and ethambutol appear in human milk. However, concentrations in breast milk are so low that breast-feeding cannot be relied upon for adequate tuberculosis prophylaxis or therapy for nursing infants. No effects on the breastfed newborns/infants are anticipated.

[TB193 trade name] can be used during breast-feeding.

### Fertility

No human data on the effect of [TB193 trade name] on fertility are available. Animal studies indicate that co-administration of ethambutol, rifampicin, isoniazid, and pyrazinamide has effects on fertility (see section 5.3).

### 4.7 Effects on ability to drive and use machines

[TB193 trade name] has minor to moderate influence on the ability to drive and use machines.

The clinical status of the patient and the adverse reaction profile of [TB193 trade name] should be borne in mind when considering the patient's ability to drive or operate machinery. In particular, undesirable effects of ethambutol, such as confusion, disorientation, hallucinations, dizziness, malaise and visual disturbances (blurred vision, red-green colour blindness, loss of vision), neurotoxicity associated with isoniazid, may impair the patient's ability to drive or operate machinery.

### 4.8 Undesirable effects

The most important adverse reactions of [TB193 trade name] are hepatotoxicity, neurotoxicity and effects on vision, due to the components of the fixed-dose combination.

The most important adverse reactions caused by *rifampicin* are hepatotoxicity, particularly cholestatic reactions, and skin reactions. Rifampicin may cause subclinical, unconjugated hyperbilirubinaemia or jaundice without hepatocellular damage, but occasionally causes hepatocellular injury. It can also potentiate the hepatotoxicity of the other anti-tuberculosis medications.

The most important adverse reactions of *isoniazid* are peripheral and central neurotoxic effects, and hepatotoxicity. Severe and sometimes fatal hepatitis due to isoniazid therapy has been reported. The majority of cases have occurred within the first three months of therapy, but hepatotoxicity may also develop after a longer duration of treatment.

The most important adverse effect of *pyrazinamide* is liver damage, ranging from asymptomatic increases of serum transaminases to symptomatic liver dysfunction, and in rare cases also fatal liver failure.

The most important adverse reaction of *ethambutol* is retrobulbar neuritis with reduced visual acuity.

### Tabulated list of adverse reactions

In the tables below, ADRs are listed under system organ class (SOC) and ranked by headings of frequency. Within each frequency grouping, adverse reactions are presented in the order of decreasing seriousness, using the following convention: very common ( $\geq 1/10$ ), common ( $\geq 1/100$  to < 1/10), uncommon ( $\geq 1/1000$  to < 1/100), rare ( $\geq 1/10000$  to < 1/1000), very rare (< 1/10000), not known (cannot be estimated from the available data). The table in this section is for adult patients only. Tables have been included for each of the components of the fixed dose combination.

### Undesirable effects of rifampicin daily therapy

### Nervous system disorders

Common	Tiredness, drowsiness, headache, light-headedness, dizziness	
Rare	Ataxia, muscular weakness, myopathy	
Psychiatric dis	orders	
Rare	Mental confusion, psychosis	
Gastrointestina	al disorders	
Common	Anorexia, nausea, abdominal pain, bloatedness	
Rare	Vomiting, diarrhoea, isolated occurrences of erosive gastritis and pseudomembranous colitis, pancreatitis	
Hepatobiliary	disorders	
Common	Asymptomatic increase in liver enzymes	
Rare	Hepatitis or jaundice, induction of porphyria	
Renal and urinary disorders		
Rare	Elevations of blood urea nitrogen and serum uric acid. Acute renal failure due to haemoglobinuria, haematuria, interstitial nephritis, glomerulonephritis and tubular necrosis have been reported.	
Endocrine diso	orders	
Not known	Adrenal insufficiency, induction of crisis in Addison patients	
Metabolism and nutritional disorders		
Unknown	Decreased appetite	
General disord	ers	
Very common	Pyrexia, chills	
Common	Reddish discoloration of body fluids and secretions such as e.g. urine, sputum, lacrimal fluid,	

faeces, saliva and sweat; paradoxical drug reaction (appearance of new tuberculosis symptoms despite adherence and absence of resistance).

#### Not known Collapse, shock, oedema

### Blood and lymphatic system disorders

Rare	Transient leucopenia, eosinophilia, agranulocytosis.		
	Thrombocytopenia and thrombocytopenic purpura occur more frequently with intermittent therapy than with continuous daily treatment, during which they occur only very rarely. When rifampicin		
	administration has been continued after the occurrence of purpura, cerebral haemorrhage and		
	fatalities have been reported.		
	Haemolysis, haemolytic anaemia		
Not known	Disseminated intravascular coagulation has also been reported.		
Skin and subcu	taneous tissue disorders		
Common	Flushing, itching with or without skin rash, urticaria		
Rare	Severe skin reactions such as Stevens-Johnson syndrome and generalised hypersensitivity reactions, e.g. exfoliative dermatitis, Lyell syndrome and pemphigoid reactions		
Immune System Disorders			
Not known	Anaphylaxis		
Musculoskeleta	l disorders		
Not known	Muscle weakness, myopathy, bone pain		
Eye disorders			
Common	Reddening of the eyes, permanent discoloration of soft contact lenses		
Rare	Visual disturbances, exudative conjunctivitis		
Reproductive sy	ystem and breast disorders		
Rare	Menstrual disturbances (in extreme cases, amenorrhoea);		
Vascular disord	lers		
Not known	Shock, flushing, vasculitis, bleeding		
Investigations			
Common	Blood bilirubin increased, aspartate aminotransferase increased, alanine aminotransferase increased		

[TB193 trade name] should **not** be used for intermittent treatment regimens. In patients taking rifampicin other than on a daily basis or in those resuming treatment after a temporary interruption, an influenza-like syndrome may occur, this being very probably of immunopathological origin. It is characterised by fever, shivering and possibly headache, dizziness and musculoskeletal pain. In rare cases this flu-like syndrome may be followed by thrombocytopenia, purpura, dyspnoea, asthma-like attacks, haemolytic anaemia, shock and acute renal failure. These serious complications may, however, also set in suddenly without preceding flu-like syndrome, mainly when treatment is resumed after a temporary interruption or when rifampicin is given only once a week in high doses ( $\geq 25$  mg/kg). When rifampicin is given in lower doses (600 mg) 2–3 times a week, the syndrome is less common, the incidence then being comparable to that observed during daily medication.

#### Undesirable effects of isoniazid

#### Nervous system disorders

Very common	Peripheral neuropathy, usually preceded by paraesthesia of the feet and hands. The frequency depends on the dose and on predisposing conditions such as malnutrition, alcoholism or diabetes.
	It has been reported in 3.5 to 17% of patients treated with isoniazid. Concomitant pyridoxine administration largely reduces this risk (see section 4.4).
Uncommon	Seizures, toxic encephalopathy

Notknown	Polyneuritis, presenting as muscle weakness, loss of tendon reflexes Hyperreflexia may be troublesome with doses of 10 mg/kg		
Psychiatric dis			
Uncommon	Memory impairment, toxic psychosis		
Not known	Elevated mood, psychotic disorder		
	Although isoniazid usually has a mood-elevating effect, mental disturbances, ranging from minor personality changes to major mental derangement have been reported; these are usually reversed on withdrawal of the drug		
Gastrointestin	al disorders		
Not known	nausea, vomiting, anorexia, dry mouth, epigastric distress, constipation, pancreatitis acute		
Hepatobiliary	disorders		
Very common	Transient elevation of serum transaminases		
Uncommon	Hepatitis		
Not known	Acute hepatic failure, liver injury, jaundice		
	The risk of these undesirable effects increases with age, especially over the age of 35; it may be serious and sometimes fatal with the development of necrosis.		
Renal and urin	nary disorders		
Not known	Dysuria		
Metabolic and	nutritional disorders		
Not known	Hyperglycaemia, metabolic acidosis, pellagra, pyridoxine deficiency, nicotinic acid deficiency Nicotinic acid deficiency may be related to isoniazid-induced pyridoxine deficiency which affects the conversion of tryptophan to nicotinic acid.		
General disord	lers		
Not known	Pyrexia		
Respiratory, th	noracic and mediastinal disorders		
Not known	Pneumonitis (allergic), interstitial lung disease		
Blood and lymphatic system disorders			
Not known	Anaemia (haemolytic, sideroblastic, oraplastic), thrombocytopenia, leucopenia (allergic), neutropenia with eosinophilia, agranulocytosis, lymphadenopathy		
Skin and subc	utaneous tissue disorders		
Rare	Toxic epidermal necrolysis, eosinophilia systemic symptoms		
Not known	Erythema multiforme, Stevens-Johnson syndrome, exfoliative dermatitis, pemphigus, rash, acne		
Immune System			
Not known	Anaphylactic reactions		
Musculoskelet	al disorders		
Not known	Arthritis, systemic lupus erythematosus, lupus-like syndrome, rheumatic syndrome		
Eye disorders			
Uncommon	Optic atrophy or neuritis		
Ear and labyri			
Not known	Deafness, tinnitus, vertigo		
Denne 1. d	These have been reported in patients with end-stage renal impairment		
_	system and breast disorders		
Not known	Gynaecomastia		

#### Vascular disorders

*Not known* Vasculitis

#### Investigations

*Not known* Anti-nuclear bodies

### Miscellaneous

Withdrawal symptoms, which may occur on cessation of treatment, include headache, insomnia, excessive dreaming, irritability and nervousness.

### Undesirable effects of pyrazinamide

Nervous system disorders				
Not known	Headache, dizziness, nervousness, insomnia			
Gastrointestina	Gastrointestinal disorders			
Common	Nausea, vomiting			
Not known	Abdominal cramps, anorexia			
Hepatobiliary o	lisorders			
Very common	Increased liver enzymes			
Uncommon	Jaundice			
Rare	Liver failure			
Metabolism and nutrition disorders				
Very common	Hyperuricaemia			
Very rare	Pellagra, aggravated porphyria			
Renal and urinary disorders				
Not known	Interstitial nephritis			
Skin and subcu	taneous tissue disorders			
Rare	Rash, photosensitivity reaction, urticaria			
General disorders				
Very common	Flushing			
Not known	Malaise, fever, weight loss, allergic reactions			
Blood and lymphatic systems disorders				
Not known	Anaemia, thrombocytopenia, neutropenia			
Musculoskeletal disorders				
Very common	Arthralgia			
Unknown	Gouty arthritis			
Vascular disorders				
Not known	Hypertension			

### Undesirable effects of ethambutol

#### Nervous system disorders

Rare	Peripheral neuritis, peripheral neuropathy, paraesthesia (especially in the extremities), numbness
Very rare	Disorientation, dizziness, headache

#### **Psychiatric disorders**

Very rare Mental confusion and hallucination

#### **Gastrointestinal disorders**

Not known Nausea, vomiting, anorexia, flatulence, abdominal pain, diarrhoea

#### Hepatobiliary disorders

Very rareHepatic failureNot knownHepatitis, jaundice, increase in liver enzymes

#### Renal and urinary disorders

Very rare Nephrotoxicity including interstitial nephritis

#### Eye disorders

*Uncommon* Optic neuritis (decreased visual acuity, loss of vision, scotoma, colour blindness, visual disturbance, visual field defect, eye pain)

#### Blood and lymphatic systems disorders

Rare Thrombocytopenia, Very rare Leucopenia, neutropenia

#### Respiratory, thoracic and mediastinal disorders

Very rare Pneumonitis, pulmonary infiltrates, with or without eosinophilia

#### Metabolism and nutrition disorders

Uncommon	Hyperuricaemia		
Very rare	Gout		

#### **Immune system disorders**

Very rare Hypersensitivity, anaphylactoid reactions (see also "Skin and subcutaneous tissue disorders")

#### Skin and subcutaneous tissue disorders

Rare Rash, pruritus, urticaria

*Very rare* Photosensitive lichenoid eruptions, bullous dermatitis, Stevens-Johnson syndrome, epidermal necrolysis

#### Musculoskeletal and connective tissue disorders

*Very rare* Joint pains

#### Reporting of suspected adverse reactions

Health care providers are asked to report adverse reactions that may be linked to a medicine, to the marketing authorisation holder, or, if available, to the national reporting system. Reports of suspected adverse reactions to a medicine are important for the monitoring of the medicine's benefits and risks.

#### 4.9 Overdose

### Rifampicin

Nausea, vomiting, abdominal pain, pruritus, headache and increasing lethargy will probably occur within a short time after acute ingestion; unconsciousness may occur when there is severe hepatic disease. Transient increases in liver enzymes and/or bilirubin may occur. Brownish-red or orange colouration of the skin, urine, sweat, saliva, tears and faeces will occur, and its intensity is proportional to the amount ingested. Facial or periorbital oedema has also been reported in children. Hypotension, sinus tachycardia, ventricular arrhythmias, seizures and cardiac arrest were reported in some fatal cases.

The minimum acute lethal or toxic dose is not well established. However, nonfatal acute overdoses in adults have been reported with doses ranging from 9 to 12 g rifampicin. Fatal acute overdoses in adults have been reported with doses ranging from 14 to 60 g. Alcohol or a history of alcohol abuse was involved in some of the fatal and nonfatal reports.

Nonfatal overdoses in paediatric patients ages 1 to 4 years old of 100 mg/kg for one to two doses have been reported.

### Management

Intensive supportive measures should be instituted and individual symptoms treated as they arise. The instillation of activated charcoal slurry into the stomach shortly after overdose may help absorb any remaining drug from the gastrointestinal tract. Antiemetic medication may be required to control severe nausea and vomiting. Active diuresis (with measured intake and output) will help promote excretion of the drug. Haemodialysis may be of value in some patients

### Isoniazid

Typical symptoms are seizures and metabolic acidosis, ketonuria, hyperglycaemia. In addition, there may be periorbital myoclonus, dizziness, tinnitus, tremor, hyperreflexia, paraesthesia, hallucinations, impaired consciousness, respiratory depression, apnoea, tachycardia, arrhythmias, hypotension, nausea, vomiting. fever, rhabdomyolysis, disseminated intravascular coagulation, hyperglycaemia, hyperkalaemia and liver involvement.

Doses of isoniazid exceeding 10 mg/kg may adversely affect the nervous system, e.g. in the form of peripheral neuropathy, and thus impair the patient's ability to drive or operate machinery.

Isoniazid toxicity is potentiated by alcohol. Lethal dose is thought to be 80–150 mg/kg bodyweight. Administration of 3 g to a 5-year old and 5–7.5 g to adults resulted in extremely severe intoxication. A 5-g dose in a 15-year old resulted in lethal intoxication. A dose of 900 mg in an 8-year old has resulted in moderate intoxication and 2–3 g to a 3-year old resulted in severe intoxication.

### Management

Where considered appropriate, evacuation of the stomach (provided the patient is not experiencing seizures) and administration of activated charcoal can reduce absorption if instituted within a few hours of ingestion. Blood samples must be collected for immediate determination of blood gases, electrolytes, BUN, glucose etc. Subsequently, pyridoxine is given (intravenous bolus on a gram-per-gram basis, equal to the isoniazid dose; if the isoniazid dose is unknown an initial dose of 5 g in adults or 80 mg/kg in children should be considered),Pyridoxine should be diluted to reduce vascular irritation and is administered for 30 minutes via infusion pump or syringe pump. The dose is repeated if necessary.

Intravenous diazepam (in case of seizures not responding to pyridoxine) and haemodialysis may be of value. Further treatment should be supportive, with special attention to monitoring and support of ventilation and correction of metabolic acidosis. There is no specific antidote.

### Pyrazinamide

Abnormal liver function tests, hyperuricaemia.

### Ethambutol

Loss of appetite, gastro-intestinal disturbances, fever, headache, dizziness, confusion, hallucinations.

# 5. PHARMACOLOGICAL PROPERTIES

### 5.1 Pharmacodynamic properties

*Pharmacotherapeutic group*: Combinations of drugs for treatment of tuberculosis (rifampicin, pyrazinamide, ethambutol and isoniazid).

ATC code: J04A M06.

Rifampicin is a rifamycin antibiotic. Isoniazid, pyrazinamide and ethambutol are bactericidal antituberculous agents.

### Mechanism of action

*Rifampicin* exerts, both *in vitro* and *in vivo* bactericidal effects on *Mycobacterium tuberculosis*. It also exhibits variable activity against other atypical species of *Mycobacterium*.

*In vivo* rifampicin exerts its antibacterial effect not only on micro-organisms in the extracellular spaces but also on those located intracellularly.

Rifampicin inhibits the DNA-dependent RNA polymerase of sensitive bacterial strains, but without affecting the host enzymatic systems.

*Isoniazid* exerts a bactericidal effect mainly on rapidly growing populations of *Mycobacterium tuberculosis*. Its mechanism of action is probably based chiefly on inhibition of mycolic acid synthesis, mycolic acids being important constituents of the mycobacterial cell wall.

*Pyrazinamide:* The exact mechanism of action is unknown. *In vitro* and *in vivo* studies have demonstrated that pyrazinamide is only active at a slightly acidic pH (pH 5.5).

*Ethambutol*: The mechanism of action is not fully known. It diffuses into mycobacteria and appears to suppress multiplication by interfering with RNA synthesis. It is effective only against mycobacteria that are actively dividing.

### 5.2 Pharmacokinetic properties

The absorption characteristics of [TB193 trade name] have been determined after administration of 1 tablet in healthy volunteers in the fasting state as follows:

Pharmacokinetic variable	Mean value ± standard deviation			
		(*)		
	Ethambutol	Isoniazid	Pyrazinamide	Rifampicin
$\begin{array}{c} Maximum \ concentration \\ (C_{max})\mu g/ml \\ Area \ under \ the \ curve \\ (AUC_{0-t}), \ a \ measure \ of \ the \\ extent \ of \ absorption \\ \mu g.hour/ml \end{array}$	$\begin{array}{c} 1.87 \pm 0.35 \\ (1.84)* \\ 6.78 \pm 1.70 \\ (6.56)* \end{array}$	$2.12 \pm 0.69 \\ (1.99)^{*} \\ 7.10 \pm 3.38 \\ (6.25)^{*}$	$23.4 \pm 3.7 \\ (23.2)^* \\ 181 \pm 31 \\ (179)^* $	$2.21 \pm 1.34 \\ (1.88)^{*} \\ 8.90 \pm 4.94 \\ (7.62)^{*}$
Time to attain maximum concentration (t <sub>max</sub> ) hour	$2.45\pm0.50$	$1.08 \pm 0.45$	$2.34\pm0.36$	$1.83 \pm 0.64$

\*geometric mean

	Rifampicin	Isoniazid	Pyrazinamide	Ethambutol
Absorption				
Absolute bioavailability	90–95%	NA*	> 90%	NA*
Oral bioavailability	> 90%	> 80%	NA*	70–80%
Food effect	No effect on extent of absorption. Rate of absorption is reduced.	Reduced.	None	None
Distribution				
Volume of distribution (mean)	55 L	43 L	40 L	20 L
Plasma proteinbinding <i>in</i> <i>vitro</i>	60–90%	< 10%	10–20%	10–40%
Tissue distribution	CSF concentrations are of the same order of magnitude as the unbound concentrations in plasma. Concentrations in liver, spleen, kidneys and lung tissue are higher than serum concentrations. Penetrates into vaginal and cervical tissue and into cervicovaginal fluid. Passes into the placenta; serum concentration in fetus is about <sup>1</sup> / <sub>3</sub> of those in mother.	Diffuses readily into all body fluids (cerebrospinal, pleural and ascitic fluids), tissues, organs and excreta (saliva, sputum and faeces).Crosses the placenta and passes into milk.	Widely distributed into body tissues and fluids including the liver, lungs, and CSF. In CSF concentrations are approximately equal to plasma concentrations.	<i>CSF</i> : Relatively low concentrations distributed to CSF
Metabolism				
	Primarily hepatic, rapidly deacetylated.	Hepatic; primarily acetylated by N- acetyltransferase to N- acetylisoniazid	Hepatic	Hepatic
Active metabolite(s)	25-o-deacetyl rifampicin	Nicotinoyl-NAD adduct	Pyrazinoic acid	NA*
Elimination				
Elimination half life	3–5 hours		9 – 10 hours	3–4 hours

	Decreases to 2–3 hours after repeated administration	<ul><li>1.2 hours: rapid</li><li>acetylators</li><li>3.5 hours: Slow</li><li>acetylators</li></ul>		
Mean systemic clearance (Cl/F)	5.7–9.0 L/hour	<ul><li>15.5 L/hour: slow</li><li>NAT2 genotype</li><li>26.1 L/hour:</li><li>rapid/intermediate</li><li>NAT2 genotype</li></ul>	3.3 L/hour	41 L/hour
% of dose excreted in urine	30%	75–95%	70–90%	60-80%
% of dose excreted in faeces	60-65%	< 10%	< 10%	20%
Pharmacokinetic linearity	Non-linear	NA*	NA*	NA*
Drug interactions ( <i>in vitro</i> )	Rifampicin induces hepatic enzymes	Isoniazid is CYP450 inducer and inhibitor. Isoniazid is a arylamine n- acetyltransferase 2 substrate and inhibitor	Pyrazinamide is a xanthine dehydrogenase/oxidase substrate and aldehyde oxidase substrate	NA*
Transporters	Solute carrier transporters (SLC) ATP Binding Cassette transporters (ABC) P-glycoprotein 1	NA*	NA*	NA*
Metabolizing enzymes	CYP450	CYP450: 2C19, 3A4	Deamination followed by xanthine oxidase	NA*

\*Information not available

### **Special populations**

### Rifampicin

The half-life of rifampicin has been reported to be longer in patients with liver impairment or biliary obstruction.

The half-life does not differ in patients with renal failure at doses not exceeding 600 mg daily, and consequently, no dosage adjustment is required. The half-life of rifampin at a dose of 720 mg daily has not been established in patients with renal failure. Following a single 900 mg oral dose of rifampin in patients with varying degrees of renal insufficiency, the mean half-life increased from 3.6 hours in healthy adults to 5.0, 7.3, and 11.0 hours in patients with glomerular filtration rates of 30 to 50 mL/min, less than 30 mL/min, and in anuric patients, respectively.

In one study, pediatric patients 6 to 58 months old were given rifampin suspended in simple syrup or as dry powder mixed with applesauce at a dose of 10 mg/kg body weight. Peak serum concentrations of  $10.7 \pm 3.7$  and  $11.5 \pm 5.1$  mcg/mL were obtained 1 hour after preprandial ingestion of the drug suspension and the applesauce mixture, respectively. After the administration of either preparation, the t1/2 of rifampin averaged

2.9 hours. It should be noted that in other studies in pediatric populations, at doses of 10 mg/kg body weight, mean peak serum concentrations of 3.5 mcg/mL to 15 mcg/mL have been reported.

### Isoniazid

In slow acetylators with severely impaired renal function, accumulation of isoniazid may occur.

An impaired liver function prolongs the elimination half-life of isoniazid.

### Ethambutol

Half is increased up to 8 hours in cases of renal impairment. Ethambutol is not removed from the blood by haemodialysis.

### Pyrazinamide

The plasma half-life may be prolonged in patients with impaired renal function. Pyrazinamide is removed from blood by haemodialysis.

Patients with hepatic cirrhotic insufficiency exhibit a marked reduction of the pyrazinamide clearance and an increase in half-life. The area under the curve of pyrazinoic acid (the main metabolite) is increased three-fold.

### 5.3 Preclinical safety data

### Rifampicin

After oral administration of 100 mg/kg rifampicin for 6 months in rats, no toxic effects were observed. After chronic administration of 200 mg/kg, swelling and hydropic degeneration of the liver were observed. In monkeys, vomiting, anorexia and weight loss were observed at chronic doses of 105 mg/kg/day. There is limited evidence for the carcinogenicity of rifampicin in mice. The available studies on mutagenicity indicate an absence of a mutagenic effect.

An increased incidence of congenital malformations (principally spina bifida and cleft palate) has been reported in the offspring of mice and rats given rifampicin in a dose of 150–250 mg/kg daily during pregnancy. Defective osteogenesis and embryotoxicity occurred when rifampicin doses up to 20 times the usual daily human dose were used in pregnant rabbits.

Fertility and reproductive performance were not affected by oral administration of rifampicin to male and female rats at doses of up to one-third of the human dose.

### Isoniazid

Non-clinical data reveal no special hazard for humans at recommended doses based on conventional studies of safety pharmacology, repeated dose toxicity, genotoxicity and carcinogenic potential.

Treatment of pregnant rats with isoniazid resulted in reduced litter sizes and decreased postnatal growth, development, and cognitive ability in the offspring. Spermatogenesis impairment was observed in treated rats.

### Pyrazinamide

Pyrazinamide was not mutagenic in the Ames test. Pyrazinamide induced chromosomal aberrations in human lymphocyte cell cultures. Pyrazinamide was not carcinogenic in rats or male mice when administered in daily doses of approximately 10–40 times the maximum recommended human dose; results in female mice could not be determined because of insufficient numbers of surviving mice in the control group.

Studies in rats with pyrazinamide showed reduced concentrations of follicle-stimulating and luteinizing hormones, oestrogen, and prolactin. In mice, oral dose levels of pyrazinamide approximately 12 times those used therapeutically did not have adverse effects on sperm production. High dose level studies in rats also demonstrated decreased sperm production.

### Ethambutol

Toxicological studies on high prolonged doses produced evidence of myocardial damage and heart failure, and depigmentation of the tapetum lucidum of the eyes in the dog. Degenerative changes in the central nervous system, apparently not dose-related, have also been noted in dogs over a prolonged period. In the rhesus monkey, neurological signs appeared after treatment with high doses given daily over several months. These were correlated with specific serum levels of ethambutol and with definite neuroanatomical changes in the central nervous system.

Conflicting results are available on genotoxicity (negative Ames test, negative in human lymphocyte cell cultures, positive in mouse micronucleus).

Cleft palate, exencephaly and vertebral column abnormalities have been observed with high doses in studies in mice. Studies in rats and rabbits have shown that ethambutol in high doses causes minor abnormalities of the cervical vertebrae, limb reduction defects, hare lip and cleft palate in the offspring. Ethambutol decreases testosterone concentrations, spermatogenesis, and male fertility in high doses in rats when administered over 60 days.

A study in male rats determined that co-administration of four antituberculosis drugs, including ethambutol, rifampicin, isoniazid, and pyrazinamide, produced a range of adverse effects on the testes and in sperm, as well as an increase in pre- and post-implantation embryo lethality.

# 6. PHARMACEUTICAL PARTICULARS

### 6.1 List of excipients

Core tablet:	Colloidal silicon dioxide
	Croscarmellose sodium
	Iron oxide red
	Magnesium stearate
	Maize starch
	Microcrystalline cellulose
	Purified talc
	Sodium starch glycolate
Film coat:	Hydroxypropyl methylcellulose
	Iron oxide red
	Polyethylene glycol
	Purified talc
	Titanium dioxide

### 6.2 Incompatibilities

Not applicable

### 6.3 Shelf life

36 months

In-use period for bulk bottle pack: of 30 days after first opening.

### 6.4 Special precautions for storage

Do not store above 30° C. Protect from light. Store in a dry place.

### 6.5 Nature and contents of container

Polypropylene bag, packed together with a silica gel desiccant in a white square HDPE bottle with aluminium induction seal and white polypropylene cap. Pack size: 1000 tablets

Red PVDC/aluminium blisters. Pack size:  $24 \times 28$  tablets.

### 6.6 Special precautions for disposal and other handling

No special requirements.

Any unused product or waste material should be disposed of in accordance with local requirements.

## 7. SUPPLIER

Svizera Europe BV Antennestraat 84 P.O. Box 60300 1322 AS Almere The Netherlands Email: <u>info@svizera.org</u>

# 8. WHO REFERENCE NUMBER (WHO Prequalification Programme)

TB193

# 9. DATE OF PREQUALIFICATION

19 December 2012

# 10. DATE OF REVISION OF THE TEXT

December 2022

### References

WHO, Geneva, 2003: Treatment of Tuberculosis: Guidelines for national programmes

WHO, Geneva, 2006: Ethambutol efficacy and toxicity: literature review and recommendations for daily and intermittent dosage in children.

WHO consolidated guidelines on tuberculosis, Module 4: Treatment Drug-susceptible tuberculosis treatment (2022). Available at <a href="https://www.who.int/publications/i/item/9789240048126">https://www.who.int/publications/i/item/9789240048126</a>

WHO operational handbook on tuberculosis: Module 4: treatment: Drug-susceptible tuberculosis treatment (2022). Available at <a href="https://www.who.int/publications/i/item/9789240050761">https://www.who.int/publications/i/item/9789240050761</a>

WHO, Geneva, 2022. WHO consolidated guidelines on tuberculosis, Module 5: management of tuberculosis in children and adolescent. Available at: <u>https://apps.who.int/iris/rest/bitstreams/1414329/retrieve</u>

WHO, Geneva, 2022. WHO operational handbook on tuberculosis, Module 5: management of tuberculosis in children and adolescents. Available at: <u>https://apps.who.int/iris/rest/bitstreams/1414333/retrieve</u>

ATS, CDC, and IDSA, Treatment of Tuberculosis, MMWR 2003; 52

Fixed-dose combination tablets for the treatment of tuberculosis Report of an informal meeting held in Geneva Tuesday, 27 April 1999, World Health Organization Communicable Diseases Cluster 1999

Rimstar SPC. Available at:

https://www.medicines.org.uk/emc/product/2999/smpc [accessed 26/11/2019]

Stockley's Drug Interactions. Available at: <u>www.medicinescomplete.com</u>.

University of Liverpool HIV drug interactions site: hiv-druginteractions.org

Schaefer C, Peters P, Miller RK (eds). Drugs During Pregnancy and Lactation: Treatment Options and Risk Assessment, 3<sup>rd</sup> edn. Amsterdam: Academic Press, 2015. Available at: <u>https://doi.org/10.1016/B978-0-12-408078-2.01001-5</u>.

Kovalenko VM, Bondarenko LB, Byshovetz TF et al: Pyrazinamide Effects On Male Rat's Reproductive Function. Toxicol Lett 2005;158(Suppl 1):S123.

Adebayo OA, Adesanoye OA, Abolaji OA, Kehinde AO, Adaramoye OA. First-line antituberculosis drugs disrupt endocrine balance and induce ovarian and uterine oxidative stress in rats. J Basic Clin Physiol Pharmacol. 2018 Mar 28;29(2):131-140. doi: 10.1515/jbcpp-2017-0087. PubMed PMID: 29116933.

Shayakhmetova GM, Bondarenko LB, Voronina AK, Matvienko AV, Kitam V, Kovalenko VM. 2017. Repeated administration of ethambutol in therapeuetic dose causes testes alteration and spermatogenesis disruption in Wistar rats. Hum Exp Toxicol 36(5): 520-533.

Shayakhmetova GM, Bondarenko LB, Kovalenko VM. 2012. Damage of testicular cell macromolecules and reproductive capacity of male rats following co-administration of ethambutol, rifampicin, isoniazid and pyrazinamide. Interdiscip Toxicol 5(1): 9-14.

Detailed information on this medicine is available on the World Health Organization (WHO) website: <u>https://extranet.who.int/pgweb/medicines</u>