

Notes on the design of bioequivalence study: Isoniazid/Rifapentine

Notes on the design of bioequivalence studies with products invited to be submitted to the WHO Prequalification Unit – Medicines Assessment Team (PQT/MED) are issued to aid manufacturers with the development of their product dossier. Deviations from the approach suggested below can be considered acceptable if justified by sound scientific evidence.

The current notes should be read and followed in line with the general guidelines of submission of documentation for WHO prequalification. In particular, please consult the "Multisource (generic) pharmaceutical products: guidelines on registration requirements to establish interchangeability" in: *Fifty-first report of the WHO Expert Committee on Specifications for Pharmaceutical Preparations*, Geneva, World Health Organization, 2017. WHO Technical Report Series, No. 1003, Annex 6.

Below, additional specific guidance is provided on the invited immediate release products containing isoniazid and rifapentine.

Pharmacokinetics of isoniazid

In the fasted state, isoniazid is rapidly and almost completely absorbed. Peak plasma concentrations are reached in approximately 1 to 2 hours. The bioavailability of isoniazid is reduced significantly and T_{max} delayed (3 hours) when administered with food. The administration with food decreases the bioavailability of isoniazid 46% in C_{max} and 23% in AUC. Isoniazid is usually administered under fasted conditions.

The half-life of isoniazid in fast acetylators is 1 to 2 hours, while in slow acetylators it is 2 to 5 hours.

Pharmacokinetics of rifapentine

Maximum concentrations were observed from 4 to 6 hours after administration of a 600 mg rifapentine dose.

The administration of rifapentine with a high fat meal (850 total calories: 33 g protein, 55 g fat and 58 g carbohydrate) increased $AUC_{0-\infty}$ and C_{max} by 43% and 44%, respectively, over that observed when administered under fasted conditions. The administration of rifapentine (900 mg single dose), concomitant with a low fat, high carbohydrate breakfast, led to an increase of rifapentine bioavailability by 47% in C_{max} and 51% in AUC.

Rifapentine half-life is approximately 15 hours (13.2 – 14.1 hours) and similar across the 150-600 mg dose range. The changes in rifapentine C_{max} and $AUC_{0-\infty}$ were dose linear, but disproportionate (more than proportional) from 150 to 600 mg. Two-fold increases in dose from 150 to 300 mg and from 300 to 600 mg resulted in 3.2-fold and 2.2-fold increases in $AUC_{0-\infty}$, respectively. Over the entire dose range studied, a 4-fold increase in dose resulted in a 7.2-fold increase in $AUC_{0-\infty}$. The dose-disproportionate increases in C_{max} with single, increasing doses of rifapentine were less pronounced. A 4-fold increase in dose from 150 to 600 mg resulted in a 5.2-fold increase in C_{max} (Keung et al. Single and multiple dose pharmacokinetics of rifapentine in man: part II. *Int J Tuberc Lung Dis*. 1999 May;3(5):437-44).

Guidance for the design of bioequivalence studies:

Taking into account the pharmacokinetic properties of isoniazid and rifapentine, the following guidance with regard to the study design should be taken into account:

Design: A single dose cross-over design is recommended.

Dose: The EoI includes two strengths: 150 mg/150mg and 300 mg/300 mg, formulated either as a coated tablet or as a dispersible tablet. If both strengths are intended for development, an additional strength biowaiver can be considered provided that the bioequivalence study is conducted with the higher strength (i.e. 300 mg /300 mg) in view of the more than proportional increase in rifapentine AUC with dose. In the case of the dispersible tablet, the test product should be administered with the method of administration and volume of water intended for the dosing instructions of the proposed product, and compared with the reference tablets, which should be taken with 240 ml of water.

Fasted/fed: The bioequivalence study should be conducted in the fed state as food increases the bioavailability of rifapentine, although it decreases the bioavailability of isoniazid. As a low-fat high-carbohydrate breakfast increases C_{max} and AUC as much as or more than a high-fat high-calorie breakfast, a standard breakfast (non-high-fat breakfast, 550 Kcal) is recommended since it is more similar to the meal composition of patients. However, a high-fat high-calorie breakfast is also acceptable in those cases where the fed study is to be submitted also to other regulatory agencies where demonstration of bioequivalence is required both in the fasted and the fed state. In such cases, both studies (in fasted and fed state) should be submitted.

Subjects: Healthy adults subjects should be recruited. It is not necessary to include patients in the bioequivalence study.

Parent or metabolite data for assessment of bioequivalence: The parent drug is considered to best reflect the biopharmaceutical quality of the product. The data for the parent compound should be used to assess bioequivalence.

Sample size: Isoniazid pharmacokinetic parameters, C_{max} and AUC_{0-t} , in the fed state seem to possess higher variability than those of rifapentine. Therefore, the sample size calculation should be based on the intra-subject variability of isoniazid C_{max} , which could be highly variable (30-40%) based on information available to the PQT/MED. These data will facilitate the calculation of a sufficient sample size for the bioequivalence study.

Washout: Taking into account the half-lives of these drugs, a wash-out period of at least 7 days is considered sufficient to prevent carry-over.

Blood sampling: The blood sampling should be intensive up to 6 hours after administration. For example, samples should be taken at predose, 0.5, 1.0, 1.5, 2.0, 2.5, 3.0, 3.5, 4.0, 4.5, 5.0, 6.0, 7.0, 8.0, 9.0, 10.0, 12.0, 16.0, 24.0, 36.0, 48.0, and 72.0 h after drug administration. Isoniazid does not need to be measured in samples after 24 h.

Analytical considerations: Information currently available indicates that it is possible to measure isoniazid and rifapentine in human plasma using LC-MS/MS analytical methodology. The bioanalytical method should be sufficiently sensitive to detect concentrations that are 5% of the C_{max} in most profiles of each formulation (test or comparator).

Statistical considerations: The data for isoniazid and rifapentine should meet the following bioequivalence standards in a single-dose cross-over design study:

- The 90% confidence interval of the relative mean AUC_{0-t} of the test to reference product should be within 80.00 – 125.00%
- The 90% confidence interval of the relative mean C_{max} of the test to reference product should be within 80.00 – 125.00%.