A multisectoral working group was established to develop the National Food and Nutrition Action Plan (NFNAP) in Bulgaria and a situation analysis related to nutrition, food safety and food security was carried out. The main current problems, population risk groups and major factors contributing to the unhealthy dietary pattern were identified. This formed the basis for the development of the draft NFNAP involving all governmental and local institutions related to food and nutrition, children’s health, youth and sport, as well as representatives of the food industry and nongovernmental organizations. The NFNAP was launched in December 2004 and adopted by the Council of Ministers in August 2005. The strategic goal is to improve the health of the Bulgarian population by improving nutrition and the reducing the risk of foodborne and diet-related chronic diseases. The Action Plan covers the three strategic areas of nutrition, food safety and food security.

Policy topics:

- Low birth weight
- Stunting in children 0-5 yrs
- Wasting in children 0-5 years
- Underweight in children 0-5 years
- Overweight, obesity and diet-related NCDs
- Overweight in children 0-5 yrs
- Overweight in adolescents
- Acute malnutrition
- Food distribution/supplementation for prevention of acute malnutrition
- Nutrition sensitive actions
Partners in policy implementation

- Government
  - Food and agriculture
  - Health
  - Details: more

Ministry of Health Food and agriculture, Health: State Fund ‘Agriculture’, Ministry of Health, National Centre of Public Health Protection, Regional Inspectorate for Control and Protection of Public Health