

## National Plan of Action for Nutrition

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Ministry of Health and Quality of Life

**Is the policy document adopted?:**

No / No information

**Adopted by:**

Government of Mauritius

**Country(ies):**[Mauritius](#)**Date:**

2009

**End year:**

2010

**Published year:**

2009

**Adopted year:**

2009

**Type of policy:**[Comprehensive national nutrition policy, strategy or plan](#)

## National Plan of Action for Nutrition

### Goals

**Goals, objectives or targets related to nutrition:**

The objectives of this NPAN are to achieve the following by the year 2010:

- (1) To increase the mean duration of exclusive breast-feeding to 3 months in infants
- (2) To reduce underweight, as measured by growth indices, to half the 2004 level in children aged 5-11 years
- (3) To reduce nutritional anaemia in female adolescents 12-19 years as indicated by haemoglobin levels under 12 g/dl, to 10%
- (4) To reduce nutritional anaemia in pregnant women, as indicated by blood haemoglobin levels below 11 g/dl to 5%
- (5) To establish dietary recommendations for adults for the prevention of chronic diet-related diseases based on the World Health Organization's population nutrient intake goals
- (6) To reduce obesity in the adult population by 3%
- (7) To adopt and enforce legal measures to ensure the provision of safe food and food supplies to the entire population
- (8) To increase the average apparent consumption of fruit and vegetables by two fold
- (9) To decrease the average apparent consumption of oils and fats by 10%
- (10) To promote a fair distribution of available food resources, compatible with the needs of individuals, with special attention to vulnerable groups

**File upload:** MUS 2009 National Plan of Action for Nutrition.pdf**Reference:**

WHO Global Nutrition Policy Review 2009-2010

**Policy topics:**

- Low birth weight
- Stunting in children 0-5 yrs
- Wasting in children 0-5 years
- Underweight in children 0-5 years
- Underweight in women
- Breastfeeding
- Complementary feeding
- Overweight and obesity in school age children and adolescents
- Overweight and obesity in adults
- International Code of Marketing of Breast-milk Substitutes
- Iron and folic acid
- Nutrition & infectious disease
- Food security and agriculture

## Partners in policy implementation

- Government
  - Health
  - Details:  
more  
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### Links

[1] <https://extranet.who.int/nutrition/gina/sites/default/files/MUS%202009%20National%20Plan%20of%20Action%20for%20Nutrition.pdf>

