

## Plattform Ernährung und Bewegung [The Platform for Diet and Physical Activity]

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Government of Germany

**Is the policy document adopted?:**

Not adopted/no information

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Germany

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2004

**Type of policy:**

Nutrition policy, strategy or plan focusing on specific nutrition areas

## Plattform Ernährung und Bewegung [The Platform for Diet and Physical Activity]

## Goals

**Goals, objectives or targets related to nutrition:**

All of the campaigns and projects of the Platform Diet and Physical Activity serve the objective of contributing to a healthy lifestyle and a balanced ratio of diet and physical activity via preventive measures and hence to counteract the increase in overweight and obesity. The focus is on children and young people and their parents. (English summary p. 4)

The Platform sees as its primary tasks:

- to document and evaluate the national and international status of scientific findings on the causes of increasing overweight and obesity in particular among children and young people;
- to scientifically evaluate prevention activities; and

## Strategies

**Strategies and activities related to nutrition:**

The Platform contributes to the prevention of overweight and obesity in four fields of action:

- Clarifying causes and developing good practices;
- Conveying knowledge and training players;
- Informing the public and disseminating the work of the Platform;
- Testing new approaches. (English summary p. 4)

**URL link:**

<http://www.ernaehrung-und-bewegung.de/aktuelles/>

**Reference:**

NOPA

**Policy topics:**

- Underweight in children 0-5 years
- Physical activity and healthy lifestyle

**Partners in policy implementation**

- Government
  - Food and agriculture

- Details:  
more  
Federal Ministry of Food, Agriculture and Consumer  
Protection (BMELV)

- National NGO(s)

- Details:  
more  
Bund für Lebensmittelrecht und Lebensmittelkunde e.  
V. (BLL), Deutsche Gesellschaft für Kinder- und  
Jugendmedizin (DGKJ), Deutscher Olympischer  
Sportbund / Deutsche Sportjugend, Gewerkschaft  
Nahrung-Genuss-Gaststätten
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