

Foodstuffs, Cosmetics and Disinfectants Act (54/1972): Regulations relating to the reduction of sodium in certain foodstuffs and related matters: Amendment

Published by:

Department of Health

Is the policy document adopted?:

Yes

Adopted by:GOVERNMENT GAZETTE No. 40252 Vol. 615, 6 SEPTEMBER
2016**Country(ies):**

South Africa

Date:

2016

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Type of policy:

Legislation relevant to nutrition

Foodstuffs, Cosmetics and Disinfectants Act (54/1972): Regulations relating to the reduction of sodium in certain foodstuffs and related matters: Amendment

Legislation Details

Words in bold type in square brackets indicate omissions from existing regulations

Words underlined with a solid line indicate insertions in existing regulations.

...

In these Regulations "the Regulations" means the Regulations published by Government Notice No. R. 214 of 20 March 2013.

...

7. Processed meat (classes 6, 11 and 13 where products in category 13 relates to cured of the South African National Standard SANS 885:2011)[12 or 14 of the South African National Standard SANS 885:2011]- uncured]

[850]1300 mg Na 31 March 2017

[650]1150mg Na 30 June 2019

8. Processed meat (classes [7]9, 10, and 13 where products in category 13 relates to uncured of the South African National Standard SANS 885:2011)[or 11 of the South African National Standard SANS 885:2011]- cured]

[950]850 mg Na 30 June 2016

[850]650 mg Na 30 June 2019

9. Raw-processed meat sausages (all types) and similar products

800 mg Na 30 June 2016

600 mg Na 30 June 2019

10. Dry soup powder (not the instant type) including dry soup powders intended to be cooked and consumed as a soup and /or used to thicken and/or add flavour to any type of savoury dish.

5 500 mg Na 30 June 2016

3 500 mg Na 30 June 2019

11. Dry gravy powders and dry instant savoury sauces including all dry savoury gravy/sauce powders that require cooking of which are of the instant type, used as an accompaniment to a meal

3 500 mg Na 30 June 2016

1 500 mg Na 30 June 2019

12. Dry savoury powders with dry instant noodles to be mixed with a liquid including quick cooking Asian style noodles composed primarily of dry noodles with a seasoning sachet

1 500 mg Na 30 June 2016

800 mg Na 30 June 2019

13. Stock cubes, stock powders, stock granules, stock emulsions, stock pastes or stock jellies including concentrated sticks / stew products in various formats used to favour dishes

concentrated stocks

18 000 mg Na 30 June 2016

13 000 mg Na 30 June 2019

URL link:

http://www.gpwonline.co.za/Gazettes/Gazettes/40252_6-9_Health.pdf

File upload:

 ZAF 2016 R214 SodiumReductionRegulations amendment-1-9.pdf

Policy topics:

- Salt/sodium
- Measures to limit sodium content

Partners in policy implementation

- Government
 - Health
- National NGO(s)

Links

[1] <https://extranet.who.int/nutrition/gina/sites/default/files/ZAF%202016%20R214%20SodiumReductionRegulations%20amendment-1-9.pdf>

