Strategy for the prevention and control of obesity in South Africa

Published by: Department of Health

Is the policy document adopted?: No / No information

Country(ies): South Africa

Date: 2015

End date: 2020

Published year: 2015

Type of policy: Nutrition policy, strategy or plan focusing on specific nutrition areas

Strategy for the prevention and control of obesity in South Africa

Reference:

Policy topics:

- Overweight, obesity and diet-related NCDs
- Overweight in children 0-5 yrs
- Overweight in adolescents
- Overweight in school children
- Dietary practice
- Fat intake
- Sugar intake
- Fruit and vegetable intake
- Maternal, infant and young child nutrition
- Counselling on healthy diets and nutrition during pregnancy
- Growth monitoring and promotion
- Breastfeeding promotion/counselling
- Maternity protection
- Complementary feeding promotion/counselling
- Nutrition in schools
- Regulation/guidelines on types of foods and beverages available
- Nutrition in the school curriculum
- Promotion of healthy diet and prevention of obesity and diet-related NCDs
related NCDs
- Dietary guidelines
- Food labelling
- Front of pack labelling
- Menu labelling
- Reformulation of foods and beverages
- Fats
- Sugars
- Fiscal policies
- Taxation on unhealthy foods
- Regulating marketing of unhealthy foods and beverages to children
- Creation of healthy food environment
- Healthy food environment in workplaces
- Media campaigns on healthy diets and nutrition
- Nutrition counselling on healthy diets

Partners in policy implementation
- Government
  - Details:
    - more
    - Department of Health
- National NGO(s)