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Global database on the Implementation of Nutrition (CINA) interior of

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - School fruit and vegetable scheme - School age children (SAC)

Programme: GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme

Programme Data

Programme Description

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to school health and nutrition programmes. Programme objectives: reduce or prevent child undernutrition (stunting, wasting, micronutrient deficiencies); reduce or prevent childhood overweight or obesity; foster healthy diet and lifestyle habits; educate children and improve knowledge about healthy diet and lifestyle habits; improve children's skills (e.g. cooking, food hygiene); improve school attendance; improve academic performance; tackle health inequalities; reduce food insecurity and hunger; support the agriculture sector by creating farm to school linkages (e.g. cereals, milk, fruit and vegetables supply). Components of the school health and nutrition programme include: training of school staff on nutrition; standards or rules for foods and beverages available in schools; hygienic cooking facilities and clean eating environment in schools; provision of school meals/school feeding programme; school fruit and vegetable scheme; school milk scheme; micronutrient supplementation; deworming; nutrition education included in school curriculum; extracurricular nutrition education; physical education in school curriculum; standards for marketing of food and non-alcoholic beverages to children in school setting; monitoring of children's growth; safe drinking water available free of charge; adequate sanitation and hygiene facilities in schools; school gardens. www.sizethailand.org/lunch2/download/ThaiSchoolLunch-01.pdf?

Program type

Other

References

WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition

http://www.who.int/nutrition/publications/policies/global_nut_policyrevi...

The Global Nutrition Policy Review 2016–2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

Implementing organisations

- Government
 - o Health
 - o Education and research
 - Details: more Education, Public health, Interior
- Private Sector
 - Details: more private school, day care

Action data

Start date January 1992 Country(ies): Thailand

Topic: School fruit and vegetable scheme

Target group: School age children (SAC)

Delivery: Kindergarten/school

Implementation details: All children at the targeted schools are eligible to participate in the school fruit and vegetable scheme.

The fruit and vegetable scheme is free for all children. Types of fruit and vegetable products provided:

fresh fruit and vegetables. Provided 2-3 times per week. Fruit and vegetables are procured domestically, locally. Activities linked to the promotion of fruit and vegetable consumption include:

nutrition education, cooking, school gardens.

Typical problems Solutions

Other actions from same programme

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - Deworming - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - Extracurricular nutrition education - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - Home, school or community gardening - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - Micronutrient supplementation in schools - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - Monitoring children's growth in schools - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - Nutrition education included in school curriculum - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - School feeding programmes - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - School milk scheme - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Thai school lunch programme - Standards or rules for foods and beverages available in schools - School age children (SAC)

