

## GNPR 2016-2017: School health and nutrition (q11) ?????? ?????????? - School feeding programmes - School age children (SAC)

Programme: GNPR 2016-2017: School health and nutrition (q11) ?????? ??????????

### Programme Data

#### Programme Description

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to school health and nutrition programmes. Programme objectives: reduce or prevent child undernutrition (stunting, wasting, micronutrient deficiencies); reduce or prevent childhood overweight or obesity; foster healthy diet and lifestyle habits; educate children and improve knowledge about healthy diet and lifestyle habits; improve children's skills (e.g. cooking, food hygiene); improve school enrolment; improve school attendance; improve academic performance. Components of the school health and nutrition programme include: training of school staff on nutrition; standards or rules for foods and beverages available in schools; ban on vending machines in schools; hygienic cooking facilities and clean eating environment in schools; provision of school meals/school feeding programme; school milk scheme; nutrition education included in school curriculum; physical education in school curriculum; standards for marketing of food and non-alcoholic beverages to children in school setting; monitoring of children's growth; adequate sanitation and hygiene facilities in schools. <http://departments.moe.gov.sa/schoolaffairsagency/RelatedDepartments/Sch...>

#### Program type

#### References

WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition

[http://www.who.int/nutrition/publications/policies/global\\_nut\\_policyrevi...](http://www.who.int/nutrition/publications/policies/global_nut_policyrevi...)

The Global Nutrition Policy Review 2016?2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

#### Implementing organisations

- Government
  - Health
  - Education and research
  - Details:  
more  
Ministry of Health and Ministry of Education

### Action data

Start date

Country(ies): Saudi Arabia

Topic: School feeding programmes

Target group: School age children (SAC)

Delivery: Kindergarten/school

Implementation details : Menus are decided following national food-based dietary guidelines. At the regional or national level, menus are decided by a nutritionist or other health worker. At the local or municipal level, menus are

decided by a nutritionist. Fruits and vegetables are part of the menu. Food is procured locally.

**Typical problems    Solutions**

## Other actions from same programme

GNPR 2016-2017: School health and nutrition (q11) ????? ????????? - Monitoring children's growth in schools - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) ????? ????????? - Nutrition education included in school curriculum - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) ????? ????????? - School milk scheme - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) ????? ????????? - Standards for marketing of food and non-alcoholic beverages to children in school setting - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) ????? ????????? - Standards or rules for foods and beverages available in schools - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) ????? ????????? - Vending machines not allowed in schools - School age children (SAC)