

GNPR 2016-2017: School health and nutrition (q11) Health Promotion in School Policy - School fruit and vegetable scheme - School age children (SAC)

Programme: GNPR 2016-2017: School health and nutrition (q11) Health Promotion in School Policy

Programme Data

Programme Description

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to school health and nutrition programmes. Programme objectives: reduce or prevent childhood overweight or obesity; foster healthy diet and lifestyle habits; educate children and improve knowledge about healthy diet and lifestyle habits; improve children's skills (e.g. cooking, food hygiene); improve school enrolment; improve academic performance. Components of the school health and nutrition programme include: standards or rules for foods and beverages available in schools; hygienic cooking facilities and clean eating environment in schools; school fruit and vegetable scheme; nutrition education included in school curriculum; physical education in school curriculum; monitoring of children's growth; safe drinking water available free of charge; adequate sanitation and hygiene facilities in schools; school gardens.

Program type

Other

References

WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition

http://www.who.int/nutrition/publications/policies/global_nut_policyrevi...

The Global Nutrition Policy Review 2016–2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

Implementing organisations

- Government
 - Education and research
 - Details:
 - more
 - Department of Education
- Other
 - Details:
 - more
 - Parents and Teachers Association

Action data

Start date	January 2011
Country(ies):	Niue
Topic:	School fruit and vegetable scheme
Target group:	School age children (SAC)
Delivery:	Kindergarten/school
Implementation details :	All children at the targeted schools are eligible to participate in the school fruit and vegetable scheme.

The fruit and vegetable scheme is free for all children. Fruit and vegetables are procured domestically, locally. Activities linked to the promotion of fruit and vegetable consumption include: nutrition education, cooking, school gardens, visit to farms.

Typical problems Solutions

Other actions from same programme

GNPR 2016-2017: School health and nutrition (q11) Health Promotion in School Policy - Home, school or community gardening - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Health Promotion in School Policy - Monitoring children's growth in schools - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Health Promotion in School Policy - Nutrition education included in school curriculum - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Health Promotion in School Policy - Standards or rules for foods and beverages available in schools - School age children (SAC)