

## GNPR 2016-2017: School health and nutrition (q11) Implementation of a healthy diet and adequate physical activity in educational institutions - School fruit and vegetable scheme - School age children (SAC)

Programme: GNPR 2016-2017: School health and nutrition (q11) Implementation of a healthy diet and adequate physical activity in educational institutions

### Programme Data

#### Programme Description

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to school health and nutrition programmes. Programme objectives: reduce or prevent child undernutrition (stunting, wasting, micronutrient deficiencies); reduce or prevent childhood overweight or obesity; foster healthy diet and lifestyle habits; educate children and improve knowledge about healthy diet and lifestyle habits; improve children's skills (e.g. cooking, food hygiene); improve school enrolment; improve school attendance; improve academic performance; tackle health inequalities; reduce food insecurity and hunger; support the agriculture sector by creating farm to school linkages (e.g. cereals, milk, fruit and vegetables supply). Components of the school health and nutrition programme include: training of school staff on nutrition; standards or rules for foods and beverages available in schools; hygienic cooking facilities and clean eating environment in schools; provision of school meals/school feeding programme; school fruit and vegetable scheme; deworming; nutrition education included in school curriculum; physical education in school curriculum; monitoring of children's growth; safe drinking water available free of charge; school gardens. Order of the Ministry of Health on the implementation of a healthy diet and adequate physical activity in educational institutions of RM no. 638 of 12.08.2016, Law no. 195 of 28/07/2016 amending and supplementing certain acts (Law no. 78-XV of 18 March 2004 on food, Law no. 1227-XIII of 27 June 1997 on advertising, Contravention Code of the Republic of Moldova no. 218 -XVI of 24 October 2008), Order no. 26.08.669/2016 on amending Order no. 904 of 17.9.2012 on approving the list of recommended food products, preschoolers and pupils, Order no. 322 of 27.04.2016 on the consumption of the food in general education institutions. [http://www.ms.gov.md/sites/default/files/legislatie/ordinul\\_nr.\\_1000\\_din...](http://www.ms.gov.md/sites/default/files/legislatie/ordinul_nr._1000_din...)  
[www.ms.gov.md](http://www.ms.gov.md) [www.justice.md](http://www.justice.md)

#### Program type

#### References

WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition

[http://www.who.int/nutrition/publications/policies/global\\_nut\\_policyrevi...](http://www.who.int/nutrition/publications/policies/global_nut_policyrevi...)

The Global Nutrition Policy Review 2016-2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

#### Implementing organisations

- Government
  - Health
  - Details:  
more  
Ministry of Health, local public authorities

### Action data

Start date	January 2016
Country(ies):	Republic of Moldova
Topic:	School fruit and vegetable scheme
Target group:	School age children (SAC)
Delivery:	Kindergarten/school
Implementation details :	All children at the targeted schools are eligible to participate in the school fruit and vegetable scheme. The fruit and vegetable scheme is free for some children. Types of fruit and vegetable products provided: fresh fruit and vegetables, dried fruit, tinned or otherwise prepared fruit in water. Provided 2-3 times per week. Fruit and vegetables are procured locally. Activities linked to the promotion of fruit and vegetable consumption include: nutrition education, cooking, school gardens.
Other lessons learnt :	introducing requirements to the school like canteens, methods of registration of the Menu
<b>Typical problems</b>	<b>Solutions</b>

## Other actions from same programme

GNPR 2016-2017: School health and nutrition (q11) Implementation of a healthy diet and adequate physical activity in educational institutions - Deworming - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Implementation of a healthy diet and adequate physical activity in educational institutions - Home, school or community gardening - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Implementation of a healthy diet and adequate physical activity in educational institutions - Monitoring children's growth in schools - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Implementation of a healthy diet and adequate physical activity in educational institutions - Nutrition education included in school curriculum - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Implementation of a healthy diet and adequate physical activity in educational institutions - School feeding programmes - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Implementation of a healthy diet and adequate physical activity in educational institutions - Standards or rules for foods and beverages available in schools - School age children (SAC)