

## GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Monitoring children's growth in schools - School age children (SAC)

Programme: GNPR 2016-2017: School health and nutrition (q11) School Health Policy

### Programme Data

#### Programme Description

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to school health and nutrition programmes. Programme objectives: foster healthy diet and lifestyle habits; educate children and improve knowledge about healthy diet and lifestyle habits; improve children's skills (e.g. cooking, food hygiene); support the agriculture sector by creating farm to school linkages (e.g. cereals, milk, fruit and vegetables supply). Components of the school health and nutrition programme include: hygienic cooking facilities and clean eating environment in schools; provision of school meals/school feeding programme; micronutrient supplementation; deworming; nutrition education included in school curriculum; extracurricular nutrition education; physical education in school curriculum; monitoring of children's growth; safe drinking water available free of charge; adequate sanitation and hygiene facilities in schools; school gardens.

#### Program type

#### References

WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition

[http://www.who.int/nutrition/publications/policies/global\\_nut\\_policyrevi...](http://www.who.int/nutrition/publications/policies/global_nut_policyrevi...)

The Global Nutrition Policy Review 2016-2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

#### Implementing organisations

- Government
  - Health
  - Education and research
  - Details:
    - more
    - Ministry of Education and Ministry of Health

### Action data

Start date	January 2007
Country(ies):	Kenya
Topic:	Monitoring children's growth in schools
Target group:	School age children (SAC)
Delivery:	Kindergarten/school
Implementation details :	Indicators tracked: underweight, overweight, BMI. No protocol exists for monitoring children's growth in school. The growth monitoring programme includes referral to health services.

**Typical problems    Solutions**

## Other actions from same programme

GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Deworming - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Extracurricular nutrition education - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Home, school or community gardening - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Micronutrient supplementation in schools - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Nutrition education included in school curriculum - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) School Health Policy - School feeding programmes - School age children (SAC)