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# Global database on the Implementation of Natrition (CINA) in the Implementation of

GNPR 2016-2017: School health and nutrition (q11) Programa de Salud y Nutrición Escolar - Home, school or community gardening - School age children (SAC)

Programme: GNPR 2016-2017: School health and nutrition (q11) Programa de Salud y Nutrición Escolar

## **Programme Data**

### **Programme Description**

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to school health and nutrition programmes. Programme objectives: reduce or prevent childhood overweight or obesity; foster healthy diet and lifestyle habits; educate children and improve knowledge about healthy diet and lifestyle habits. Components of the school health and nutrition programme include: standards or rules for foods and beverages available in schools; school fruit and vegetable scheme; nutrition education included in school curriculum; standards for marketing of food and non-alcoholic beverages to children in school setting; monitoring of children's growth; school gardens. www.mep.go.cr http://www.mep.go.cr/sites/default/files/page/adjuntos/reglamento-vigent...

## Program type

Other

## References

WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition

http://www.who.int/nutrition/publications/policies/global\_nut\_policyrevi...

The Global Nutrition Policy Review 2016–2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

## Implementing organisations

- Government
  - Health
  - o Education and research
  - Social welfare
  - o Details:

more

Ministerio de Educación Pública, Ministerio de Salud, Caja Costarricense de Seguro Social

### Action data

Start date January 1985 Country(ies): Costa Rica

Topic: Home, school or community gardening

Target group: School age children (SAC)

Delivery: Kindergarten/school

Implementation details: No todas las escuelas tienen huerto escolar ni en todas se hacen actividades educativas porque

depende de las condiciones de cada escuela y de los maestros

Typical problems Solutions

# Other actions from same programme

GNPR 2016-2017: School health and nutrition (q11) Programa de Salud y Nutrición Escolar - Monitoring children's growth in schools - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Programa de Salud y Nutrición Escolar - Nutrition education included in school curriculum - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Programa de Salud y Nutrición Escolar - School fruit and vegetable scheme - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Programa de Salud y Nutrición Escolar - Standards for marketing of food and non-alcoholic beverages to children in school setting - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Programa de Salud y Nutrición Escolar - Standards or rules for foods and beverages available in schools - School age children (SAC)

