

## GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - School feeding programmes - School age children (SAC)

Programme: GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar

### Programme Data

#### Programme Description

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to school health and nutrition programmes. Programme objectives: reduce or prevent child undernutrition (stunting, wasting, micronutrient deficiencies); reduce or prevent childhood overweight or obesity; foster healthy diet and lifestyle habits; educate children and improve knowledge about healthy diet and lifestyle habits; improve children's skills (e.g. cooking, food hygiene); improve school enrolment; improve school attendance; improve academic performance; tackle health inequalities; reduce food insecurity and hunger; support the agriculture sector by creating farm to school linkages (e.g. cereals, milk, fruit and vegetables supply). Components of the school health and nutrition programme include: training of school staff on nutrition; standards or rules for foods and beverages available in schools; hygienic cooking facilities and clean eating environment in schools; provision of school meals/school feeding programme; school fruit and vegetable scheme; school milk scheme; take-home rations distributed through schools; micronutrient supplementation; deworming; nutrition education included in school curriculum; extracurricular nutrition education; physical education in school curriculum; standards for marketing of food and non-alcoholic beverages to children in school setting; monitoring of children's growth; safe drinking water available free of charge; adequate sanitation and hygiene facilities in schools; school gardens.

#### Program type

#### References

WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition

[http://www.who.int/nutrition/publications/policies/global\\_nut\\_policyrevi...](http://www.who.int/nutrition/publications/policies/global_nut_policyrevi...)

The Global Nutrition Policy Review 2016-2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

#### Implementing organisations

- Government
  - Education and research
  - Details:
    - more
    - Ministry of Education - FICASE
  
- UN agencies
  - World Health Organization (WHO)
  - United Nations Children's Fund (UNICEF)
  - Food and Agriculture Organisation (FAO)
  - Details:
    - more
    - FAO, UNICEF, WHO

## Action data

Start date	January 1983
Country(ies):	Cape Verde
Topic:	School feeding programmes
Target group:	School age children (SAC)
Delivery:	Kindergarten/school
Implementation details :	All children in the targeted schools are eligible to receive school meals or participate in the school feeding programme. School meals are free for all children. Menus are decided according to maximum levels of specific nutrients (e.g. total sugars, total fat, saturated fat, trans-fat, salt/sodium), according to minimum levels of specific nutrients (e.g. certain vitamins and minerals), following national food-based dietary guidelines. At the regional or national level, menus are decided by a nutritionist. Fruits and vegetables are part of the menu 3 times per week for fruits and daily for vegetables. Food is procured internationally, domestically, locally.
Coverage type:	100% das crianças de ensino básico e do pré-escolar dos estabelecimento escolar público
<b>Typical problems</b>	<b>Solutions</b>

## Other actions from same programme

- GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Deworming - School age children (SAC)
- GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Extracurricular nutrition education - School age children (SAC)
- GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Food distribution/supplementation for prevention of acute malnutrition - School age children (SAC)
- GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Home, school or community gardening - School age children (SAC)
- GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Micronutrient supplementation in schools - School age children (SAC)
- GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Monitoring children's growth in schools - School age children (SAC)
- GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Nutrition education included in school curriculum - School age children (SAC)
- GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - School fruit and vegetable scheme - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - School milk scheme - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Standards for marketing of food and non-alcoholic beverages to children in school setting - School age children (SAC)

GNPR 2016-2017: School health and nutrition (q11) Programa Nacional de Alimentação e Saúde Escolar - Standards or rules for foods and beverages available in schools - School age children (SAC)

