

## GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12b) Dietary and Physical Activity Guidelines for Ghana - Nutrient-based dietary guidelines - Adolescents|Adult men and women|Elderly|Infants and young child...

Programme: GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12b) Dietary and Physical Activity Guidelines for Ghana

### Programme Data

#### Programme Description

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to healthy diets, overweight and diet-related NCDs. More actions and programmes reported can be accessed through the country page.

#### Program type

#### References

WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition [http://www.who.int/nutrition/publications/policies/global\\_nut\\_policyrevi...](http://www.who.int/nutrition/publications/policies/global_nut_policyrevi...)

The Global Nutrition Policy Review 2016?2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

#### Implementing organisations

### Action data

Start date

Country(ies): Ghana

Topic: Nutrient-based dietary guidelines

Target group: Adolescents  
Adult men and women  
Elderly  
Infants and young children  
Lactating women (LW)  
Pregnant women (PW)  
Preschool-age children (Pre-SAC)  
School age children (SAC)

Implementation details : [http://rhnp.gov.gh/admindox/DIETARY%20AND%20PHYSICAL%20ACTIVITY%20GUIDEL... \(2\)\\_5Feb10\[1\]\[1\].pdf](http://rhnp.gov.gh/admindox/DIETARY%20AND%20PHYSICAL%20ACTIVITY%20GUIDEL... (2)_5Feb10[1][1].pdf)

**Typical problems**    **Solutions**