

The MITRA Youth Project - Nutrition International - Iron and folic acid supplementation - Adolescents

Programme: The MITRA Youth Project - Nutrition International

Programme Data

Programme Description

MITRA Youth is a partnership between the governments of Indonesia, Australia and Canada, facilitated by Nutrition International. It complements the efforts of the ongoing MITRA program supported by DFAT Australia, which aims to improve key health outcomes for pregnant women and caregivers of children under five years of age by boosting access to health services. MITRA Youth is in the same geographical locations as MITRA, being implemented in 20 selected districts across East Java and East Nusa Tenggara provinces. The overall objective of the program is to improve nutrition of adolescent girls (15 to 18 years) through increased access and consumption of Weekly Iron Folic Acid Supplements (WIFAS). Through evidence-based advocacy to the district, provincial and national governments, MITRA Youth also aims to strengthen the government's focus and commitment to the WIFAS program for improved health and education outcomes in adolescent girls.

MITRA Youth includes the following key components:

- Strengthen supply chain and forecasting of IFA supplement requirements.
- Procurement of supplements to District Health Office and Health Center, and distribution at school
- Work with the District Health Offices (DHO) and Schools through the existing School Health Program (UKS) to promote and improve delivery mechanisms for supplementation through schools.
- Strengthen supervision for tablet administration through schools by refining and modifying the existing UKS monitoring system to track stocks and coverage.
- Develop monitoring tools for improving the coverage and consumption of WIFAS among adolescent girls at school.
- Build capacity and skills of healthcare staff, frontline workers, school-teachers and other key influencers on planning, delivery mechanisms and monitoring of the WIFAS program.
- Facilitate Behavior Change Interventions for increasing adherence to IFA supplementation, with focus on interpersonal counselling and nutrition education.

Funding for this program began in June 2017 and will end in September 2020.

Program type

Community/sub-national

References

For more information:

- <https://www.nutritionintl.org/about/contact-us/>

Implementing organisations

- Government
 - Details:
more
Government of Indonesia, Government of Australia, Government of Canada
- International NGOs
 - Nutrition International

Action data

Start date 2017
Country(ies): Indonesia
Topic: Iron and folic acid supplementation
Target group: Adolescents

Typical problems **Solutions**