

Strategy for the prevention and control of Non Communicable Diseases in the Democratic People's Republic of Korea

Published by:

Ministry of Public Health

Is the policy document adopted?:

Yes

Adopted by:Multisectoral Consultation for the Prevention and Control of
Noncommunicable Diseases**Country(ies):**[Democratic People's Republic of Korea](#)**Date:**

2014

End year:

2020

Published year:

May 2014

Adopted year:

2014

Type of policy:[NCD policy, strategy or plan with healthy diet components](#)

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Goals

Goals, objectives or targets related to nutrition:

Goals by indicators

Basing on the strategic goals proposed in the Global Strategy for the Prevention and Control of Noncommunicable Diseases 2013-2020 adopted at World Health Assembly and the goals of South East Asia Action Plan 2013-2020 signed at WHO South East Asia Regional Meeting, goals by indicators to be achieved until 2025 are as follows.

1. Reduce the total death rate from cardiovascular diseases, cancer, diabetes and chronic respiratory diseases by 25%.
2. Reduce the smoking rate among men of 15 years of age and above by 30%.
3. Reduce by 10% the heavy drinking rate.
4. Reduce the proportion of lack of physical activities by 10%.
5. Reduce the salt intake by 30%
6. Reduce the incidence of hypertension by 25%.
7. Make the number of residents who are treated with medicines and by doctors in order to prevent heart attack and cerebral apoplexy reach to 50%
8. Provide more than 80% of all medicines and equipments needed for the treatment of noncommunicable diseases at health facilities
9. Maintain current incidence of obesity and diabetes.
10. Increase early detection rate of cancerous diseases by ensuring 90% of periodical screening rate among men and women of 40 years of age and above

Strategies

Strategies and activities related to nutrition:

Activities for control of unhealthy diet

15. Include activities for promoting healthy diet in national policy and strategy for the prevention and control of noncommunicable diseases
16. Communicate actively for Increasing the usage of iodine salt and promoting breast feeding
17. Communicate actively for promoting folk dishes and maintaining healthy diet
18. Strengthen researches to provide scientific inspection of produced foodstuff
19. Educate children on the harmful effect of processed and instant foods in various forms and ways

File upload: PRK 2014 National strategy on NCD-E.pdf**Reference:**

Policy topics:

- Overweight and obesity in adults
- Raised blood glucose/diabetes
- Raised blood pressure
- Sodium/salt intake
- Breastfeeding promotion/counselling
- Nutrition in the school curriculum
- Media campaigns on healthy diets and nutrition
- Nutrition counselling on healthy diets
- Iodine
- Food fortification
- Food grade salt

Partners in policy implementation

- Government
 - Health
 - Food and agriculture
 - Education and research
 - Trade
 - Details:
more
Implementation bodies for activities for control of unhealthy diet: Ministry of Public Health, Ministry of Food and Daily Necessities, Ministry of Commerce, Committee of Education
- National NGO(s)
- Other
 - Details:
more
Working People's organization, Publication and press sector,

Links

[1] https://extranet.who.int/ncdccs/Data/PRK_B3_National%20strategy%20on%20NCD,%202014-2020-E.pdf

[2] <https://extranet.who.int/nutrition/gina/sites/default/files/PRK%202014%20National%20strategy%20on%20NCD-E.pdf>

