

Azerbaijan National Strategy for the Prevention and Control of Non-Communicable Diseases
2015-2020**Is the policy document adopted?:**

No / No information

Country(ies):

Azerbaijan

Date:

2015

End year:

2020

Published year:

2015

Type of policy:

NCD policy, strategy or plan with healthy diet components

Azerbaijan National Strategy for the Prevention and Control of Non-Communicable
Diseases 2015-2020

Goals

Goals, objectives or targets related to nutrition:

SECTION 6: TARGETS

1. A 10% relative reduction in tobacco use
2. Reducing salt intake to less than 5 grams per day for adults
3. A 10% relative reduction in prevalence of insufficient physical activity
4. Halt the rise in obesity
5. Halt the rise in diabetes
6. Halt the prevalence of raised blood pressure and achieve the reduction
7. A 90% availability of the affordable basic technologies and essential medicines, including generics, required to treat major NCDs in both public and private facilities

Strategies

Strategies and activities related to nutrition:

OBJECTIVE TWO: IMPLEMENTING EFFICIENT AND EQUITY-BASED INTERVENTIONS IN ORDER TO REDUCE THE MAIN MODIFIABLE RISK FACTORS FOR NONCOMMUNICABLE DISEASES: tobacco use, harmful use of alcohol, unhealthy diet, physical inactivity

3. Promoting healthy diet:

Implementing national Action Plan, which reflects the main nutrition issues of the country and priority areas of activities

Development of Physiological Nutrition Norms

Defining a strategy in order extracting partially the hydrogenated vegetable oils from food products and replacing saturated fatty acids with polyunsaturated fats

Defining a strategy in order to reduce the marketing impact of food products (containing saturated, trans-fatty acids, high sugar or salt) on children

Improvement of the normative documents concerning the following: Reducing salt in manufactured food products

Compulsory marking the food products containing trans-fats and saturated fats (initial stage)

Prohibiting the sale of food products containing trans-fats (second stage)

Promoting healthy eating in early childhood, including breastfeeding

Promoting healthy eating behaviors, including the enrichment of the food products among population;

Providing students with healthy nutrition in educational institutions

Promoting people to give preference to polyunsaturated fats than saturated fatty acids.

M&E Indicators

M&E Indicators related to nutrition:

The sale proportion of food products containing trans fats;
Age-standardized mean population intake of salt (sodium chloride) per day in grams in persons aged 18+ years;
Age-standardized mean proportion of total energy intake from saturated fatty acids in persons aged 18+ years;
Age-standardized mean proportion of total energy intake from trans fats in persons aged 18+ years;
The proportion of children exclusively breastfed for the first six months of life;
The proportion of children breastfed for the first 24 months of life.

File upload:

 AZE 2015 NCD AZERBAIJAN.pdf

Reference:

WHO Noncommunicable Disease Document Repository
https://extranet.who.int/ncdccs/Data/AZE_B3_NCD%20AZERBAIJAN%202015-2020...

Policy topics:

- Breastfeeding - Continued
- Breastfeeding - Exclusive 6 months
- Overweight and obesity in adults
- Raised blood glucose/diabetes
- Raised blood pressure
- Saturated fat intake
- Trans fat intake
- Sodium/salt intake
- School-based health and nutrition programmes
- Dietary guidelines
- Food labelling
- Front of pack labelling
- Fats
- Ban or virtual elimination of industrial trans fatty acids
- Regulating marketing of unhealthy foods and beverages to children
- Nutrition counselling on healthy diets
- Food fortification

Partners in policy implementation

- Government
 - Health
 - Food and agriculture
 - Education and research
 - Women, children, families
 - Social welfare
 - Finance, budget and planning
 - Sport
 - Industry
 - Labour
 - Details:
more
The Ministry of Health, The Ministry of Finance, The Ministry of Taxes, The Ministry of Education, The Ministry of Youth and Sport, The Ministry of Labour and Social Protection, The Ministry of Economy and Industry, The Ministry of Agriculture, State Committee of Family, Women and Children Affairs
 - National NGO(s)
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Links

[1] https://extranet.who.int/ncdccs/Data/AZE_B3_NCD%20AZERBAIJAN%202015-2020.pdf

[2] <https://extranet.who.int/nutrition/gina/sites/default/files/AZE%202015%20NCD%20AZERBAIJAN.pdf>

