

Nutrition International - Micronutrient Supplementation for Reducing Mortality and Morbidity in Indonesia (MITRA) - Iron and folic acid supplementation - Pregnant women (PW)

Programme: Nutrition International - Micronutrient Supplementation for Reducing Mortality and Morbidity in Indonesia (MITRA)

Programme Data

Programme Description

The MITRA (Micronutrient Supplementation for Reducing Mortality and Morbidity in Indonesia) program is a partnership between the governments of Indonesia, Australia and Canada, facilitated by Nutrition International. It is an integrated micronutrient supplementation program being implemented in 20 districts of East Java and East Nusa Tenggara (ENT) provinces, centering its work on four micronutrients – Vitamin A, Zinc, Iron and Folic Acid - with a focus on their key role in improving Maternal, Newborn and Child Health (MNCH). The overall objective of the program is to improve access to health services for both pregnant women and caregivers of children under five to improve health outcomes. Ultimately, these health outcomes will be accomplished through improved coverage and adherence to IFA supplementation among pregnant women, Vitamin A supplementation (VAS) to children under five, and the use of zinc and ORS in the treatment of childhood diarrhoea. In order to achieve the goal of the program, the program strategy components fall under three categories (i) enabling environment; (ii) provision or supply chain; and (iii) consumption and include:

- Strengthening government commitment to reduce micronutrient deficiencies and integrate such programs within the health system.
- National technical assistance on improving the quality of key micronutrient supplements, Health Management Information Systems and revision of national guidelines.
- Streamlining the supply chain and improving forecasting for supplies at the district, province and national levels.
- Needs based capacity building of health staff, midwives and other relevant cadres.
- Streamlining program monitoring and supervision from national to district levels.
- Exploring support through the private sector.
- The use of an appropriate Behaviour Change Intervention (BCI) strategy and supporting BCI for creating awareness on the benefits of these interventions to caregivers and consumers on one hand and to health workers on the other, including the need for effective counselling to caregivers and proper administration of the interventions.

Funding for this program began in August 2015 and will end in September 2018.

Program type

Community/sub-national

References

- News release for launch of MITRA: <https://www.nutritionintl.org/2016/02/the-micronutrient-initiative-under...>
- <https://www.nutritionintl.org/about/contact-us/>

Implementing organisations

- Government
 - Other
 - Details: more
Government of Indonesia Government of Australia
Government of Canada
- International NGOs
 - Nutrition International

Funding sources

- Bilateral and donor agencies and lenders
 - Australian Agency for International Development (AUSAID)
 - Canadian International Development Agency (CIDA)

Action data

Start date	August 2015
End date	September 2018
Country(ies):	Indonesia
Status:	On-going
Topic:	Iron and folic acid supplementation
Target group:	Pregnant women (PW)

Typical problems	Solutions
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Other actions from same programme

[Nutrition International - Micronutrient Supplementation for Reducing Mortality and Morbidity in Indonesia \(MITRA\) - Vitamin A supplementation - Infants and young children](#)

[Nutrition International - Micronutrient Supplementation for Reducing Mortality and Morbidity in Indonesia \(MITRA\) - Zinc supplementation - Infants and young children](#)

Links to policies in GINA

[National Action Plan for Food and Nutrition 2006 - 2010](#)