

Promotion of healthy diet and prevention of obesity and diet-related NCDs (reformulation) - Reformulation of foods and/or beverages to reduce salt/sodium content - All population groups

Programme Data

Action data

Start date

Country(ies): Czechia

Topic: Reformulation of foods and/or beverages to reduce salt/sodium content

Target group: All population groups

Implementation details : Reformulation measures to reduce salt/sodium content targets the following food and beverage categories: ready-made meals, breads, processed meat. Reformulation to reduce salt/sodium content is voluntary.

Typical problems **Solutions**

eLENA Link

[Reducing sodium intake to control blood pressure in children](#)

[Reducing sodium intake to reduce blood pressure and risk of cardiovascular diseases in adults](#)