

GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12a) 10 L?i khuy?n dinh d???ng h?p lý ??n n?m 2020 [10 tips on proper nutrition for period 2013–2020] - Food-based dietary guidelines - Adult men and women|A...

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Programme Data

Programme Description

These programmes and actions were reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to healthy diets, overweight and diet-related NCDs. More actions and programmes reported can be accessed through the country page.

Program type

Other

References

The information has been retrieved from the FAO Food-based dietary guidelines website at <http://www.fao.org/nutrition/education/food-dietary-guidelines/home/en/>

These FBDGs were also reported to the WHO (2018) Global Nutrition Policy Review. Country progress in creating enabling policy environments for promoting healthy diets and nutrition http://www.who.int/nutrition/publications/policies/global_nut_policyrevi...

The Global Nutrition Policy Review 2016–2017 is the report of the second comprehensive analysis of nutrition-related policy environment, coordination mechanisms, available capacities and actions being taken in 176 Member States (91%) and one area which responded to the survey carried out between July 2016 and December 2017.

Implementing organisations

Action data

Start date January 2013

Country(ies): Viet Nam

Topic: Food-based dietary guidelines

Target group: Adult men and women
All population groups
Infants and young children
Preschool-age children (Pre-SAC)
School age children (SAC)

Implementation details : Vietnam uses a three-dimensional food pyramid to represent the messages of its guidelines. The pyramid is divided into seven layers according to recommended levels of consumption. Cereals and tubers are at the bottom, followed by vegetables, fruits, protein-rich foods, fats and oils. Sugar and salt are at the apex of the pyramid.
Publishing institution: Ministry of Health
<http://viendinhduong.vn/news/en/369/138/1/a/introduction-of-nin.aspx>
PDF available at the FAO website at
<http://www.fao.org/nutrition/education/food-dietary-guidelines/regions/c...>

Typical problems Solutions