

Red de Protección Social Program (RPS) - Complementary feeding promotion and/or counselling - Infants and young children

Programme: Red de Protección Social Program (RPS)

Programme Data

Programme Description

The *Red de Protección Social* Programme (RPS) ran from 2000–2005. It was a small-scale CCT programme. Both geographical and household targeting was used for implementation in departments and municipalities with high rates of extreme poverty.

Program type

Community/sub-national

Cost

Total funding was US\$ 38 million. RPS participants received a nutrition/food security transfer equivalent to US\$ 18/month

References

WHO (2013) *Essential Nutrition Actions – Improving maternal, newborn, infant and young child health and nutrition*, which provides a compact of WHO guidance on nutrition interventions targeting the first 1000 days of life. Part I presents the interventions currently recommended by WHO, summarizes the rationale and the evidence, and describes the actions required to implement them. Part II provides an analysis of community-based interventions aimed at improving nutrition and indicates how effective interventions can be delivered in an integrated fashion. It shows how the essential nutrition actions described in the first part have been implemented in large-scale programmes in various settings, what the outcomes have been, and to examine the evidence for attribution of changes in nutritional outcomes to programme activities. This summary of RPS is retrieved from the ENA Part II where RPS I is one of 32 large-scale community-based programs that has been reviewed in detail and evaluated.

http://www.who.int/nutrition/publications/infantfeeding/essential_nutrition_actions/en/

Implementing organisations

Funding sources

Action data

Start date	
Country(ies):	Nicaragua
Status:	Completed
Topic:	Complementary feeding promotion and/or counselling
Target group:	Infants and young children
Age group:	Mothers of children under two years of age
Delivery:	Community-based
Implementation details :	<div>Participation in nutrition and health education sessions on feeding practices in order to receive conditional cash transfer</div>
Coverage level (%):	165 000 persons (approximately 3 % of the population)
Outcome indicator(s):	<p>Height-for-age z-score (HAZ)</p><p>Weight-for-age z-score (WAZ)</p>
Post-intervention:	An increase in HAZ of 0.17 was reported for beneficiary children and stunting decreased in RPS versus control groups by 5.5 ppt. A significant change in underweight was also reported; it decreased in RPS areas (13.7% to 9.8%) while it increased in control areas (14.3% to 16.6%).
Outcome reported by social determinants:	Vulnerable groups

Typical problems Solutions

Other actions from same programme

Red de Proteccion Social Program (RPS) - Conditional cash transfer - Infants and young children|Preschool-age children (Pre-SAC)

Red de Proteccion Social Program (RPS) - Growth monitoring and promotion - Infants and young children|Preschool-age children (Pre-SAC)

Red de Proteccion Social Program (RPS) - Breastfeeding promotion and/or counselling - Lactating women (LW)|Pregnant women (PW)

Red de Proteccion Social Program (RPS) - Promotion of improved hygiene practices including handwashing - Women of reproductive age (WRA)

Red de Proteccion Social Program (RPS) - Iron supplementation - Infants and young children|Preschool-age children (Pre-SAC)

Red de Proteccion Social Program (RPS) - Nutrition education - Women of reproductive age (WRA)