

## Oportunidades - Food distribution/supplementation - Infants and young children|Lactating women (LW)|Pregnant women (PW)|Preschool-age children (Pre-SAC)

Programme: Oportunidades

## Programme Data

**Programme Description**

*Oportunidades* (known as *Progres*a from 1997?2002) is a conditional cash transfer (CCT) programme in operation at the time of writing. It was initiated in rural areas and expanded to include urban areas beginning in 2002, although approximately 70% of programme participants reside in rural areas. Targeting for *Oportunidades* is based on both geography, through identification of localities with high marginality indices, and socioeconomic status, through proxy means testing. Approximately 60 % of households in the bottom decile of per capita expenditures are participants, suggesting effective targeting of the poorest.

**Program type**

Large scale programmes

**Cost**The health and nutrition transfer component of *Oportunidades* is US\$ 15/household per month**References**

WHO (2013) *Essential Nutrition Actions ? Improving maternal, newborn, infant and young child health and nutrition*, which provides a compact of WHO guidance on nutrition interventions targeting the first 1000 days of life. Part I presents the interventions currently recommended by WHO, summarizes the rationale and the evidence, and describes the actions require to implement them. Part II provides an analysis of community-based interventions aimed at improving nutrition and indicates how effective interventions can be delivered in an integrated fashion. It shows how the essential nutrition actions described in the first part have been implemented in large-scale programmes in various settings, what the outcomes have been, and to examine the evidence for attribution of changes in nutritional outcomes to programme activities. This summary of *Oportunidades* is retrieved from the ENA Part II where *Oportunidades* is one of 32 large-scale community-based programs that has been reviewed in detail and evaluated.

[http://www.who.int/nutrition/publications/infantfeeding/essential\\_nutrition\\_actions/en/](http://www.who.int/nutrition/publications/infantfeeding/essential_nutrition_actions/en/)

**Implementing organisations****Funding sources**

- Bilateral and donor agencies and lenders
  - The World Bank

## Action data

Start date	
Country(ies):	Mexico
Status:	On-going
Area:	Urban Rural
Topic:	Food distribution/supplementation for prevention of acute malnutrition
Target group:	Infants and young children Lactating women (LW) Pregnant women (PW) Preschool-age children (Pre-SAC)

