

# Tamil Nadu Integrated Nutrition Programme (TINP II ) - Nutrition education and counselling - Lactating women (LW)|Pregnant women (PW)

Programme: Tamil Nadu Integrated Nutrition Programme (TINP II )

## Programme Data

### Programme Description

TINP II built off the lessons learned during TINP I. The components of TINP II remained the same as those in TINP I, although additional components were added.

Referral of infants and young children and pregnant women as needed

### Program type

Large scale programmes

### Cost

Community health worker (CHW) intensity was reported as 1:150 households, or 40:1000 households.

### References

WHO (2013) *Essential Nutrition Actions – Improving maternal, newborn, infant and young child health and nutrition*, which provides a compact of WHO guidance on nutrition interventions targeting the first 1000 days of life. Part I presents the interventions currently recommended by WHO, summarizes the rationale and the evidence, and describes the actions required to implement them. Part II provides an analysis of community-based interventions aimed at improving nutrition and indicates how effective interventions can be delivered in an integrated fashion. It shows how the essential nutrition actions described in the first part have been implemented in large-scale programmes in various settings, what the outcomes have been, and to examine the evidence for attribution of changes in nutritional outcomes to programme activities. This summary of TINP II is retrieved from the ENA Part II where TINP II is one of 32 large-scale community-based programs that has been reviewed in detail and evaluated.

[http://www.who.int/nutrition/publications/infantfeeding/essential\\_nutrition\\_actions/en/](http://www.who.int/nutrition/publications/infantfeeding/essential_nutrition_actions/en/)

### Implementing organisations

## Action data

Start date	
End date	January 1970
Country(ies):	India
Status:	Completed
Area:	Rural
Topic:	Nutrition education and counselling
Target group:	Lactating women (LW) Pregnant women (PW)
Delivery:	Community-based
Coverage level (%):	Approximately 80 % by area (316/385 rural blocks)
Outcome indicator(s):	Underweight
M&E system:	Among TINP II participants, there was an approximate 6.0 ppt/year decrease in underweight prevalence. In TINP areas, there was an average 1.1 ppt/year decline in underweight prevalence. The sustained rate of reduction in population underweight attributed to TINP II was 1.1 ppt/year.
Other lessons learnt :	Overall, TINP II was found to be successful in achieving its objective to decrease severe malnutrition but not successful in achieving its objective for moderate malnutrition. The latter objective may have been too ambitious, and underlying trends may have been overestimated.

## Other actions from same programme

Tamil Nadu Integrated Nutrition Programme (TINP II ) - Growth monitoring and promotion - Infants and young children|Preschool-age children (Pre-SAC)|School age children (SAC)

Tamil Nadu Integrated Nutrition Programme (TINP II ) - Food distribution/supplementation for prevention of acute malnutrition - Infants and young children|Lactating women (LW)|Pregnant women (PW)|Preschool-age children (Pre-SAC)|School age children ...

Tamil Nadu Integrated Nutrition Programme (TINP II ) - Vitamin A supplementation - Infants and young children|Lactating women (LW)|Pregnant women (PW)|Preschool-age children (Pre-SAC)|School age children (SAC)