

Atención Integral a la Niñez en la Comunidad (AIN-C) - Complementary feeding promotion and/or counselling - Lactating women (LW)|Pregnant women (PW)

Programme: Atención Integral a la Niñez en la Comunidad (AIN-C)

Programme Data

Programme Description

The national Atención Integral a la Niñez en la Comunidad (AIN-C) began in the mid- 1990s and remains in operation at the time of writing as a community-based expansion from the original AIN programme.

Referral to the health facility as needed

Program type

Large scale programmes

Cost

Intensity as measured by Community Health and Nutrition Workers (CHNWs):children is 3:25, where CHNWs work part-time for 3.5 hours weekly. Financial resource intensity is US\$ 6.43/child per year

References

WHO (2013) *Essential Nutrition Actions – Improving maternal, newborn, infant and young child health and nutrition*, which provides a compact of WHO guidance on nutrition interventions targeting the first 1000 days of life. Part I presents the interventions currently recommended by WHO, summarizes the rationale and the evidence, and describes the actions require to implement them. Part II provides an analysis of community-based interventions aimed at improving nutrition and indicates how effective interventions can be delivered in an integrated fashion. It shows how the essential nutrition actions described in the first part have been implemented in large-scale programmes in various settings, what the outcomes have been, and to examine the evidence for attribution of changes in nutritional outcomes to programme activities. This summary of AIN-C is retrieved from the ENA Part II where AIN-C is one of 32 large-scale community-based programs that has been reviewed in detail and evaluated.

http://www.who.int/nutrition/publications/infantfeeding/essential_nutrition_actions/en/

Implementing organisations

Funding sources

- Government
 - Health
- Bilateral and donor agencies and lenders
 - US Agency for International Development (USAID)

Action data

Start date	
Country(ies):	Honduras
Status:	On-going
Topic:	Complementary feeding promotion and/or counselling
Target group:	Lactating women (LW) Pregnant women (PW)
Delivery:	Community-based

Implementation details :	Nutrition counselling for complementary feeding less than 24 months of age
Coverage level (%):	Coverage of the programme by area was 24 of 42 health areas (>50%) in 2006 and by population was 90% of children less than 24 months of age.
Outcome indicator(s):	Height-for-age z-score (HAZ)
	Weight-for-age z-score (WAZ)
M&E system:	Evaluation of the AIN-C was planned as a pre- and post-intervention, project and control comparison study, but the design was altered due to extensive contamination of control communities, non-equivalent groups, and reduced intensity of programme implementation due to changes in funding. A cross-sectional study using baseline data compared AIN-C. participants to non-participants. Mean height-for-age was lower in the AIN-C group as compared to non-participants at less than six months of age. At 6–11 months and 12–23 months of age, there was no difference between AIN-C children and nonparticipants, suggesting a protective effect of AIN-C against growth faltering. Since a pre-/ post- comparison was not possible, this conclusion cannot be certain. Intensity of participation in the programme was based on percentage of possible weighings attended by the child; after controlling for household assets and age of child, for every 1% increase in participation intensity, weight-for-age increased 0.005 z-score

Typical problems Solutions

Other actions from same programme

- Atención Integral a la Niñez en la Comunidad (AIN-C) - Growth monitoring and promotion - Infants and young children
- Atención Integral a la Niñez en la Comunidad (AIN-C) - Breastfeeding promotion and/or counselling - Lactating women (LW)|Pregnant women (PW)
- Atención Integral a la Niñez en la Comunidad (AIN-C) - Iron supplementation - Infants and young children