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Global database on the Implementation of Nutrition Action (GINA)

Familias en Acción - Conditional cash transfer - Women of reproductive age (WRA)

Programme: Familias en Acción

Programme Data

Programme Description

Familias en Acción is a large-scale CCT programme that began in 2002 and remains in operation at the time of writing. Children 7 years of age and younger in the lowest income category are targeted for the programme, which includes roughly the poorest 20% of households. The nutrition/health component transfer for Familias en Acción is US\$ 17/month per mother, independent of the number of children in the household, which is equivalent to approximately 24% of total household expenditure. Conditions for receipt of the transfer include regular health visits and growth monitoring.

Program type

Large scale programmes

Cost

US\$ 204/hd/year. Total annual funding in 2004 was US\$ 95 million.

References

WHO (2013) Essential Nutrition Actions – Improving maternal, newborn, infant and young child health and nutrition, which provides a compact of WHO guidance on nutrition interventions targeting the first 1000 days of life. Part I presents the interventions currently recommended by WHO, summarizes the rationale and the evidence, and describes the actions require to implement them. Part II provides an analysis of community-based interventions aimed at improving nutrition and indicates how effective interventions can be delivered in an integrated fashion. It shows how the essential nutrition actions described in the first part have been implemented in large-scale programmes in various settings, what the outcomes have been, and to examine the evidence for attribution of changes in nutritional outcomes to programme activities. This summary of FA is retrieved from the ENA Part II where FA is one of 32 large-scale community-based programs that has been reviewed in detail and evaluated.

http://www.who.int/nutrition/publications/infantfeeding/essential_nutrition_actions/en/

Implementing organisations

Funding sources

Action data

Start date

Country(ies): Colombia
Status: On-going

Topic: Conditional cash transfer

Target group: Women of reproductive age (WRA)

Age group: Mothers of children below the age of 7 in the lowest income category

Delivery: Community-based

Implementation details: Children 7 years of age and younger in the lowest income category are targeted for the

programme, which includes roughly the poorest 20% of households. The nutrition/health component transfer for Familias en Acción is US\$ 17/month per mother, independent of the number of children in

the household, which is equivalent to approximately 24% of total household expenditure.

Coverage level (%): 66% of municipalities (700/1060) and 5% of the population, roughly 400 000 households or 2.1 million

persons

age z-score (HAZ)

M&E system: Evaluation data of Familias en Acción has demonstrated an increase in HAZ score of 0.161 in

children less than 24 months of age; though this increase is not significant, it translates to a 6.9%

decrease in the risk of being chronically undernourished. In addition, Familias en Acción participants in urban areas experienced an increase in newborn weight of 57.8 g. This finding should be interpreted with caution since the programme was targeted to children, not mothers.

Typical problems Solutions

Other actions from same programme

Familias en Acción - Growth monitoring and promotion - Infants and young children|Preschool-age children (Pre-SAC)|School age children (SAC)

