

The Ghana (Sekondi-Takoradi) Global School Health Policies and Practices Survey (G-SHPPS) was completed by 37 schools during February 2023. The school response rate was 97%. The results are representative of all public and private schools in Ghana (Sekondi-Takoradi). Overall, 0% of the schools enrolled only male students and 5% enrolled only female students. The remaining schools enrolled both male and female students. Overall, 0% were primary schools, 35% were secondary schools, and 65% were a combination of primary and secondary schools. In addition, 11% were rural schools and 87% were urban schools.

	%	95% CI
<b>SCHOOL HEALTH SERVICES</b>		
Percent of schools that regularly provide health services to students, either on school premises only, at a separate facility through a formal agreement with the school, or both	65.1	(51.8-78.4)
<i>School Health Workers (among schools regularly providing health services)</i>		
Percent of schools in which nurses and at least one other type of health worker provide health services to students	50.6	(33.8-67.4)
Percent of schools in which psychologists, counsellors, or social workers provide health services to students	51.1	(34.3-67.9)
Percent of schools that have a health worker available to students two or more days per week on average	27.1	(13.9-40.2)
<i>Health Services for Students (among schools regularly providing health services)</i>		
As part of the health services offered to students, the percent of schools that routinely provide		
<ul style="list-style-type: none"> <li>▪ administration of recommended immunizations as a preventive intervention</li> </ul>	49.7	(32.0-67.5)
<ul style="list-style-type: none"> <li>▪ nutrition screenings (such as for anaemia, malnutrition, and obesity) for at least most students</li> </ul>	32.7	(15.8-49.7)
<ul style="list-style-type: none"> <li>▪ health promotion activities focused on reduced consumption of sugar and sugar-sweetened beverages</li> </ul>	76.7	(62.3-91.0)
<ul style="list-style-type: none"> <li>▪ health promotion activities focused on increased physical activity and limited sedentary behavior</li> </ul>	78.9	(65.2-92.6)
As part of the health services offered to students which may include a clinical assessment and subsequent care and support or referral to another facility for care, the percent of schools that routinely provide		
<ul style="list-style-type: none"> <li>▪ counselling to prevent violence (including intimate partner violence, sexual violence, gender-based violence, bullying, and gang violence)</li> </ul>	91.2	(81.4-100.0)
<ul style="list-style-type: none"> <li>▪ counselling on tobacco, alcohol, and other substance use</li> </ul>	91.0	(82.2-99.8)
<b>SCHOOL PHYSICAL ENVIRONMENT</b>		
<i>Water, Sanitation, and Hygiene</i>		
Percent of schools that have soap and water available at handwashing facilities for students	93.5	(88.4-98.6)
Percent of schools that have drinking water protected from outside contamination available for students	80.0	(69.4-90.5)
Percent of schools in which students have access to improved sanitation facilities that are single sex, functional, and private	60.2	(46.9-73.5)
<i>Injury Prevention and Safety</i>		
Percent of schools that routinely inspect playground equipment, sports facilities, fire extinguishers or other equipment to extinguish a fire, school structures and buildings, school grounds, and the water source for safety issues and hazards	27.8	(15.6-40.0)
<b>FOOD AND NUTRITION SERVICES</b>		
Percent of schools that provide food and nutrition services to students	60.8	(47.6-74.0)

	%	95% CI
<i>Food Preparation (among schools providing food and nutrition services)</i>		
Percent of schools with a policy describing how food served as part of the food and nutrition services should be prepared to maximize its nutritional quality	68.0	(51.1-84.8)
<i>Other Foods and Beverages Available at School</i>		
Percent of schools in which students may purchase foods or beverages from a vending machine, school store, canteen, or snack bar on school premises	95.3	(90.0-100.0)
Among schools in which students may purchase foods or beverages, the percent of schools which have a policy banning the sale of sugar-sweetened beverages to students	52.3	(38.8-65.7)
<i>Food and Nutrition Services Environment</i>		
Percent of schools with a policy prohibiting advertisements or promotions, including sponsorships, for candy, sugar-sweetened beverages, or other unhealthy foods and beverages on school premises	42.1	(28.4-55.8)
<b>HEALTH EDUCATION</b>		
Percent of schools that teach health education	93.9	(87.0-100.0)
Among schools teaching health education, the percent of schools in which a health education teacher or specialist provides most of the health education instruction in the school	70.1	(58.0-82.2)
<i>Content of Health Education (among schools teaching health education)</i>		
Percent of schools that teach students about:		
▪ coping or stress management skills to help them avoid or reduce health risks	60.1	(46.2-74.1)
▪ physical activity and fitness	96.7	(91.0-100.0)
▪ nutrition and dietary behaviour	81.1	(70.3-92.0)
▪ sexual and reproductive health	95.9	(90.9-100.0)
▪ road safety	90.9	(82.5-99.3)
▪ violence and bullying prevention	87.1	(77.0-97.3)
▪ emotional and mental health	69.6	(56.8-82.3)
▪ tobacco and nicotine use prevention	86.3	(77.0-95.5)
▪ alcohol use prevention	85.9	(76.5-95.4)
▪ illicit drug use prevention	89.1	(81.0-97.2)
<b>PHYSICAL EDUCATION</b>		
Percent of schools that teach physical education	97.1	(92.3-100.0)
Among schools teaching physical education, the percent of schools in which a physical education teacher or specialist provides most of the physical education instruction	88.0	(78.5-97.5)
<i>Content of Physical Education (among schools teaching physical education)</i>		
Percent of schools that teach students about:		
▪ movement concepts and skills	85.9	(76.4-95.4)
▪ the value of physical activity for health, enjoyment, challenge, self-expression, and/or social interaction	89.1	(80.9-97.4)

	%	95% CI
<i>Facilities and Equipment (among schools teaching physical education)</i>		
Percent of schools that have a safe and clean indoor space and outdoor space for physical education class	40.1	(26.4-53.9)
<i>Physical Activity or Recreation Clubs</i>		
Percent of schools that regularly provide recess or other physical activity breaks to students during the school day	68.4	(55.5-81.2)
<b>SCHOOL GOVERNANCE AND LEADERSHIP</b>		
<i>School Health Councils, Committees, or Teams</i>		
Percent of schools that have an official council, committee, or team responsible for implementing health promoting school policies, programs, and activities	64.8	(51.3-78.3)
Among schools with an official council, committee, or team responsible for implementing health promoting school policies, programs, and activities, the percent of schools in which this group:		
▪ formally includes student representatives	75.3	(61.4-89.1)
▪ identifies student health needs based on a review of relevant data	52.0	(35.4-68.7)
<b>SCHOOL POLICIES AND RESOURCES</b>		
Percent of schools with a school policy that provides a specific plan or guidance for promoting overall student health	51.1	(36.8-65.4)
Percent of schools that regularly monitor, evaluate, or assess the quality of their health promoting policies, programs, or activities	49.2	(35.3-63.1)
Percent of schools with a policy specifically about becoming or continuing to be a health promoting school	53.3	(39.6-67.1)
<i>Bullying and Violence Prevention</i>		
Percent of schools with a policy specifically prohibiting bullying and fighting among students and corporal punishment and physical, emotional, or sexual abuse of students by teachers or other school staff	85.4	(75.6-95.2)
<i>Tobacco Use Prevention</i>		
Percent of schools with a policy prohibiting use of at least some tobacco or nicotine products among students, teachers and other school staff, and visitors on school premises	69.5	(56.2-82.8)
<i>Alcohol Use Prevention</i>		
Percent of schools with a policy prohibiting use of alcohol among students, teachers and other school staff, and visitors on school premises	75.9	(63.8-87.9)
<i>Illicit Drug Use Prevention</i>		
Percent of schools with a policy prohibiting use of illicit drugs among students, teachers and other school staff, and visitors on school premises	82.2	(71.7-92.7)
<i>Crisis Preparedness and Emergency Response</i>		
Percent of schools with a policy on crisis preparedness, response, and recovery from a natural disaster, conflict, pandemic, or other emergency situation	34.5	(21.3-47.7)

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