

2022 SEKONDI-TAKORADI GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY

This survey is about your health and the things you do that may affect your health. Students like you all over your country are doing this survey. Students in many other countries around the world also are doing this survey. The information you give will be used to develop better health programs for young people like yourself.

DO NOT write your name on this survey or the answer sheet. The answers you give will be kept private. No one will know how you answer. Answer the questions based on what you really know or do. There are no right or wrong answers.

Completing the survey is voluntary. Your grade or mark in this class will not be affected whether or not you answer the questions. If you do not want to answer a question, just leave it blank.

Make sure to read every question. Fill in the circles on your answer sheet that match your answer. Use only the pencil you are given. When you are done, do what the person who is giving you the survey says to do.

Here is an example of how to fill in the circles:

Fill in the circles like this



Not like this

or



Survey

1. Do fish live in water?
 - A. Yes
 - B. No

Answer sheet

1.



Thank you very much for your help.

- How old are you?
 - 11 years old or younger
 - 12 years old
 - 13 years old
 - 14 years old
 - 15 years old
 - 16 years old
 - 17 years old
 - 18 years old or older

- What is your sex?
 - Male
 - Female

- In what grade/class/standard are you?
 - JHS 1
 - JHS 2
 - JHS 3
 - SHS 1
 - SHS 2
 - SHS 3

The next 3 questions ask about your height, weight, and going hungry.

- How tall are you without your shoes on? ON THE ANSWER SHEET, WRITE YOUR HEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE CIRCLE BELOW EACH NUMBER.

Example

Height (cm)		
1	5	3
0	0	0
●	1	1
2	2	2
	3	●
	4	4
	●	5
	6	6
	7	7
	8	8
	9	9
	I do not know 9	

- How much do you weigh without your shoes on? ON THE ANSWER SHEET, WRITE YOUR WEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE CIRCLE BELOW EACH NUMBER.

Example

Weight (kg)		
0	5	2
●	0	0
1	1	1
2	2	●
	3	3
	4	4
	●	5
	6	6
	7	7
	8	8
	9	9
	I do not know 9	

- During the past 30 days, how often did you go hungry because there was not enough food in your home?
 - Never
 - Rarely
 - Sometimes
 - Most of the time
 - Always

The next 4 questions ask about what you might eat and drink.

- During the past 7 days, how many times did you eat fruit, such as oranges, pineapple, watermelon, banana, guava, pear, sweet apple, mangoes, apple, or pawpaw?
 - I did not eat fruit during the past 7 days
 - 1 to 3 times during the past 7 days
 - 4 to 6 times during the past 7 days
 - 1 time per day
 - 2 times per day
 - 3 times per day
 - 4 or more times per day

8. During the past 7 days, how many times did you eat vegetables, such as kontomire, garden eggs, lettuce, cabbage, cucumber, okra, alefu, bira, ayoyo, bean leaves, or abedro?
- A. I did not eat vegetables during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day
9. During the past 7 days, how many times did you drink a can, bottle, or glass of a carbonated soft drink, such as Pepsi, Coca-Cola, Fanta, Miranda, 7-UP, Alvaro, or Sprite? (Do **not** count diet soft drinks.)
- A. I did not drink carbonated soft drinks during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

For this question, sugar-sweetened drinks include sports drinks (Planet, Jeans, Run), energy drinks (Lucozade, Adonko Next Level, Rush, Storm, Blue), 100% fruit juices (Ceres orange or apple juice), fruit drinks that are not 100% juice (Tampico, Bigoo Cocktail, Puma Tropical, Puma Pineapple), sugar-sweetened flavoured milks (Brukina, Mulik), and sugar-sweetened teas, coffees, or flavoured waters.

For this question, DO NOT COUNT carbonated soft drinks measured in the previous question or diet or no calorie drinks.

10. During the past 7 days, how many times did you drink a can, bottle, or glass of a sugar-sweetened drink?
- A. I did not drink sugar-sweetened drinks during the past 7 days
 - B. 1 to 3 times during the past 7 days
 - C. 4 to 6 times during the past 7 days
 - D. 1 time per day
 - E. 2 times per day
 - F. 3 times per day
 - G. 4 or more times per day

The next 3 questions ask about your oral health.

11. During the past 30 days, how many times per day did you **usually** clean or brush your teeth?
- A. I did not clean or brush my teeth during the past 30 days
 - B. Less than 1 time per day
 - C. 1 time per day
 - D. 2 times per day
 - E. 3 or more times per day
12. During the past 30 days, did you **usually** use a toothpaste that contains fluoride when you cleaned or brushed your teeth?
- A. I did not clean or brush my teeth during the past 30 days
 - B. Yes, I usually used a toothpaste that contains fluoride
 - C. No, I did not usually use a toothpaste that contains fluoride
 - D. I do not know if the toothpaste I usually used contains fluoride

13. During the past 30 days, did a problem with your mouth, teeth, or gums cause you to miss classes or school?
- A. Yes
 - B. No

The next 3 questions ask about washing your hands.

14. During the past 30 days, how often did you wash your hands before eating?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
15. During the past 30 days, how often did you wash your hands after using the toilet or latrine?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
16. During the past 30 days, how often did you use soap when washing your hands?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

The next question asks about the toilets or latrines at school?

17. Are the toilets or latrines clean **at school**?
- A. There are no toilets or latrines at school
 - B. Yes
 - C. No

The next 3 questions ask about serious injuries that happened to you. An injury is serious when it makes you miss at least one full day of usual activities (such as school, sports, or a job) or requires treatment by a doctor or nurse.

18. During the past 12 months, how many **times** were you seriously injured?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
19. During the past 12 months, what was the **most serious injury** that happened to you?
- A. I was not seriously injured during the past 12 months
 - B. I had a broken bone, a dislocated joint, or a broken or knocked out tooth
 - C. I had a cut or stab wound
 - D. I had a concussion or other head or neck injury, was knocked out, or could not breathe
 - E. I had a gunshot wound
 - F. I had a bad burn
 - G. I was poisoned or took too much of a drug
 - H. Something else happened to me
20. During the past 12 months, **what was the major cause** of the most serious injury that happened to you?
- A. I was not seriously injured during the past 12 months
 - B. I was in a motor vehicle accident or hit by a motor vehicle
 - C. I fell
 - D. Something fell on me or hit me
 - E. I was attacked or abused or was fighting with someone
 - F. I was in a fire or too near a flame or something hot
 - G. I inhaled or swallowed something bad for me
 - H. Something else caused my injury

The next 2 questions ask about physical attacks. A physical attack occurs when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as a stick, knife, or gun). It is not a physical attack when two students of about the same strength or power choose to fight each other.

21. During the past 12 months, how many times were you physically attacked?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
22. During the past 12 months, did your teacher hit, slap, or physically hurt you on purpose or make you do something that hurt, such as stand or kneel for a long period of time?
- A. Yes
 - B. No

The next question asks about physical fights. A physical fight occurs when two students of about the same strength or power choose to fight each other.

23. During the past 12 months, how many times were you in a physical fight?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times

The next question asks about sexual violence. Being forced to do sexual things that you do not want to do is called sexual violence. Sexual violence may include being kissed or touched, being spied on when you are not fully dressed, being shown someone's private parts, pulling at your clothes to expose your underwear or body, making sexual comments or gestures, and being physically or verbally forced to have sexual intercourse. Sexual violence may occur in person or on social media or the internet.

24. During the past 12 months, how many times did **anyone** force you to do sexual things that you did not want to do?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

The next 4 questions ask about bullying. Bullying occurs when one or more students or other people about your age say or do hurtful or mean things. Bullying can occur when someone teases, threatens, ignores, spreads rumors about, calls someone a bad name, makes sexual remarks, or hits, shoves, or hurts another person over and over again. It is not bullying when two people of about the same strength or power argue or fight or tease each other in a friendly way.

25. During the past 12 months, were you bullied **on school property**?
- A. Yes
 - B. No
26. During the past 12 months, were you bullied when you were **not on school property**?
- A. Yes
 - B. No

Cyber bullying is a form of bullying using social media and other forms of online communication. Cyber bullying may happen on Instagram, Twitter, Snapchat, Facebook, or WhatsApp and other social media platforms or through texting and email.

27. During the past 12 months, were you **cyber** bullied?
- A. Yes
 - B. No
28. During the past 30 days how many times did you feel like not going to school because you were afraid of being bullied?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

The next 4 questions ask about your friendships and feelings.

29. How many close friends do you have?
- A. 0 friends
 - B. 1 friend
 - C. 2 friends
 - D. 3 or more friends
30. During the past 12 months, how often did you feel lonely?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
31. During the past 12 months, how often were you so worried about something that you could not sleep at night?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

32. During the past 12 months, how often did you feel down, depressed, or hopeless or have little interest in or get much pleasure from doing things?
- A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always

Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life. The next 3 questions ask about attempted suicide.

33. During the past 12 months, did you **seriously** consider attempting suicide?
- A. Yes
 - B. No
34. During the past 12 months, did you make a plan about how you would attempt suicide?
- A. Yes
 - B. No
35. During the past 12 months, how many times did you attempt suicide?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

The next 3 questions ask about cigarette use. Cigarettes include manufactured cigarettes, roll-your-own cigarettes, kretek cigarettes, tawa, and bonto.

36. Have you ever tried or experimented with cigarette smoking, even one or two puffs?
- A. Yes
 - B. No

37. How old were you when you first tried smoking a cigarette?

- A. I have never tried smoking a cigarette
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 or 17 years old
- H. 18 years old or older

38. During the past 30 days, on how many days did you smoke cigarettes?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

The next question asks about other forms of smoked tobacco products other than cigarettes. This includes pipes, cigars, mini cigars, cigarillos, waterpipes, hookah, shisha, narghile, hubble-bubble, bidis, and heated tobacco products (HTPs).

39. During the past 30 days, on how many days did you use any form of smoked tobacco products other than cigarettes?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

The next question asks about smokeless tobacco products. This includes snuff, chewing tobacco, dip, betel quid with tobacco, gutka, and tawa.

40. During the past 30 days, on how many days did you use any form of smokeless tobacco products?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

The next question asks about electronic cigarettes. Electronic cigarettes, or e-cigarettes, are electronic devices that usually contain a nicotine-based liquid that is vaporized and inhaled. You may also know them as vape-pens, hookah-pens, electronic hookahs (e-hookahs), electronic cigars (e-cigars), electronic pipes (e-pipes), or e-vaporizers. Some look like cigarettes and others look like pens or small pipes. They are battery-powered devices that produce vapor instead of smoke. They do not contain tobacco.

41. During the past 30 days, on how many days did you use electronic cigarettes?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 to 19 days
- F. 20 to 29 days
- G. All 30 days

The next 10 questions ask about drinking alcohol. This includes drinking beer, akpeteshie, plam wine, pito, gin, brandy, bonsamnsou, yebudidi, schnapps, Johnny Walker, or Guinness. Drinking alcohol does not include drinking a few sips of wine for religious purposes. A “drink” is a glass of wine, a bottle of beer, a small glass of liquor or home brew, or a mixed drink.

42. How old were you when you had your first drink of alcohol other than a few sips?
- A. I have never had a drink of alcohol other than a few sips
 - B. 7 years old or younger
 - C. 8 or 9 years old
 - D. 10 or 11 years old
 - E. 12 or 13 years old
 - F. 14 or 15 years old
 - G. 16 or 17 years old
 - H. 18 years old or older
43. During the past 30 days, on how many days did you have at least one drink containing alcohol?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
44. During the past 30 days, on the days you drank alcohol, how many drinks did you **usually** drink per day?
- A. I did not drink alcohol during the past 30 days
 - B. Less than one drink
 - C. 1 drink
 - D. 2 drinks
 - E. 3 drinks
 - F. 4 drinks
 - G. 5 or more drinks

45. During the past 30 days, what is the largest number of alcoholic drinks you had in a row, that is, within a couple of hours?
- A. I did not drink alcohol during the past 30 days
 - B. 1 or 2 drinks
 - C. 3 drinks
 - D. 4 drinks
 - E. 5 drinks
 - F. 6 or 7 drinks
 - G. 8 or 9 drinks
 - H. 10 or more drinks
46. During the past 30 days, how did you **usually** get the alcohol you drank? SELECT ONLY ONE RESPONSE.
- A. I did not drink alcohol during the past 30 days
 - B. I bought it in a store, shop, or from a street vendor
 - C. I gave someone else money to buy it for me
 - D. I got it from my friends
 - E. I got it from my family
 - F. I stole it or got it without permission
 - G. I got it some other way
47. Where were you the **last time** you had a drink of alcohol?
- A. I have never had a drink of alcohol
 - B. At my home or someone else’s home
 - C. On school property
 - D. While riding in or driving a car or other vehicle
 - E. At a restaurant, bar, pub, or club
 - F. At a public place, such as out on the street, in a parking lot, at a park, or in some other open area
 - G. At a public event, such as a concert or sporting event
 - H. Some other place
48. How many of your friends drink alcohol?
- A. None
 - B. A few
 - C. Some
 - D. Most
 - E. All

49. During your life, how many times have you got into trouble at home, work, or school or got into fights, as a result of drinking alcohol?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 5 times
- D. 6 to 9 times
- E. 10 to 19 times
- F. 20 or more times

Staggering when walking, not being able to speak right, throwing up, and passing out are some signs of being really drunk.

50. During your life, how many times have you drunk so much alcohol that you were really drunk?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 5 times
- D. 6 to 9 times
- E. 10 to 19 times
- F. 20 or more times

51. During the past 12 months, how many times did you attend school under the influence of alcohol?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 5 times
- D. 6 to 9 times
- E. 10 to 19 times
- F. 20 to 39 times
- G. 40 or more times

The next 5 questions ask about drug use. This includes using cannabis (also called marijuana or weed), amphetamines, cocaine, inhalants, heroin, and tramol. Do not count tobacco and alcohol use.

52. How old were you when you first used drugs?

- A. I have never used drugs
- B. 7 years old or younger
- C. 8 or 9 years old
- D. 10 or 11 years old
- E. 12 or 13 years old
- F. 14 or 15 years old
- G. 16 or 17 years old
- H. 18 years old or older

53. During your life, how many times have you used cannabis (also called marijuana and weed)?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 5 times
- D. 6 to 9 times
- E. 10 to 19 times
- F. 20 or more times

54. During the past 30 days, how many times did you use cannabis (also called marijuana and weed)?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 5 times
- D. 6 to 9 times
- E. 10 to 19 times
- F. 20 or more times

55. During your life, how many times have you used amphetamines or methamphetamines (also called **meth**) for non-medical purposes?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 5 times
- D. 6 to 9 times
- E. 10 to 19 times
- F. 20 or more times

56. During the past 12 months, how many times did you attend school under the influence of drugs, such as cannabis (also called marijuana and **weed**) or cocaine?

- A. 0 times
- B. 1 or 2 times
- C. 3 to 5 times
- D. 6 to 9 times
- E. 10 to 19 times
- F. 20 or more times

The next 6 questions ask about sexual intercourse.

57. Have you ever had sexual intercourse?

- A. Yes
- B. No

58. How old were you when you had sexual intercourse for the first time?
- A. I have never had sexual intercourse
 - B. 11 years old or younger
 - C. 12 years old
 - D. 13 years old
 - E. 14 years old
 - F. 15 years old
 - G. 16 or 17 years old
 - H. 18 years old or older
59. The **first time** you had sexual intercourse, how many years younger or older than you was your partner?
- A. I have never had sexual intercourse
 - B. 5 or more years younger
 - C. 3 to 4 years younger
 - D. About the same age
 - E. 3 to 4 years older
 - F. 5 or more years older
 - G. I do not know
60. During your life, with how many people have you had sexual intercourse?
- A. I have never had sexual intercourse
 - B. 1 person
 - C. 2 people
 - D. 3 people
 - E. 4 people
 - F. 5 people
 - G. 6 or more people
61. The **last time** you had sexual intercourse, did you or your partner use a condom or rubber?
- A. I have never had sexual intercourse
 - B. Yes
 - C. No

62. The **last time** you had sexual intercourse, what **one** method did you or your partner use to **prevent pregnancy**? SELECT ONLY ONE RESPONSE.
- A. I have never had sexual intercourse
 - B. No method was used to prevent pregnancy
 - C. Birth control pills
 - D. Condoms
 - E. An IUD or implant
 - F. A shot, patch, or birth control ring
 - G. Withdrawal or some other method
 - H. I do not know

The next question asks about pregnancy.

63. How many times have you been pregnant or gotten someone pregnant?
- A. 0 times
 - B. 1 time
 - C. 2 or more times
 - D. I do not know

The next 4 questions ask about physical activity. Physical activity is any activity that increases your heart rate and makes you breathe hard. Physical activity can be done in sports, playing with friends, walking to school, or in physical education class. Some examples of physical activity are running, fast walking, biking, dancing, football, basketball, table tennis, volleyball, ampe, pilolo, and chaskele.

64. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? ADD UP ALL THE TIME YOU SPENT IN ANY KIND OF PHYSICAL ACTIVITY EACH DAY.
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days

65. During the past 7 days, on how many days did you do exercises to strengthen or tone your muscles, such as push-ups, sit-ups, or weightlifting?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

66. During the past 7 days, on how many days did you walk or ride a bicycle to or from school?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 days
- G. 6 days
- H. 7 days

67. During this school year, on how many days did you go to physical education (PE) class each week?

- A. 0 days
- B. 1 day
- C. 2 days
- D. 3 days
- E. 4 days
- F. 5 or more days

The next question asks about the time you spend mostly sitting or lying down when you are not in school or doing homework.

68. How much time do you spend during a **typical or usual** day sitting or lying down doing such things as watching television, playing computer games, talking with friends, using your mobile phone, traveling in a motor vehicle, napping, or doing other activities sitting or lying down, such as playing board games, draft, or oware? (Do **not** count time spent sleeping at night.)

- A. Less than 1 hour per day
- B. 1 to 2 hours per day
- C. 3 to 4 hours per day
- D. 5 to 6 hours per day
- E. 7 to 8 hours per day
- F. More than 8 hours per day

The next question asks about how much sleep you get.

69. On an average school night, how many hours of sleep do you get?

- A. 4 or less hours
- B. 5 hours
- C. 6 hours
- D. 7 hours
- E. 8 hours
- F. 9 hours
- G. 10 hours
- H. 11 or more hours

The next 9 questions ask about your experiences at school and at home.

70. During the past 30 days, on how many days did you miss classes or school without permission?

- A. 0 days
- B. 1 or 2 days
- C. 3 to 5 days
- D. 6 to 9 days
- E. 10 or more days

71. During the past 30 days, how often were most of the students in your school kind and helpful?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

72. During the past 30 days, how often were you able to talk to someone about difficult problems and worries?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

73. During the past 30 days, how often did your parents or guardians understand your problems and worries?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

74. During the past 30 days, how often did your parents or guardians pay attention and listen to you?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

75. During the past 30 days, how often did your parents or guardians check to see if your homework was done?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

76. During the past 30 days, how often did your parents or guardians **really** know what you were doing with your free time?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

77. During the past 30 days, how often did your parents or guardians go through your things without your approval?

- A. Never
- B. Rarely
- C. Sometimes
- D. Most of the time
- E. Always

78. Who is responsible for taking care of your needs?

- A. Both my father and mother
- B. Only my father
- C. Only my mother
- D. My uncle or aunt or both my uncle and aunt
- E. My grandmother or grandfather or both my grandmother and grandfather
- F. My sister or brother or more than one of my siblings
- G. Some other person

The next question asks about the use of technology. Social media includes Instagram, Twitter, Snapchat, Facebook, WhatsApp, Telegram, Tiktok, and other social media platforms. Online communication includes texting and email.

79. During the past 7 days, how many hours **per day** did you use your mobile phone to be on social media, for online communication, or to browse the internet?

- A. I did not have a mobile phone during the past 7 days
- B. Less than one hour per day
- C. 1 to 2 hours per day
- D. 3 to 4 hours per day
- E. 5 to 6 hours per day
- F. 7 to 8 hours per day
- G. More than 8 hours per day

Beginning in late 2019, the world experienced the coronavirus disease (COVID-19) pandemic. As part of the response to this pandemic, some schools and businesses were closed and some people were required to stay at home. Your community might still be experiencing the pandemic. The next 3 questions ask about the COVID-19 pandemic.

80. During the COVID-19 pandemic, did you attend school from home at least some of the time using a computer, mobile phone, or other electronic device?

- A. Yes
- B. No

81. During the COVID-19 pandemic, were you tested by a doctor or nurse for COVID-19 infection?

- A. Yes
- B. No
- C. I do not know

82. Have you ever received a vaccine to prevent getting infected with COVID-19?

- A. Yes
- B. No
- C. I do not know

The next question asks about physical activity. It is similar to but different than a question you were asked earlier. As a reminder, physical activity is any activity that increases your heart rate and makes you breathe hard. Physical activity can be done in sports, playing with friends, walking to school, or in physical education class. Some examples of physical activity are running, fast walking, biking, dancing, football, basketball, table tennis, volleyball, ampe, pilolo, and chaskele.

83. During the past 7 days, did you do at least **an average of** 60 minutes per day of physical activity across the 7 days?

- A. Yes
- B. No