

Dominica

2009 Fact Sheet



The **2009 Dominica GSHS** measured alcohol use; dietary behaviors; drug use; mental health; physical activity; sexual behaviors; and violence and unintentional injury.

The 2009 Dominica GSHS was a school-based survey of students in Forms 1, 2, 3, and 4. A two-stage cluster sample design was used to produce data representative of all students in Forms 1, 2, 3, and 4 in Dominica. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 84%, and the overall response rate was 84%. A total of 1642 students participated in the Dominica GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13- 15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
Alcohol Use			
Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days	54.5 (50.1-58.9)	54.9 (49.4-60.2)	54.0 (48.1-59.9)
Among students who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before age 14 years	88.4 (84.8-91.3)	88.8 (83.6-92.6)	87.9 (82.7-91.7)
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	33.4 (29.7-37.3)	37.6 (32.6-42.9)	28.8 (25.0-33.0)
Dietary Behaviours			
Percentage of students who were underweight (< -2SD from median for BMI for age and sex)	3.9 (2.5-6.0)	4.7 (2.7-7.9)	2.9 (1.4-6.1)
Percentage of students who were overweight (> +1SD from median for BMI for age and sex)	24.8 (21.6-28.3)	24.0 (19.6-29.0)	25.9 (22.0-30.2)
Percentage of students who were obese (> +2SD from median for BMI for age and sex)	9.1 (6.9-11.9)	8.8 (6.0-12.7)	9.6 (6.6-13.6)
Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days	55.8 (51.5-60.0)	56.3 (50.2-62.2)	55.3 (50.3-60.1)
Drug Use			
Among students who ever used drugs, the percentage who first used drugs before age 14 years	78.5 (72.4-83.5)	79.5 (73.3-84.6)	77.3 (65.9-85.7)
Mental Health			
Percentage of students who ever seriously considered attempting suicide during the past 12 months	20.6 (18.1-23.4)	16.1 (12.8-20.1)	25.2 (21.9-28.9)
Percentage of students who actually attempted suicide one or more times during the past 12 months	15.3 (12.8-18.1)	14.7 (10.9-19.4)	16.0 (13.1-19.3)
Percentage of students who had no close friends	10.2 (8.4-12.4)	12.5 (9.3-16.5)	7.7 (5.7-10.3)
Physical Activity			
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days	23.7 (20.7-26.8)	24.8 (20.4-29.7)	22.6 (19.4-26.0)
Percentage of students who went to physical education (PE) class on three or more days each week during the school year	23.9 (20.1-28.0)	25.9 (20.7-31.7)	21.8 (17.2-27.3)

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Results for students aged 13-15 years	Total	Boys	Girls
Sexual Behaviours			
Percentage of students who ever had sexual intercourse	46.9 (42.2-51.8)	57.0 (49.8-63.9)	36.9 (31.7-42.3)
Among students who ever had sexual intercourse, the percentage who had sexual intercourse for the first time before age 14 years	75.5 (69.4-80.7)	85.1 (78.9-89.7)	60.3 (48.7-70.8)
Among students who ever had sexual intercourse, the percentage who used a condom the last time they had sexual intercourse	65.1 (60.1-69.9)	63.0 (55.3-70.1)	68.2 (60.3-75.1)
Violence and Unintentional Injury			
Percentage of students who were in a physical fight one or more times during the past 12 months	39.1 (35.2-43.2)	47.7 (42.5-52.9)	29.8 (25.3-34.7)
Percentage of students who were seriously injured one or more times during the past 12 months	44.1 (40.1-48.3)	49.4 (43.8-55.0)	38.3 (33.5-43.3)
Percentage of students who were bullied on one or more days during the past 30 days	27.4 (24.0-31.0)	28.7 (23.7-34.3)	26.0 (22.2-30.2)

For additional information, please contact:

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