



# British Virgin Islands

## 2009 Fact Sheet

The **2009 British Virgin Islands GSHS** measured alcohol use; dietary behaviors; drug use; hygiene; mental health; physical activity; protective factors; sexual behaviors; tobacco use; and violence and unintentional injury.

The 2009 British Virgin Islands GSHS was a school-based survey of students in forms 1-5. A census was used to produce data representative of all students in forms 1-5 in British Virgin Islands. The school response rate was 100%, the student response rate was 90%, and the overall response rate was 90%. A total of 1664 students participated in the British Virgin Islands GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13- 15 years are included in the analyses for this fact sheet.

<b>Results for students aged 13-15 years</b>	<b>Total</b>	<b>Boys</b>	<b>Girls</b>
<b>Alcohol Use</b>			
Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days	<b>33.4</b>	<b>30.5</b>	<b>35.5</b>
Among students who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before age 14 years	<b>86.4</b>	<b>89.1</b>	<b>84.2</b>
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	<b>19.3</b>	<b>17.7</b>	<b>20.7</b>
<b>Dietary Behaviours</b>			
Percentage of students who were underweight (< -2SD from median for BMI for age and sex)	<b>2.8</b>	<b>4.0</b>	<b>1.9</b>
Percentage of students who were overweight (> +1SD from median for BMI for age and sex)	<b>36.9</b>	<b>35.8</b>	<b>37.8</b>
Percentage of students who were obese (> +2SD from median for BMI for age and sex)	<b>17.7</b>	<b>17.5</b>	<b>17.9</b>
Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days	<b>63.9</b>	<b>65.0</b>	<b>63.0</b>
<b>Drug Use</b>			
Among students who ever used drugs, the percentage who first used drugs before age 14 years	<b>81.8</b>	<b>*</b>	<b>*</b>
<b>Hygiene</b>			
Percentage of students who usually cleaned or brushed their teeth less than one time per day during the past 30 days	<b>3.1</b>	<b>2.7</b>	<b>3.2</b>
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	<b>2.8</b>	<b>2.7</b>	<b>2.9</b>
<b>Mental Health</b>			
Percentage of students who ever seriously considered attempting suicide during the past 12 months	<b>15.7</b>	<b>10.1</b>	<b>20.5</b>
Percentage of students who actually attempted suicide one or more times during the past 12 months	<b>12.5</b>	<b>9.5</b>	<b>14.9</b>
Percentage of students who had no close friends	<b>7.9</b>	<b>9.2</b>	<b>6.5</b>



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Results for students aged 13-15 years	Total	Boys	Girls
<b>Physical Activity</b>			
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days	<b>27.4</b>	<b>33.2</b>	<b>22.7</b>
Percentage of students who went to physical education (PE) class on three or more days each week during the school year	<b>26.6</b>	<b>28.7</b>	<b>24.6</b>
Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities	<b>62.1</b>	<b>59.2</b>	<b>64.5</b>
<b>Protective Factors</b>			
Percentage of students who missed classes or school without permission on one or more of the past 30 days	<b>18.6</b>	<b>21.4</b>	<b>16.1</b>
Percentage of students whose parents or guardians understood their problems and worries most of the time or always during the past 30 days	<b>36.7</b>	<b>38.8</b>	<b>35.0</b>
Percentage of students whose parents or guardians really knew what they were doing with their free time most of the time or always during the past 30 days	<b>46.3</b>	<b>38.6</b>	<b>52.8</b>
<b>Sexual Behaviours</b>			
Percentage of students who ever had sexual intercourse	<b>35.7</b>	<b>46.9</b>	<b>26.0</b>
Among students who ever had sexual intercourse, the percentage who had sexual intercourse for the first time before age 14 years	<b>76.0</b>	<b>88.7</b>	<b>55.9</b>
Among students who ever had sexual intercourse, the percentage who used a condom the last time they had sexual intercourse	<b>71.6</b>	<b>75.3</b>	<b>65.5</b>
<b>Tobacco Use</b>			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	<b>5.7</b>	<b>7.3</b>	<b>4.3</b>
Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years	<b>92.3</b>	<b>*</b>	<b>*</b>
Percentage of students who reported people smoked in their presence on one or more days during the past seven days	<b>43.8</b>	<b>44.4</b>	<b>43.2</b>
<b>Violence and Unintentional Injury</b>			
Percentage of students who were in a physical fight one or more times during the past 12 months	<b>35.0</b>	<b>45.0</b>	<b>26.3</b>
Percentage of students who were seriously injured one or more times during the past 12 months	<b>42.9</b>	<b>51.7</b>	<b>35.6</b>
Percentage of students who were bullied on one or more days during the past 30 days	<b>17.2</b>	<b>18.3</b>	<b>16.5</b>

\* Indicates less than 100 students.

**For additional information, please contact:**

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