



Jordan STEPS Survey 2019

Tobacco Fact Sheet - Jordanians and Syrians

The WHO STEPwise approach to surveillance (STEPS) is a simple, standardized method for collecting, analyzing and disseminating data on noncommunicable diseases (NCDs) and risk factors. Data are collected on the established risk factors and NCD conditions that determine the major NCD burden, including tobacco use, harmful use of alcohol, unhealthy diet, insufficient physical activity, overweight and obesity, raised blood pressure, raised blood glucose, and abnormal blood lipids. Data from STEPS surveys is used to monitor progress in meeting the global voluntary targets related to specific risk factors such as tobacco, alcohol, diet and physical inactivity. The tobacco indicators from STEPS can be used to evaluate and monitor existing tobacco-control policies and programs.* The STEPS survey on NCD risk factors in Jordan was carried out from 7 July-13 September 2019. The STEPS survey in Jordan was a population-based survey of adult Jordanians and Syrians aged 18–69 years old. A multistage cluster sampling design was used to produce representative data for that age range in Jordan. Survey information was collected electronically using handheld devices. The survey was implemented by the Center for Strategic Studies (CSS) and Ministry of Health. A total of 5713 adults participated in the Jordan STEPS survey.

Highlights [Jordanians and Syrians 18–69 years Old]

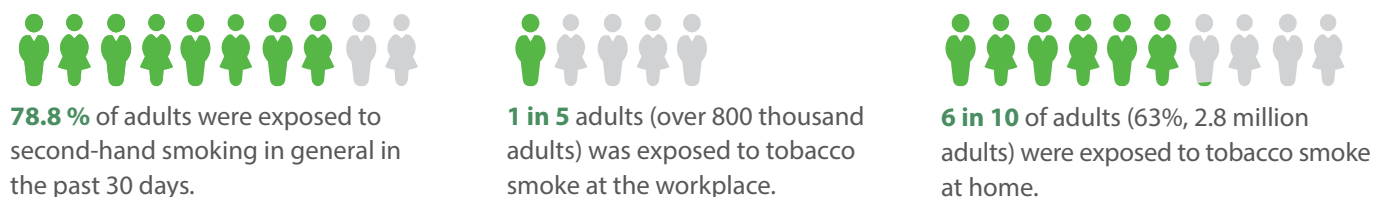
TOBACCO USE/ ELECTRONIC CIGARETTES OR OTHER VAPING DEVICES USE



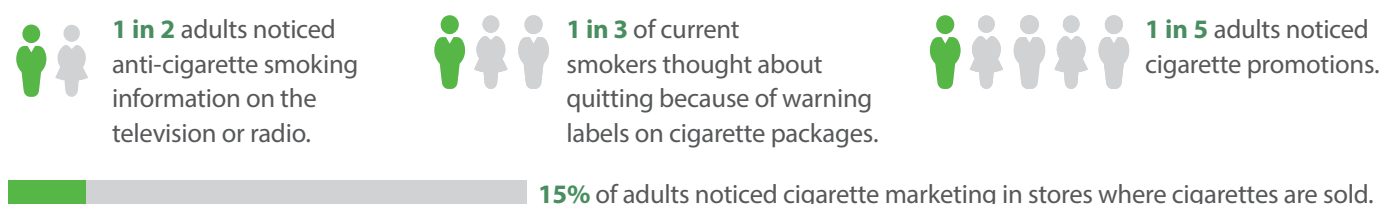
CESSATION



SECOND-HAND SMOKE



MEDIA



ECONOMICS

Average monthly expenditure on manufactured cigarettes was over JOD 60.

* Data presented in this fact sheet relate only to select tobacco indicators. Additional information on tobacco or other NCD risk factors from the survey are available in the data book and STEPs report.

Results for Adults Aged 18–69 Years Old	Both Sexes (95% CI)	Males (95 % CI)	Females (95 % CI)
Tobacco Use¹			
Current Tobacco Users (smoked and/or smokeless tobacco)² (of total population)			
Current tobacco users (daily and non-daily)	41.0% (38.8-43.2)	65.3% (62.3-68.2)	16.4% (14.2-18.6)
Current daily tobacco users	34.6% (32.4-36.7)	58.1% (54.9-61.2)	10.8% (9.1-12.5)
Current Tobacco Smokers³ (of total population)			
Current tobacco smokers	41.0% (38.8-43.2)	65.3% (62.3-68.2)	16.4% (14.2-18.6)
Current daily tobacco smokers	34.6% (32.4-36.7)	58.0% (54.9-61.1)	10.8% (9.1-12.5)
Current cigarette smokers ⁴	32.5% (30.4-34.5)	54.9% (51.8-58.0)	9.9% (8.3-11.5)
Current daily cigarette smokers	30.4% (28.3-32.5)	52.5% (49.3-55.6)	8.3% (6.8-9.7)
Average age started tobacco smoking (years) ⁵	18.2 (17.8-18.5)	17.1 (-)	23.9 (-)
Average number of cigarettes smoked per day (among daily cigarette smokers)	21.1 (20.2-22.0)	22.6 (-)	13.0 (-)
Current Smokeless Tobacco Users (of total population)			
Current smokeless tobacco users	0.2% (0.0-0.4)	0.4% (0.0-0.8)	0.0% (-)
Current daily smokeless tobacco users	0.0% (0.0-0.1)	0.1% (0.0-0.1)	0.0% (-)
Current Electronic Cigarettes and Other Vaping Devices Use^{1, 6} (of total population)			
Current e-cigarettes or other vaping devices users (daily and non-daily)	9.2% (-)	15.0% (-)	2.4% (-)
Current daily e-cigarettes or other vaping devices users	3.9% (2.7-5.1)	6.4% (4.4-8.5)	0.9% (0.1-1.7)
Current non-daily e-cigarettes or other vaping devices users	5.3% (4.2-6.4)	8.6% (6.7-10.4)	1.5% (0.8-2.2)
Current Non-users (smoked and/or smokeless)¹ (of total population)			
Former tobacco users ⁷	5.3% (4.4-6.2)	7.8% (6.2-9.4)	2.8% (2.0-3.6)
Former tobacco smokers ⁸	5.2% (4.3-6.1)	7.7% (6.1-9.3)	2.7% (1.9-3.5)
Never users	53.7% (51.5-55.9)	26.9% (24.2-29.6)	80.8% (78.6-83.0)
Exposure to Second-hand Smoke			
Adults exposed to second-hand smoking in general in the past 30 days ⁹	78.8% (77.2 – 80.5)	75.6% (73.3 – 78.2)	82% (79.8 – 84.1)
Adults exposed to second-hand smoke at home*	62.9% (61.0-64.9)	51.8% (48.8-54.8)	74.2% (71.8-76.5)
Adults exposed to second-hand smoke in the closed areas in their workplace*	18.6% (16.9-20.3)	33.3% (30.2-36.3)	3.8% (2.8-4.8)

Results for Adults Aged 18–69 Years Old	Both Sexes (95% CI)	Males (95 % CI)	Females (95 % CI)
Tobacco Cessation			
Current smokers who tried to stop smoking in past 12 months	44.9% (41.3-48.5)	45.0% (40.8-49.1)	44.6% (38.2-51.1)
Current smokers advised by a health care provider to stop smoking in past 12 months ¹⁰	28.3% (24.9-31.8)	29.3% (25.4-33.2)	24.8% (18.9-30.7)
Health Warnings			
Current smokers who thought about quitting because of a warning label*	31.7% (28.0-35.5)	32.4% (28.1-36.7)	29.0% (22.0-36.0)
Adults who noticed anti-cigarette smoking information on the television or radio *	45.2% (43.0-47.5)	42.1% (38.8-45.5)	48.4% (45.5-51.2)
Adults who noticed anti-cigarette smoking information in newspapers or magazines*	17.1% (15.3-19.0)	17.7% (15.1-20.3)	16.5% (14.2-18.9)
Tobacco Advertisement and Promotion			
Adults who noticed cigarette marketing in stores where cigarettes are sold*	14.7% (13.0-16.3)	18.1% (15.5-20.8)	11.1% (9.0-13.1)
Adults who noticed any cigarette promotions*	17.7% (15.8-19.5)	21.8% (18.9-24.7)	13.4% (11.3-15.4)
Economics	Local Currency		
Average amount spent on 20 manufactured cigarettes	1.85 JOD (1.8-1.9)		
Average monthly expenditure on manufactured cigarettes	60.3 JOD (60.4-65.6)		
Cost of 100 packs of manufactured cigarettes as a percentage of per capita Gross Domestic Product (GDP) [YEAR] ¹¹	5.9% (5.8%-6.1%)		

¹ Potential underreporting among females, especially among younger ones, due to cultural and social context.

² Tobacco users include smoked and smokeless tobacco (manufactured cigarettes, hand-rolled cigarettes, shisha, pipe, cigars, and smokeless tobacco). Current refers to daily and less than daily.

³ Tobacco smokers include manufactured cigarettes, hand-rolled cigarettes, shisha, pipe, and cigars. It does not include smokeless tobacco.

⁴ Includes manufactured cigarettes and hand-rolled cigarettes. Current refers to daily and less than daily.

⁵ 34.7% of adult Jordanian and Syrian current smokers indicated that they started smoking before the age of 16 years, whereas 65.3% indicated that they started smoking at the age of 16 years old and above. This is consistent with the high levels of smoking among minors from the Global Youth Tobacco Surveys (GYTS) conducted over the past years in Jordan and the Eastern Mediterranean Region.

⁶ There is no overlap between prevalence of tobacco smokers and prevalence of e-cigarettes/vaping products users. These are two independent groups, which have only been counted once.

⁷ Current non-users.

⁸ Current non-smokers.

⁹ General second-hand smoking refers to adult population exposed to indoor smoking in all public places (at home, at work, restaurants/cafes, hospitals/health care centers, universities, schools, governmental institutions, public transportation and any other places)

¹⁰ Among those who visited a health care provider in past 12 months.

¹¹ Source and year for per capita GDP: World Bank, 2018.

* During the past 30 days.

† Promotions include free cigarette sample, cigarettes at sale prices, coupons for cigarettes, free gifts upon purchase of cigarettes, clothing or other items with cigarette brand name or logo and cigarette promotions in mail. Adults refer to persons age 18-69 years. Data have been weighted to be nationally representative of all Jordanian and Syrian men and women age 18-69 years residing in Jordan. Technical assistance for the survey was provided by the World Health Organization (WHO) and funding was by US Agency for International Development (USAID).

For additional information, please contact:

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Jordan STEPS Survey 2019

Tobacco Fact Sheet - Jordanians only

The WHO STEPwise approach to surveillance (STEPS) is a simple, standardized method for collecting, analyzing and disseminating data on noncommunicable diseases (NCDs) and risk factors. Data are collected on the established risk factors and NCD conditions that determine the major NCD burden, including tobacco use, harmful use of alcohol, unhealthy diet, insufficient physical activity, overweight and obesity, raised blood pressure, raised blood glucose, and abnormal blood lipids. Data from STEPS surveys are used to monitor progress in meeting the global voluntary targets related to specific risk factors such as tobacco, alcohol, diet and physical inactivity. The tobacco indicators from STEPS can be used to evaluate and monitor existing tobacco-control policies and programs.* The STEPS survey on NCD risk factors in Jordan was carried out from 7 July-13 September 2019. The STEPS survey in Jordan was a population-based survey of adult Jordanians and Syrians aged 18–69 years old. A multistage cluster sampling design was used to produce representative data for that age range in Jordan. Survey information was collected electronically using handheld devices. The survey was implemented by the Center for Strategic Studies (CSS) and Ministry of Health. The data presented in this fact sheet are for Jordanians only. A total of 2910 Jordanian adults participated in the Jordan STEPS survey.

Highlights [Jordanians 18–69 Years Old]

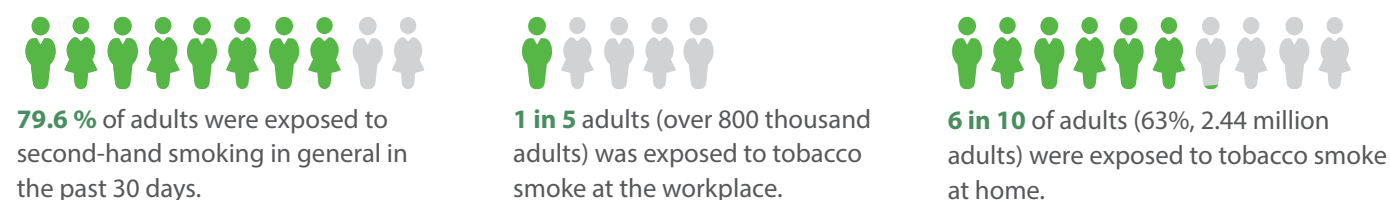
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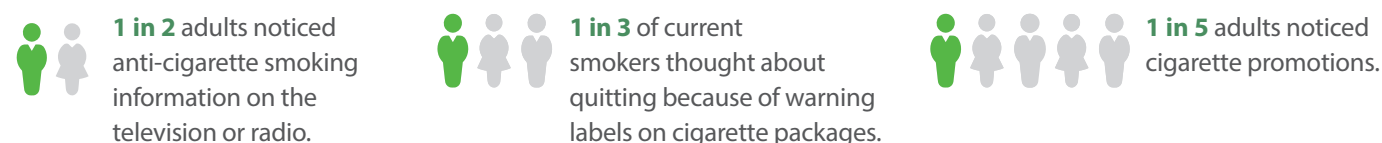
CESSATION



SECOND-HAND SMOKE



MEDIA



15% of adults noticed cigarette marketing in stores where cigarettes are sold.

ECONOMICS

Average monthly expenditure on manufactured cigarettes was over JOD 63.

* Data presented in this fact sheet relate only to select tobacco indicators. Additional information on tobacco or other NCD risk factors from the survey are available in the data book and STEPs report.

Results for Adults Aged 18–69 Years Old	Both Sexes (95% CI)	Males (95 % CI)	Females (95 % CI)
Tobacco Use¹			
Current Tobacco Users (smoked and/or smokeless tobacco)² (of total population)			
Current tobacco users (daily and non-daily)	42.0% (39.6-44.5)	66.1% (62.8-69.3)	17.4% (15.0-19.8)
Current daily tobacco users	35.5% (33.1-37.9)	58.9% (55.5-62.3)	11.5% (9.6-13.5)
Current Tobacco Smokers³ (of total population)			
Current tobacco smokers	42.0% (39.6-44.5)	66.1% (62.8-69.3)	17.4% (15.0-19.8)
Current daily tobacco smokers	35.5% (33.1-37.9)	58.9% (55.4-62.3)	11.5% (9.6-13.5)
Current cigarette smokers ⁴	33.4% (31.1-35.7)	55.8% (52.4-59.3)	10.6% (8.8-12.4)
Current daily cigarette smokers	31.3% (29.0-33.6)	53.3% (49.9-56.8)	8.8% (7.2-10.5)
Average age started tobacco smoking (years) ⁵	18.2 (17.8-18.6)	17.1 (-)	24.0 (-)
Average number of cigarettes smoked per day (among daily cigarette smokers)	21.3 (20.3-22.4)	22.9 (-)	13.0 (-)
Current Smokeless Tobacco Users (of total population)			
Current smokeless tobacco users	0.2% (0.0-0.4)	0.5% (0.0-0.9)	0.0% (-)
Current daily smokeless tobacco users	0.0% (0.0-0.1)	0.1% (0.0-0.2)	0.0% (-)
Current Electronic Cigarettes and Other Vaping Devices Use^{1, 6} (of total population)			
Current e-cigarettes or other vaping devices users (daily and non-daily)	9.6% (-)	15.9% (-)	2.6% (-)
Current daily e-cigarettes or other vaping devices users	4.1% (2.8-5.4)	6.9% (4.6-9.1)	1.0% (0.1- 1.8)
Current non-daily e-cigarettes or other vaping devices users	5.5% (4.4-6.7)	9.0% (6.9-11.1)	1.6% (0.8-2.3)
Current Non-users (smoked and/or smokeless)¹ (of total population)			
Former tobacco users ⁷	5.3% (4.4-6.2)	7.8% (6.2-9.4)	2.8% (2.0-3.6)
Former tobacco smokers ⁸	5.2% (4.3-6.1)	7.7% (6.1-9.3)	2.7% (1.9-3.5)
Never users	53.7% (51.5-55.9)	26.9% (24.2-29.6)	80.8% (78.6-83.0)
Exposure to Second-hand Smoke			
Adults exposed to second-hand smoking in general in the past 30 days ⁹	79.6% (77.8-81.5)	76.3% (73.5-79.0)	83.0% (80.7-85.4)
Adults exposed to second-hand smoke at home*	63.4% (61.2-65.6)	51.8% (48.5-55.2)	75.3% (72.7-77.9)
Adults exposed to second-hand smoke in the closed areas in their workplace*	19.1% (17.2-21.0)	33.7% (30.3-37.1)	4.1% (3.0-5.2)

Results for Adults Aged 18–69 Years Old	Both Sexes (95% CI)	Males (95 % CI)	Females (95 % CI)
Tobacco Cessation			
Current smokers who tried to stop smoking in past 12 months	44.2% (40.3-48.0)	44.1% (39.6-48.6)	44.3% (37.4-51.1)
Current smokers advised by a health care provider to stop smoking in past 12 months ¹⁰	28.1% (24.4-31.9)	29.1% (24.8-33.4)	24.7% (18.4-31.0)
Health Warnings			
Current smokers who thought about quitting because of a warning label*	31.0% (27.0-35.0)	31.7% (27.0-36.4)	28.5% (21.2-35.7)
Adults who noticed anti-cigarette smoking information on the television or radio *	45.7% (43.2 - 48.2)	42.4% (38.7 - 46.1)	49.1% (45.9 - 52.3)
Adults who noticed anti-cigarette smoking information in newspapers or magazines*	17.7% (15.6 - 19.7)	18.3% (15.4 - 21.2)	17.0% (14.4 - 19.6)
Tobacco Advertisement and Promotion			
Adults who noticed cigarette marketing in stores where cigarettes are sold*	15.4% (13.5 - 17.3)	18.9% (16.0 - 21.8)	11.8% (9.5 - 14.1)
Adults who noticed any cigarette promotions*	18.5% (16.4 - 20.5)	22.7% (19.5 - 26.0)	14.0% (11.7 - 16.2)
Economics	Local Currency		
Average amount spent on 20 manufactured cigarettes	1.85 JOD (1.8 - 1.9)		
Average monthly expenditure on manufactured cigarettes	63.4 JOD (60.6 - 66.3)		
Cost of 100 packs of manufactured cigarettes as a percentage of per capita Gross Domestic Product (GDP) [YEAR] ¹¹	5.9 % (5.8 - 6.1)		

¹ Potential underreporting among females, especially among younger ones, due to cultural and social context.

² Tobacco users include smoked and smokeless tobacco (manufactured cigarettes, hand-rolled cigarettes, shisha, pipe, cigars, and smokeless tobacco). Current refers to daily and less than daily.

³ Tobacco smokers include manufactured cigarettes, hand-rolled cigarettes, shisha, pipe, and cigars. It does not include smokeless tobacco.

⁴ Includes manufactured cigarettes and hand-rolled cigarettes. Current refers to daily and less than daily.

⁵ 34.7% of adult Jordanian and Syrian current smokers indicated that they started smoking before the age of 16 years, whereas 65.3% indicated that they started smoking at the age of 16 years old and above. This is consistent with the high levels of smoking among minors from the Global Youth Tobacco Surveys (GYTS) conducted over the past years in Jordan and the Eastern Mediterranean Region.

⁶ There is no overlap between prevalence of tobacco smokers and prevalence of e-cigarettes/vaping products users. These are two independent groups, which have only been counted once.

⁷ Current non-users.

⁸ Current non-smokers.

⁹ General second-hand smoking refers to adult population exposed to indoor smoking in all public places (at home, at work, restaurants/cafes, hospitals/health care centers, universities, schools, governmental institutions, public transportation and any other places)

¹⁰ Among those who visited a health care provider in past 12 months.

¹¹ Source and year for per capita GDP: World Bank, 2018.

* During the past 30 days.

† Promotions include free cigarette sample, cigarettes at sale prices, coupons for cigarettes, free gifts upon purchase of cigarettes, clothing or other items with cigarette brand name or logo and cigarette promotions in mail. Adults refer to persons age 18-69 years. Data have been weighted to be nationally representative of all Jordanian and Syrian men and women age 18-69 years residing in Jordan. Technical assistance for the survey was provided by the World Health Organization (WHO) and funding was by US Agency for International Development (USAID).

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Jordan STEPS Survey 2019

Tobacco Fact Sheet - Syrians only

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Highlights [Syrians 18–69 years Old]

TOBACCO USE/ ELECTRONIC CIGARETTES OR OTHER VAPING DEVICES USE



CESSATION


































SECOND-HAND SMOKE



MEDIA



                               **8%** of adults noticed cigarette marketing in stores where cigarettes are sold.

ECONOMICS

Average monthly expenditure on manufactured cigarettes was over JOD 58.

* Data presented in this fact sheet relate only to select tobacco indicators. Additional information on tobacco or other NCD risk factors from the survey are available in the data book and STEPs report.

Results for Adults Aged 18–69 Years Old	Both Sex- es (95% CI)	Males (95 % CI)	Females (95 % CI)
Tobacco Use¹			
Current Tobacco Users (smoked and/or smokeless tobacco)² (of total population)			
Current tobacco users (daily and non-daily)	32.3% (29.8-34.7)	58.3% (54.4-62.3)	8.3% (6.9-9.7)
Current daily tobacco users	26.9% (24.6-29.1)	50.6% (46.7-54.5)	5.0% (3.9-6.1)
Current Tobacco Smokers³ (of total population)			
Current tobacco smokers	32.2% (29.8-34.7)	58.2% (54.2-62.2)	8.3% (6.9-9.7)
Current daily tobacco smokers	26.9% (24.6-29.1)	50.6% (46.7-54.5)	5.0% (3.9-6.1)
Current cigarette smokers ⁴	24.6% (22.5-26.8)	46.7% (42.8-50.6)	4.7% (3.7-5.7)
Current daily cigarette smokers	23.2% (21.1-25.3)	44.7% (40.9-48.5)	3.7% (2.8-4.7)
Average age started tobacco smoking (years) ⁵	17.8 (17.3- 18.2)	17.2 (16.7- 17.6)	23.1 (-)
Average number of cigarettes smoked per day (among daily cigarette smokers)	25.1 (23.6 – 26.5)	25.7 (24.2 – 27.2)	18.5 (-)
Current Smokeless Tobacco Users (of total population)			
Current smokeless tobacco users	0.0% (0.0-0.1)	0.1% (0.0-0.3)	0.0% (-)
Current daily smokeless tobacco users	0.0% (0.0-0.0)	0.0% (0.0-0.0)	0.0% (-)
Current Electronic Cigarettes and Other Vaping Devices Use^{1, 6} (of total population)			
Current e-cigarettes or other vaping devices users (daily and non-daily)	4.9% (-)	7.6% (-)	1.0% (-)
Current daily e-cigarettes or other vaping devices users	1.7% (0.9-2.4)	2.6% (1.3-3.8)	0.4% (0.0-0.8)
Current non-daily e-cigarettes or other vaping devices users	3.2% (2.0-4.3)	5.0% (3.2-6.9)	0.6% (0.1-1.2)
Current Non-users (smoked and/or smokeless)¹ (of total population)			
Former tobacco users ⁷	4.8% (3.8-5.8)	7.3% (5.3-9.2)	2.5% (1.7-3.2)
Former tobacco smokers ⁸	4.6% (3.6-5.6)	7.0% (5.1-8.9)	2.4% (1.6-3.1)
Never users	62.9% (60.4-65.5)	34.4% (30.4-38.4)	89.2% (87.6-90.8)
Exposure to Second-hand Smoke			
Adults exposed to second-hand smoking in general in the past 30 days ⁹	72.4% (70.1-74.6)	71.2% (67.7-74.7)	73.4 (70.8-76.1)
Adults exposed to second-hand smoke at home*	58.7% (56.4-61.1)	51.5% (47.9-55.1)	65.4% (62.6-68.1)
Adults exposed to second-hand smoke in the closed areas in their workplace*	14.7% (12.9-16.5)	29.4% (26.0-32.8)	1.2% (0.7-1.8)

Results for Adults Aged 18–69 Years Old	Both Sexes (95% CI)	Males (95 % CI)	Females (95 % CI)
Tobacco Cessation			
Current smokers who tried to stop smoking in past 12 months	53.1% (49.0-57.3)	53.5% (48.9-58.1)	50.6% (41.6-59.7)
Current smokers advised by a health care provider to stop smoking in past 12 months ¹⁰	30.6% (26.3-34.9)	31.3% (26.6-36.1)	26.3% (18.9-33.7)
Health Warnings			
Current smokers who thought about quitting because of a warning label*	40.1% (34.8-45.5)	40.3% (34.4-46.2)	38.8% (27.9-49.6)
Adults who noticed anti-cigarette smoking information on the television or radio *	41.3% (38.9-43.8)	39.9% (35.9-44.0)	42.6% (39.6-45.7)
Adults who noticed anti-cigarette smoking information in newspapers or magazines*	12.5% (10.9-14.1)	12.5% (10.0-15.0)	12.6% (10.6-14.5)
Tobacco Advertisement and Promotion			
Adults who noticed cigarette marketing in stores where cigarettes are sold*	7.9% (6.4-9.4)	10.9% (8.0-13.7)	5.1% (3.8-6.3)
Adults who noticed any cigarette promotions*	10.6% (9.0-12.2)	13.1% (10.3-15.9)	8.3% (6.7-9.9)
Economics	Local Currency		
Average amount spent on 20 manufactured cigarettes	1.92 JOD (1.87 -1.96)		
Average monthly expenditure on manufactured cigarettes	58.4 JOD (55.3 - 61.4)		
Cost of 100 packs of manufactured cigarettes as a percentage of per capita Gross Domestic Product (GDP) [YEAR] ¹¹	6.2% (6.0 - 6.3)		

¹ Potential underreporting among females, especially among younger ones, due to cultural and social context.

² Tobacco users include smoked and smokeless tobacco (manufactured cigarettes, hand-rolled cigarettes, shisha, pipe, cigars, and smokeless tobacco). Current refers to daily and less than daily.

³ Tobacco smokers include manufactured cigarettes, hand-rolled cigarettes, shisha, pipe, and cigars. It does not include smokeless tobacco.

⁴ Includes manufactured cigarettes and hand-rolled cigarettes. Current refers to daily and less than daily.

⁵ 34.7% of adult Jordanian and Syrian current smokers indicated that they started smoking before the age of 16 years, whereas 65.3% indicated that they started smoking at the age of 16 years old and above. This is consistent with the high levels of smoking among minors from the Global Youth Tobacco Surveys (GYTS) conducted over the past years in Jordan and the Eastern Mediterranean Region.

⁶ There is no overlap between prevalence of tobacco smokers and prevalence of e-cigarettes/vaping products users. These are two independent groups, which have only been counted once.

⁷ Current non-users.

⁸ Current non-smokers.

⁹ General second-hand smoking refers to adult population exposed to indoor smoking in all public places (at home, at work, restaurants/cafes, hospitals/health care centers, universities, schools, governmental institutions, public transportation and any other places)

¹⁰ Among those who visited a health care provider in past 12 months.

¹¹ Source and year for per capita GDP: World Bank, 2018.

* During the past 30 days.

† Promotions include free cigarette sample, cigarettes at sale prices, coupons for cigarettes, free gifts upon purchase of cigarettes, clothing or other items with cigarette brand name or logo and cigarette promotions in mail. Adults refer to persons age 18-69 years. Data have been weighted to be nationally representative of all Jordanian and Syrian men and women age 18-69 years residing in Jordan. Technical assistance for the survey was provided by the World Health Organization (WHO) and funding was by US Agency for International Development (USAID).

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