

Barbuda

2009 Fact Sheet

The **2009 Barbuda GSHS** measured alcohol use; dietary behaviors; drug use; hygiene; mental health; physical activity; protective factors; sexual behaviors; tobacco use; and violence and unintentional injury.

The 2009 Barbuda GSHS was a school-based survey of students in Forms 1-4 and Grades 7-9. A census was used to produce data representative of all students in Forms 1-4 and Grades 7-9 in Barbuda. The school response rate was 100%, the student response rate was 68%, and the overall response rate was 68%. A total of 80 students participated in the Barbuda GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13- 15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
Alcohol Use			
Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days	62.2	60.5	63.1
Among students who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before age 14 years	74.9	75.6	84.2
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	33.6	40.3	22.9
Dietary Behaviours			
Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days	80.5	86.0	77.3
Drug Use			
Among students who ever used drugs, the percentage who first used drugs before age 14 years	77.2	*	*
Hygiene			
Percentage of students who usually cleaned or brushed their teeth less than one time per day during the past 30 days	3.5	4.3	0.0
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	7.2	8.5	7.6
Mental Health			
Percentage of students who ever seriously considered attempting suicide during the past 12 months	21.4	14.8	32.5
Percentage of students who actually attempted suicide one or more times during the past 12 months	27.7	24.5	36.6
Percentage of students who had no close friends	6.4	6.8	7.6
Physical Activity			
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days	27.1	23.6	31.6
Percentage of students who went to physical education (PE) class on three or more days each week during the school year	18.8	16.9	16.1
Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities	51.8	44.3	58.1

Barbuda

2009 Fact Sheet

Results for students aged 13-15 years	Total	Boys	Girls
Protective Factors			
Percentage of students who missed classes or school without permission on one or more of the past 30 days	35.4	43.7	32.4
Percentage of students whose parents or guardians understood their problems and worries most of the time or always during the past 30 days	42.7	36.7	50.0
Percentage of students whose parents or guardians really knew what they were doing with their free time most of the time or always during the past 30 days	39.6	32.1	55.4
Sexual Behaviours			
Percentage of students who ever had sexual intercourse	46.4	61.8	31.0
Among students who ever had sexual intercourse, the percentage who had sexual intercourse for the first time before age 14 years	78.0	80.9	*
Among students who ever had sexual intercourse, the percentage who used a condom the last time they had sexual intercourse	82.3	90.6	*
Tobacco Use			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	7.3	12.8	0.0
Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years	85.9	*	*
Percentage of students who reported people smoked in their presence on one or more days during the past seven days	56.5	61.3	45.8
Violence and Unintentional Injury			
Percentage of students who were in a physical fight one or more times during the past 12 months	66.7	68.3	58.3
Percentage of students who were seriously injured one or more times during the past 12 months	70.3	68.1	66.8
Percentage of students who were bullied on one or more days during the past 30 days	50.0	65.3	40.4

* Indicates less than 10 students.

For additional information, please contact:

Cleo Clothilda Hampson, MCH coordinator
Ministry of Health, Antigua, hampson_ccm@hotmail.com