

APPENDIX III: Questionnaire

- The table of questions below is a condensed version of the questionnaire actually used, for the sake of concision.
- The questionnaire that was actually used was translated in Creole.
- The questionnaires was administered to participants by senior nurses online on laptop using a data entry software (Esurvey 2.0) developed specifically for the survey.
- The survey software displayed one question and all its possible answers in one screen, one question at a time.
- Questions derived from the WHO STEPS questionnaire are indicated.

The following introduction was read to all participants (in Creole):

Premyerman, mon woule asir ou ki tou repons ki ou pe al donn isi pou reste toutafe konfidansyel.

Apar pour rezilta ki ou pou gannnen ozordi (tel ki kolesterol ek disik dan disan), tou lanaliz pou ganny fer avek database ki napa okenn non participan.

Nou pou demann ou limero telefon aköz i posib ki nou pou kontakte pli tar enn de dimoun ki ti ava kapab benefisie avek en tretman spesyal pour sa bann kondisyon tel ki dyabet ou kolesterol.

Osi, nou rapel ou ki ou annan tou drwa pou refize reponn enn ou lot kestyon.

Finalman, nou pa la pour ziz okenn keksoz, me plito pou gannnen en bon lenformasyon lo sitiasyon maladi kardyovaskiler dan Sesel.

Alor nou pe demann ou pou reponn kestyon dan en fason pli zis ki posib, pour nou kapab ganny, a la fen sa letid, en lenformasyon ki ava permet nou donn pli bon servis lasante dan bann prosen lannen.

#	STEPS	ID	Questions	Answers	Filters
1	I10	Last name	Lastname	Last name	
2	I11	First name	Firstname	First name	
3	C1	Sex	Sex -from MISD database	1: male; 2: female	
4	C3	Age	Age - from MISD database	Age	
5	C5	Eth	Ethnic group, predominantly - assessed by UPCCD officer	1: African; 2: Mixed; 3: White; 4: Indian; 5: Chinese	
6	I5	DatConv1	Date convocation - from MISD database	DatConv	
7	I1	Dist	District - from MISD database	Dist	
8		MPD	MPD - from MISD database	1: Mahe; 2: Praslin or La Digue	
9		Subject ID	Subject ID - from MISD database	Subject ID	
10	I4	Interviewer	Interviewer-computer	1: JW; 2: BW	
11	I8v	I01	In which language do you want to answer the questions	1: creole; 2: english; 3: french	
12	I7	I02	Do you agree with the consent form and sign it	1: yes; 2: yes with reservation	
13	I12-I13	I04	It is possible that we contact you later in relation to treatment or results for conditions such as diabetes or cholesterol. Can you give us a phone number at home (NA if no phone, name of other person if phone from someone else)	text	
14		I05	Do you have any other phone numbers such as a mobile phone or other phone (NA if not available) - <u>followed by 1st BP measurement</u>	text	
15		I06	Did you participate in previous surveys of CVD that were done in 1989 and 1994	1: none; 2: 1989; 3: 1994; 4: both	
16	C6	S01	Which higher school level did you reach	1: no school; 2: some primary; 3: full primary; 4: some secondary; 5: full secondary (including NYS); 6: basic post secondary (politeknik); 7: univ, specialized school	

#	STEPS	ID	Questions	Answers	Filters
17	C8v2	S02	How many children do you have	nb kids	
18	C8v1	S03	How many people are staying in your house, including you	nb people/home	
19	C7v1	S04	Which category better corresponds to your job situation during the past 12 months	1: working; 2: housewife/houseman; 3: student; 4: not working but able to work; 5: unable to work; 6: pensioned	
20	C7v2	S05	Which work do you do currently (it you are not working now, what was your last job)	text	
21	C7v3	S06	Job category (filled by interviewer)	1: professional; 2: qualified non-manual (teacher); 3: semiqualfied non-manual (clerk); 4:qualified manual (trained mechanic); 5: semiqualfied manual (some training); 6: nonqualified (laborer); 7: other (student)	
22	C9v1	S07	Can you tell me your monthly salary. For those uncomfortable with the q: in which of the following categories does you salary fall	1: <1000; 2: 1000-2000; 3: 2001-3000; 4: 3001-5000; 5: 5001-10000; 6: >10000	
23	C9v2	S08	Over the last year, can you tell me the approximate earnings of your household (account for salary of Mr, Mrs, children, etc) (Note: many people would report what is given to head of family to contribute to small bills (electricity, telephone) and food but do not account for large part of their salary)	1: <1000; 2: 1000-2000; 3: 2001-3000; 4: 3001-5000; 5: 5001-10000; 6: 10001-15000; 7: >15000	
24	S1a	T02	Do you currently smoke cigarettes, cigars or pipe?	1: yes; 2: no	No: T10
25	S1b	T03	Do you smoke cigarettes every day	1: yes; 2: no	No: T10
26	S2a	T04	How old were you when you started smoking cigarettes every day	age	
27	S3cigma nufactu	T05	On average, how many cigarettes do you smoke per day	nb cig/d	
28		T06	Do you smoke every day cigarettes that you roll, or cigars or pipe	1: yes; 2: no	No: T13
29	S3v-cigrolled	T07	Do you smoke every day cigarettes that you roll	1: yes; 2: no	
30	S3v-pipe	T08	Do you smoke pipe every day	1: yes; 2: no	
31	S3v-cigars	T09	Do you smoke every day cigars	1: yes; 2: no	
32	S4	T10	In the past, did you smoke cigarettes every day at some time	1: yes; 2: no	No: T13
33	S5a	T11	How old were you when you stopped smoking	age	
34	S5b	T12	How old were approximately you when you started smoking every day	age	
35	S6ab	T13	Did you ever chew tobacco	1: never; 2: in the past, not now; 3: currently, not every day; 4: currently, every day	
36	D1a	N02	In 1 typical week, on how many days do you eat fruit on average (fresh, can, frozen, card)	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
37	D1b	N03	On one of those days, how many servings ("portion") of fruit do you eat	nb servings	
38	D2a	N04	In 1 typical week, on how many days do you eat vegetables (legim) on average (card)	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
39	D2b	N05	On one of those days, how many servings of vegetables do you eat	nb servings	
40		N06	In 1 w, on how many days do you eat "gro manze" on average (think of breadfruit, cassava, sweet potato, cooked banana)	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
41		N07	In 1 w, on how many days do you eat cereals, on average, such as cornflakes, hotmeal, weetabics, others	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	

#	STEPS	ID	Questions	Answers	Filters
42		N08	In 1 w, on how many days do you eat rice on average	1: every day, twice; 2: everyday once; 3: 5-6 d/w; 4: 3-4 d/w; 5: 1-2 d/w; 6: <1 d/w	
43		N09	In 1 w, on how many days do you eat salad on average, think of water crest, tomato, carrots, cabbage, cucumber, 'patol', 'margoz', and others	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
44		N10	In 1 w, on how many days do you eat cheese on average	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
45		N11	In 1 w, on how many days do you drink milk on average (not accounting for milk in tea/coffee)	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
46		N12	In 1 w, on how many days do you eat fish on average, fresh or in can	1: every day, twice; 2: everyday once; 3: 5-6 d/w; 4: 3-4 d/w; 5: 1-2 d/w; 6: <1 d/w	
47		N13	In 1 w, on how many days do you eat poultry on average	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
48		N14	In 1 w, on how many days do you eat meat on average (not accounting for chicken, bacon, sausage, corned beef)	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
49		N15	In 1 w, on how many days do you eat sausage, bacon, corned beef, ham, luncheon meat, on average	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
50		N16	In 1 w, on how many days do you eat salted snacks such as gato piman, samosa, banana chips, cassava chips, potato chips, breadfruit chips, peanuts, pizza, 'pate' (baked meat)	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
51		N17	In 1 w, on how many days do you eat sweet snacks such as chocolate, biscuits, ice-cake, ice-cream, sweets, cakes, etc	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
52		N18	Did you take vitamins pills in the past 4 weeks	1: none; 2: 2-3 times; 3: every day	N: N20
53		N19	Which vitamin	type	
54	D3v	N20	Which type of oil or fat do you use most often for frying	1: turkey; 2: vegetable; 3: olive; 4: margarin; 5 butter; 6:other; 7: any	
55	D3v	N21	Which type of oil or fat do you use most often for cooking, but not for frying	1: turkey; 2: vegetable; 3: olive; 4: margarin; 5 butter; 6:other; 7: any	
56		N22	Do you use butter of margarin to spread on butter	1: nothing; 2: butter; 3: margarin; 4: other; 5: any	
57		N23	In 1 w, on how many days do you drink tea on average	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
58		N24	In such days, how many cups of tea do you drink per day on average	nb cups/d	
59		N25	In 1 w, on how many days do you drink coffee on average	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
60		N26	In such days, how many cups of coffee do you drink per day on average	nb cups/d	
61		N27	In 1 w, on how many days do you drink lemonade/soft drinks on average (do not count soda, fruit juice, or plain water)	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
62		N28	In such days, how many bottles or glasses of lemonade/soft drink do you drink per day on average	nb cups-bottles/d	
63		N29	In 1 w, on how many days do you drink juice in packet ("juice dan pake") on average	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
64		N30	In such days, how many small packets or glasses of juice you drink per day on average	nb cups-bottles/d	
65		N31	In 1 w, on how many days do you drink fresh juice on average	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
66		N32	In 1 w, on how many days do you drink water on average (soda, bottles, tap water, etc)	1: everyday; 2: 5-6 d/w; 3: 3-4 d/w; 4: 1-2 d/w; 5: <1 d/w	
67		N33	In such days, how many glasses of water do you drink per day on average	glasses of water/day (1 bottle 5 dl=2 glasses)	
68	A1a	O02	Did you ever drink alcohol beverages such as bear, wine, spirit or others at any time in your life	1: yes; 2: no	No: E1
69	A1b	O03	Did you drink bear, wine, spirit or other alcohol beverages during in the past 12 months	1: yes; 2: no	No: E1

#	STEPS	ID	Questions	Answers	Filters
70	A2	O04	On average, how often do you drink at least one drink per day	1: 5d+/w (daily); 2: 1-3d/w (weekly); 3: 1-3d/m (monthly); 4: less than monthly; 5 never (t03=no) (added in dta; jun05): 5: not on past year; 6 never	
71	A3v1	O05	On average, how many drinks do you have on a week day (mon-thursday), think of any type of alcohol drinks	nb drink/weekday (if oh at least monthly)	
72	A3v2	O06	On average, how many drinks do you have on Friday	nb drink/Friday (oh at least monthly)	
73	A3v3	O07	On average, how many drinks do you have on Saturday	nb drink/Saturday (oh at least monthly)	
74	A3v4	O08	On average, how many drinks do you have on Sunday	nb drink/Sunday (oh at least monthly)	
75		O09	On special occasions such as celebrations, pay days, end of the month, etc, how many drinks can you drink in one day?	nb drink/special day (oh at least monthly)	
76		O10	Now, think of your alcohol consumption in a whole week, weekdays + week ends. How many bottles of beer (not guinness) do you drink in 1 week, on average	nb bottles beer/w	
77		O11	How many bottles of guinness (not another beer) do you drink in 1 week, on average	nb bottles guinness/w	
78		O12	How many bottles of wine do you drink in 1 week, on average	nb glasses wine/w (1bottle=5 glasses)	
79		O13	How many pegs of spirit (whisky, takamaka, rum, liker) do you drink in 1 week, on average	nb pegs spirit/w	
80		O14	Do you drink baka, kalu or lapire at times?	1: yes; 2: no	No: O18
81		O15	How many bottles of baka do you drink in 1 week, on average	nb bottles (1.5l) baka/w	
82		O16	How many bottles of kalou do you drink in 1 week, on average	nb bottles (1.5l) kalou/w	
83		O17	How many bottles of lapire do you drink in 1 week, on average	nb bottles (1.5l) lapire/w	
84	A5	O18	In the past 12 months, which was the largest amount of drinks you had on one single day counting all types of standard drinks altogether	nb drinks/day	
85	A6v	O19	In a typical month (4 wks), on how many days do you drink more than 5 (men) 4 (women) standard drinks per day, on average (card)	nb days /month	
86	P1-v	E03	<i>We will now speak of physical exercise. Think first of PA during work time, which also includes house work. Do not count for PA during lunch time. Do you walk or do any physical exercise (PA) for >10 min at a time during your working time, or, are you most often sitting or standing</i>	1: yes PA for >10 min; 2: not PA for >10 min	No: E12
87	P2	E05	<i>I will ask you Q on PA that is either vigorous or moderate during your working time. Let's start with PA that is vigorous during your working time. Does your work (also at home) involve vigorous ("for") PA for at least 10 min at a time, such as lifting heavy weights, digging, construction, etc,</i>	1: yes; 2: no	No: E9
88	P3a	E06	In a typical week (7d), on how many days do you do vigorous PA as part of your work for >10 min at a time	nb days/w	
89	P3b	E07	How much time do you spend doing vigorous PA as part of your work in such a typical day	nb min/day	
90	P4	E09	<i>Now think of PA that is moderate during working time such as walking, lifting light weights, etc. Does your work (also at home) involve moderate-intensity PA for at least 10 min at a time, such as walking, lifting light weights, etc (not counting for vigorous PA nor walking to go to/from your work place)</i>	1: yes; 2: no	No: E12
91	P5a	E10	In a typical week (7d), on how many days do you do such moderate-intensity PA for >10 min at a time as part of your work	nb days/w	
92	P5b	E11	How much time do you spend doing moderate-intensity PA on such a typical day	nb min/d	

#	STEPS	ID	Questions	Answers	Filters
93	P6	E12	How long is your typical work day	hours/day	
94	P7	E14	<i>Now i will ask you how long you walk to and from places, not accounting for walking during working time. Do you walk for more than 10 min continuously to get to/from places like workplace, church, shops, during workdays and weekdays (not accounting for walking during work time)</i>	1: yes; 2: no	No: E17
95	P8a	E15	In a typical week, on how many days do you walk continuously for at least 10 min to get to and from places (not counting for walking during working time)	nb days/w	
96	P8b	E16	How much time do you spend walking to/from places on such a typical day (not accounting for walking during working hours)	nb min/d	
97	P9	E18	<i>Next Q are on PA during leisure time. Think of activities you do for fun, recreation, fitness or sport. Do not include PA during work or walking to get to/from places that we have already discussed. In your leisure time, do you do vigorous or moderate-intensity PA lasting at least 10 min at a time (think of PA such as walking for exercise, sport, swimming, dancing, but do not include walking to go to places nor PA during working time)</i>	1: yes; 2: no	No: E27
98	P10	E20	<i>I will start with Q on heavy activities during leisure time, such as cycling, weight lifting, running and then i will ask you Q on moderate-intensity activities such as walking for exercise, gardening, swimming, dancing. In your leisure time, do you do any vigorous PA for at least 10 min at a time, such as cycling, running, sport such as football, weight lifting or similar intense sports, etc</i>	1: yes; 2: no	No: E23
99	P11a	E21	In a typical week (7d), on how many days do you do vigorous PA as part of your leisure time	nb days/w	
100	P11b	E22	How much time do you spend doing such vigorous PA during your leisure time on a typical day	nb min/d	
101	P12	E24	Now i will ask you Q on moderate PA during your leisure time. In your leisure time, do you do moderate-intensity PA for at least 10 min at a time, such as brisk walking, swimming, dancing, gardening, etc	1: yes; 2: no	N: E27
102	P13a	E25	In a typical week (7d), on how many days do you do such moderate-intensity PA during your leisure time	nb days/w	
103	P13b	E26	How much time do you spend doing such moderate-intensity PA during your leisure time on such a typical day	nb min/d	
104		E28	<i>Next Q are on sedentary activities. On average, how much time do you spend watching TV, videos or films during weekdays</i>	1: <1h/d; 2: 1-2 h/d; 3: 3-4 h/d; 4: 5 h+/d; 6: dont watch tv/videos	
105		E29	On average, how long do you watch TV or videos during weekend days	1: <1h/d; 2: 1-2 h/d; 3: 3-4 h/d; 4: 5 h+/d; 6: dont watch tv/videos	
106		E30	Do you use a computer at home	1: yes; 2: no	No: E33
107		E31	On a week day, how long do you use a computer at home	1: <10 min/d; 2: 10-30 min; 3: 30-60 min; 4: 1-2 h/d; 5: >2h/d	
108		E32	On a day of the week end, how long do you use a computer at home	1: <10 min/d; 2: 10-30 min; 3: 30-60 min; 4: 1-2 h/d; 5: >2h/d	
109		E33	How long do you have to walk between your house and the next bus stop	1: <5min; 2: 5-10min; 3: 10-15min; 4: 15-30min; 5: 30+ min	
110		E34	Does anyone in your household have a car or a pickup	1: no; 2: in the family; 3: my own	
111		B02	Did you ever heard of HBP or hypertension (tansyon)	1: y; 2: n	No: D1
112	H1	B03	When was the last time you had your BP checked by a health officer	1: <12m; 2: 1-5yr; 3: >5yr; 4: dnk	
113	H2v	B04	Were you told by a dr or a health officer that you have elevated BP or hypertension ("tansyon")	1: yes; 2: no	No: B20
114		B05	How many years ago were you first told that you had HBP	1: <12 m; 2: 1-5yr; 3: 5-10yrs; 4: >10 years; 5: dnk	
115	H3a-M15	B06	Are you receiving a treatment for HBP	1: y; 2: n	No: B11

#	STEPS	ID	Questions	Answers	Filters
116		B07	Which medication	1: diuretic not lasix; 2: bb; 3: ccb; 4: acei/arb; 5: methyldopa; 6: other; 7: did not bring list	
117		B08	If other medication, which other medication		
118		B08lasix	Lasix	1: yes	
119		B08aspirin	Aspirin	1: yes	
120		B09	Who prescribed the medication	1: clinic/hospital dr; 2: dr private; 3: both; 4 dr abroad	
121		B10	It is very difficult to take pills every day. On average how frequently did you take your medication	1: i take my pills every day; 2: i forgot on 1-2 days in a week, on average; 3: i forgot often to take my pills; 4: I took none or almost none	
122	H3bv	B11	Were you advised to limit salt	1: y; 2: n	
123	H3c	B12	Were you advised to lose weight or control weight	1: y; 2: n	
124	H3d	B13	Were you advised to stop/refrain of smoking	1: y; 2: n	
125	H3e	B14	Were you advised to start or increase physical exercise	1: y; 2: n	
126	H4	B15	In the past 12 m, did you consult an 'erbalis' or traditional practioner to treat your BP	1: y; 2: n	No: B18
127	H5	B16	Are you taking any traditional medicine or lafresisan for your BP	1: y; 2: n	No: B18
128		B17	Which 'lafresisan' are you taking	Text	
129		B18	During the past 12 m, when you checked your BP, did you see the same dr ?	1: always or almost; 2: often; 3: rarely	
130		B19	When you have your BP checked in a health center, do you think it is important for you to see the same dr	1: very important; 2: fairly important; 3: not important	
131		B20yn	Can tell at least one value of own BP	1: some value; 2: DNK	
131		B20	Can you tell me one or two of your BP readings	text, DNK=0	
132		B21yn	Can tell some value for normal BP	1: some value; 2: DNK	
132		B21	In your opinion, can you tell me one or two numbers for upper limits for normal BP	text, DNK=0	
133		B22	How do you consider your risk of getting a disease that is due to your BP (Ki manyer ou vwar risk lo ou lasante aköz nivo ou tansyon)	1: low/ba; 2: medium/mwayen; 3: high/o; 4: i cannot figure out	
134		B23	In general, do you think that someone can feel when BP is high	1: rarely; 2: often; 3: always or almost always	
135		B24	In general, for how long someone who has high BP should take pills to reduce BP	1: 2-3d; 2: 2-3 w; 3: 2-3m; 4: several years; 5: DNK	
136		D01	Have you ever heard of diabetes of high blood sugar	1: yes; 2: no	No: D15
137	H6	D02	Did you check your blood sugar in the past 12 months	1: yes; 2: no; 3 dnk	
138	H7	D03	Have you ever been told by a dr or health worker that you had diabetes	1: yes; 0: no	No: D14
139		D04	How many years ago were you first told that you had diabetes	1: <12m; 2: 1-5yrs; 3: 5-10; 4: >10yr	
139.1		D05yn	Treatment for diabetes	1:yes 0:no	
140	H8ab	D05	Are you currently taking any of the following treatment	1: Glibenclamide; 2: Metformin; 3: Insulin; 4: other; 5: none; 6: dnk/did not bring list medic	
141	H8c	D07	Did you receive advice for your diet	1: yes; 2: no	
142	H8d	D08	Did you get advice to reduce or control your weight	1: yes; 2: no	
143	H8f	D09	Did you receive advice to start or increase physical exercise	1: yes; 2: no	
144	H8e	D10	Did you receive advice to refrain from smoking	1: yes; 2: no	
145	H9	D11	During the past 12 months, did you see an 'erbalis' or traditional healer for your diabetes	1: yes; 2: no	

#	STEPS	ID	Questions	Answers	Filters
146	H10	D12	Are you taking any "lafresisan" or traditional treatment for your diabetes	1: yes; 2: no	No: D14
147		D13	Which lafresisan	text	
148		D14	Do you know someone in your family who has diabetes	1: none; 2: parents & siblings; 3: other family (uncles, aunts, cousins)	
149		D15	People from Indian origin tend to have diabetes more often. Do you have parents of Indian descent?	1: parent/grandparent; 2: family beyond grandparents; 3: no	
150		L01	Have you heard of blood cholesterol	1: yes; 2: no	No: M3
151		L02	Have you ever checked your cholesterol	1: yes; 2: no; 3: dnk	
152		L03	Did a dr tell you that you had high blood cholesterol	1: yes; 2: no	No: L5
153		L04	Did a dr prescribe pills to reduce your blood cholesterol	1: never; 2: yes in the past but i do not take it now; 3: yes and i take it now	
154		L05	Does someone in your family have high blood cholesterol. Followed by 2 nd BP check	1: yes; 2: no	
155		W01	Let s talk now on body weight. Do you think your weight is too high, good ('bon'), or too little	1: largely too high; 2: a little too high; 3: good ('bon'); 4: too low	3/4: P01
156		W02	Do you take concrete measures to control your weight, currently	1: no, i don't think about my w; 2: i think about some measures but i haven't taken action yet; 3: i am taking action now but i have not lost weight yet; 4: i took measures and i have lost w; 5: i took measures and lost weight but i regained w	
157		W03	In the past, did you already take action to decrease weight	1: not really; 2: yes i tried but i did not succeed; 3: yes i lost weight but i regained it; 4: yes i lost w and i maintained the w loss	
158		P01	Let's talk now on general issues. How often did you go to the dr in a health center during the past 12 months (excluding private dr)	1: 0; 2: 1-2; 3: 3-5; 4: >5times/year	
159		P02	How often did you go to a private dr during the past 12 months	1: 0; 2: 1-2; 3: 3-5; 4: >5times/year	
160		P03	Before you came to this study, had you heard of the Unit for Prevention and Control of CVD	1: yes; 2: no	
161		P04	In the past 12 months, did you hear a program on radio or see a program on TV on smoking	1: yes; 2: no	
162		P05	In the past 12 months, did you hear a program on radio or see a program on TV on high blood pressure	1: yes; 2: no	
163		P06	In the past 12 months, did you hear a program on radio or see a program on TV on weight control	1: yes; 2: no	
164		P07	In the past 12 months, did you hear a program on radio or see a program on TV on diet	1: yes; 2: no	
165		P08	In the past 12 months, did you hear a program on radio or see a program on TV on diabetes	1: yes; 2: no	
166		P09	Do you think there should be less, same amount, or more programs on topics such as BP, diabetes, weight control, tobacco, nutrition, cardiovascular diseases on radio or TV	1: less; 2: same amount; 3: more	
167		P10	Did you hear of the 'give me 5' campaign	1: yes; 2: no	
168		P11	Can you tell me which was the main message of the GM5 campaign	1: says "eat at least 5 veg/fruit" or "more fruit/veg"; 2: other	
169		P12	Do you like to read papers in the newspaper on CVD, HBP, diabetes, tobacco, weight control, nutrition, etc	1: no; 2: a little; 3: much; 4: i dont read newspapers	
170		P13	Do you like to listen to programs on the radio on CVD, HBP, diabetes, tobacco, weight control, nutrition, etc	1: no; 2: a little; 3: much; 4: i dont listen to radio	
171		P14	Do you like to watch programs on tv on CVD, HBP, diabetes, tobacco, weight control, nutrition, etc	1: no; 2: a little; 3: much; 4: i dont watch tv	

#	STEPS	ID	Questions	Answers	Filters
172		P15	Did you already heard on heart attack	1: yes; 2: no	
173		P16	Did you already heard on stroke	1: yes; 2: no	
174		P17	Do you know of someone in your family or friends who got a stroke	1: no; 2: family; 3: friends	
175		P18	Do you know of someone in your family or friends who got a heart attack	1: no; 2: family; 3: friends	
176		P19	In your opinion, how do you see your risk of getting a heart attack or a stroke in the next 10 years (Dan ou lopinyon, mannier ou wwar ou risk pour ou ganny en latak leker oubyen latak laservel dan sa prosen 10 lannen)	1: risk is high (o, fasil); 2: risk is medium (moyen, pa trop fasil); 3: risk is low (ba, ou pa kwar ou pou ganny en latak); 4: cannot figure out	
177		P20	In your opinion, how do you see your risk of getting a heart attack or stroke in the next 10 years	1: <5%; 2: 5-10%; 3: 10-20%; 4: 20-40%; 5: 40+%; 6: cannot figure out	
178		P21	In your opinion, how do you see your risk of getting a cancer in the next 10 years	1: <5%; 2: 5-10%; 3: 10-20%; 4: 20-40%; 5: 40+%; 6: cannot figure out	
179		P22	Do you think that your lifestyle and diet can have an impact on your health later	1: much; 2: some; 3: a little; 4: none	
180		P23	What best describe your attitude and action regarding physical activity such as taking regular PA or having a balanced diet during the past 6 months	1: i didn't think of it; 2: i thought of changes but i didn't take action; 3: i took action but i did not sustain it; 4: i took action and i still continue	
181		P24	Do you think you should do more for the health of your heart in relation to your lifestyle and diet	1: i do enough; 2: i should do a bit more; 3: i should do a lot more	
182		P25	Do you think smoking should be banned in enclosed public places such as restaurants, discotheques, inside casinos, etc	1: yes; 2: no; 3: dnk	
183		P26	Do you think smoking should be banned in enclosed work places that are attended by several workers (Followed by BP3)	1: yes; 2: no; 3: dnk	
184	M12a	M01	hgsys2	mm	
185	M12b	M02	hgdia2	mm	
186	M13a	M03	hgsys3	mm	
187	M13b	M04	hgdia3	mm	
188	M14a	M05	hgsys4	mm	
189	M14b	M06	hgdia4	mm	
190	M7	M07	Waist	cm	
191	M8	M08	Hip	cm	
192		M09	CO (only for smokers)	ppm	