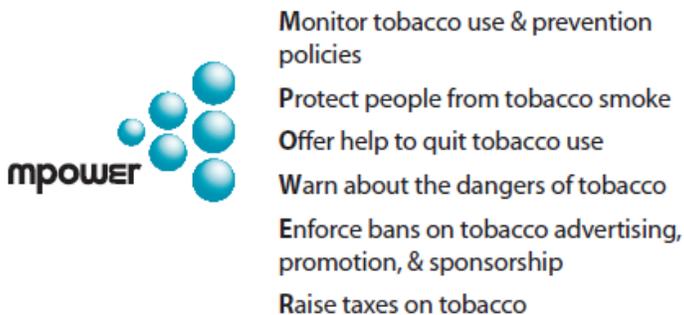


GYTS Objectives

The Global Youth Tobacco Survey (GYTS), a component of the Global Tobacco Surveillance System (GTSS), is a global standard for systematically monitoring youth tobacco use (smoking and smokeless) and tracking key tobacco control indicators.

GYTS is a nationally representative school-based survey of students in grades associated with age 13 to 15 years and is designed to produce cross-sectional estimates for each country. GYTS uses a standard core questionnaire, sample design, and data collection protocol. It assists countries in fulfilling their obligations under the World Health Organization (WHO) Framework Convention on Tobacco Control (FCTC) to generate comparable data within and across countries. WHO has developed MPOWER, a package of selected demand reduction measures contained in the WHO FCTC:



GYTS Methodology

GYTS uses a global standardized methodology that includes a two-stage sample design with schools selected with a probability proportional to enrollment size. The classes within selected schools are chosen randomly and all students in selected classes are eligible to participate in the survey. The survey uses a standard core questionnaire with a set of optional questions that permits adaptation to meet the needs of the country on tobacco use and key tobacco control indicators. The questionnaire covers the following topics: tobacco use (smoking and smokeless), cessation, secondhand smoke (SHS), pro- and anti-tobacco media and advertising, access to and availability of tobacco products, and knowledge and attitudes regarding tobacco use. The questionnaire is self-administered; using scannable paper-based bubble sheets, it is anonymous to ensure confidentiality.

In Tajikistan, GYTS was conducted in 2014 by the Ministry of Health. The overall response rate was 88.6%. A total of 3,313 eligible students in grades 7-9 completed the survey, of which 2,411 were aged 13-15 years. Data are reported for students aged 13-15.



GYTS Highlights

TOBACCO USE

- 4.1% of students, 4.8% of boys, and 2.7% of girls currently used any tobacco products.
- 2.4% of students, 2.9% of boys, and 1.6% of girls currently smoked tobacco.
- 0.8% of students, 1.0% of boys, and 0.5% of girls currently smoked cigarettes.
- 1.8% of students, 2.0% of boys, and 1.4% of girls currently used smokeless tobacco.

SECONDHAND SMOKE

- 5.8% of students were exposed to tobacco smoke at home.
- 11.0% of students were exposed to tobacco smoke inside enclosed public places.

MEDIA

- More than 7 in 10 students noticed anti-tobacco messages in the media.
- 2 in 10 students noticed tobacco advertisements or promotions when visiting points of sale.
- Almost 1 in 10 students owned something with a tobacco brand logo on it.

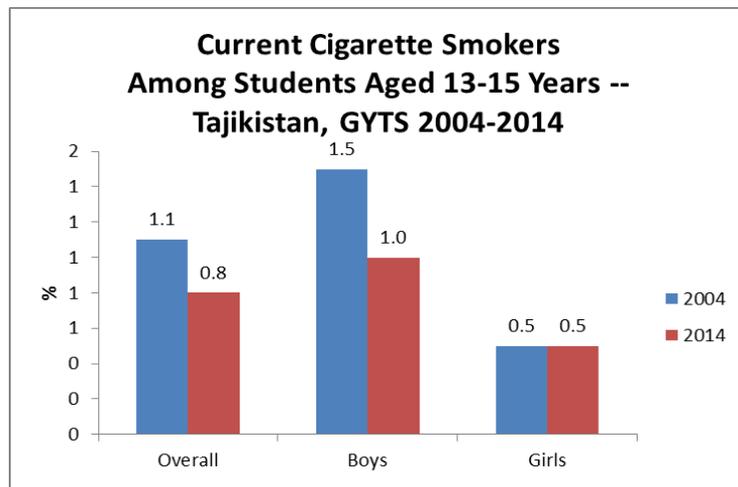
KNOWLEDGE & ATTITUDES

- 67.8% of students definitely thought other people's tobacco smoking is harmful to them.
- 70.2% of students favored banning smoking inside enclosed public places.



TOBACCO USE

SMOKED TOBACCO	OVERALL (%)	BOYS (%)	GIRLS (%)
Current tobacco smokers ¹	2.4	2.9	1.6
Current cigarette smokers ²	0.8	1.0	0.5
Frequent cigarette smokers ³	0.1	0.1	0.1
Current smokers of other tobacco ⁴	1.7	2.1	1.2
Ever tobacco smokers ⁵	8.2	10.2	5.5
Ever cigarette smokers ⁶	4.9	6.3	2.8
Ever smokers of other tobacco ⁷	4.0	4.4	3.3
SMOKELESS TOBACCO			
Current smokeless tobacco users ⁸	1.8	2.0	1.4
Ever smokeless tobacco users ⁹	4.7	4.6	4.7
TOBACCO USE (smoked and/or smokeless)			
Current tobacco users ¹⁰	4.1	4.8	2.7
Ever tobacco users ¹¹	11.8	13.9	8.7
SUSCEPTIBILITY			
Never tobacco users susceptible to tobacco use in the future ¹²	7.2	7.0	7.6
Never smokers who thought they might enjoy smoking a cigarette ¹³	5.8	6.0	5.6



SECONDHAND SMOKE

	OVERALL (%)	BOYS (%)	GIRLS (%)
Exposure to tobacco smoke at home [†]	5.8	6.0	5.2
Exposure to tobacco smoke inside any enclosed public place [†]	11.0	10.8	11.0
Exposure to tobacco smoke at any outdoor public place [†]	12.9	12.8	12.5
Students who saw anyone smoking inside the school building or outside on school property ^{††}	16.3	16.6	15.2

MEDIA

TOBACCO ADVERTISING	OVERALL (%)	BOYS (%)	GIRLS (%)
Noticing tobacco advertisements or promotions at points of sale ¹⁴	20.9	19.8	21.8
Students who saw anyone using tobacco on television, videos, or movies ¹⁵	53.0	50.4	56.3
Students who were ever offered a free tobacco product from a tobacco company representative	5.4	5.5	4.9
Students who owned something with a tobacco brand logo on it	6.7	7.9	5.0
ANTI-TOBACCO ADVERTISING			
Noticing anti-tobacco messages in the media ^{††}	71.7	69.0	74.5
Noticing anti-tobacco messages at sporting or community events ¹⁶	52.3	52.1	53.2
Students who were taught in school about the dangers of tobacco use in the past 12 months	71.3	69.6	73.0

KNOWLEDGE & ATTITUDES

	OVERALL (%)	BOYS (%)	GIRLS (%)
Students who definitely thought it is difficult to quit once someone starts smoking tobacco	41.3	39.4	44.2
Students who thought smoking tobacco helps people feel more comfortable at celebrations, parties, and social gatherings	28.6	29.1	27.3
Students who definitely thought other people's tobacco smoking is harmful to them	67.8	67.7	68.5
Students who favored banning smoking inside enclosed public places	70.2	68.6	72.4
Students who favored banning smoking at outdoor public places	64.2	63.7	65.0

¹ Smoked tobacco anytime during the past 30 days. ² Smoked cigarettes anytime during the past 30 days. ³ Smoked cigarettes on 20 or more days of the past 30 days. ⁴ Smoked tobacco other than cigarettes anytime during the past 30 days. ⁵ Ever smoked any tobacco, even one or two puffs. ⁶ Ever smoked cigarettes, even one or two puffs. ⁷ Ever smoked tobacco other than cigarettes, even one or two puffs. ⁸ Used smokeless tobacco anytime during the past 30 days. ⁹ Ever used smokeless tobacco. ¹⁰ Smoked tobacco and/or used smokeless tobacco anytime during the past 30 days. ¹¹ Ever smoked tobacco and/or used smokeless tobacco. ¹² Susceptible to future tobacco use includes those who answered "Definitely yes", "Probably yes", or "Probably not" to using tobacco if one of their best friends offered it to them or those who answered "Definitely yes", "Probably yes", or "Probably not" to using tobacco during the next 12 months. ¹³ Those who answered "Agree" or "Strongly agree" to the statement: "I think I might enjoy smoking a cigarette". ¹⁴ Among those who visited a point of sale in the past 30 days. ¹⁵ Among those who watched television, videos, or movies in the past 30 days. ¹⁶ Among those who attended sporting or community events in the past 30 days. [†] During the past 7 days. ^{††} During the past 30 days.

NOTE: Students refer to persons aged 13-15 years who are enrolled in school. Data have been weighted to be nationally representative of all students aged 13-15 years. Percentages reflect the prevalence of each indicator in each group, not the distribution across groups.