

Poland - Mazovia Province (Ages 13-15) Global Youth Tobacco Survey (GYTS)



FACT SHEET

The Poland - Mazovia Province GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Poland - Mazovia Province could include in a comprehensive tobacco control program.

The Poland - Mazovia Province GYTS was a school-based survey of students in first, second, and third class gymnasium conducted in 2009.

A two-stage cluster sample design was used to produce representative data for Poland - Mazovia Province. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 90.0%, the student response rate was 82.4%, the class response rate was 98.3% and the overall response rate was 72.9%. A total of 3,282 students participated in the Poland - Mazovia Province GYTS of which 2,294 were aged 13 to 15 years.

Prevalence

- 49.3% of students had ever smoked cigarettes (Boys = 48.6%, Girls = 48.7%)
- 23.0% currently use any tobacco product (Boys = 22.7%, Girls = 21.9%)
- 18.7% currently smoke cigarettes (Boys = 16.6%, Girls = 19.3%)
- 6.9% currently daily cigarette smokers (Boys = 5.6%, Girls = 7.4%)
- 12.0% used any form of tobacco other than cigarettes in the past 30 days (Boys = 14.1%, Girls = 9.1%)
- 23.1% ever smokers initiated smoking before age ten (Boys = 25.5%, Girls = 20.4%)
- 30.0% of never smokers are likely to initiate smoking next year (Boys = 27.8%, Girls = 32.2%)

Access and Availability - Current Smokers

- 27.7% usually smoke in public places (e.g. parks, shopping centers, street corners)
- 42.4% buy cigarettes in a store
- 62.5% who bought cigarettes in a store were NOT refused purchase because of their age

Exposure to Secondhand Smoke (SHS)

- 52.7% live in homes where others smoke in their presence
- 71.1% are around others who smoke in places outside their home
- 70.4% think smoking should be banned from public places
- 64.8% think smoke from others is harmful to them
- 52.6% have one or more parents who smoke
- 16.8% have most or all friends who smoke

Cessation - Current Smokers

- 47.6% want to stop smoking
- 58.3% tried to stop smoking during the past year
- 50.7% have ever received help to stop smoking
- 7.4% always have or feel like having a cigarette first thing in the morning

Media and Advertising

- 87.5% saw anti-smoking media messages in the past 30 days
- 14.6% have an object with a cigarette brand logo
- 14.5% were offered free cigarettes by a tobacco company representative

School

- 38.4% had been taught in class, during the past year, about the dangers of smoking
- 31.5% had discussed in class, during the past year, reasons why people their age smoke
- 34.9% had been taught in class, during the past year, the effects of tobacco use

Highlights

- Almost one-quarter of students currently use any form of tobacco; 18.7% currently smoke cigarettes; 12.0% currently use some other form of tobacco.
- SHS exposure is high – more than half the students live in homes where others smoke; over 7 in 10 students are around others who smoke in places outside of their home; over half the students have one or more parent who smoke.
- Seven in 10 students think smoking should be banned from public places.
- Close to 5 in 10 students who are currently smoking indicated that they want to stop smoking now; almost 6 in 10 students currently smoking tried to stop during the past year.
- Almost 9 in 10 students saw anti-smoking messages