



Montserrat

2008 Fact Sheet

The **2008 Montserrat GSHS** measured alcohol and other drug use; mental health; physical activity; protective factors; unintentional injuries and violence.

The 2008 Montserrat GSHS was a school-based survey of students in Forms 2, 3, 4, and 5. A census was used to produce data representative of all students in Forms 2, 3, 4, and 5 in Montserrat. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 78%, and the overall response rate was 78%. A total of 212 students participated in the Montserrat GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13-15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
Alcohol and Other Drug Use			
Percentage of students who had at least one drink containing alcohol on one or more days during the past 30 days	33.4	35.6	31.5
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	28.0	34.0	22.2
Percentage of students who had a hang-over, felt sick, got into trouble with family or friends, missed school, or got into fights one or more times as a result of drinking alcohol during their life	12.9	12.5	13.3
Percentage of students who used drugs one or more times during their life	17.2	22.8	11.7
Mental Health			
Percentage of students who felt lonely most of the time or always during the past 12 months	13.0	15.4	10.8
Percentage of students who ever seriously considered attempting suicide during the past 12 months	16.4	8.3	23.9
Percentage of students who have no close friends	1.6	1.6	1.6
Physical Activity			
Percentage of students who were physically active for a total of at least 60 minutes per day on all 7 days during the past 7 days	22.9	22.1	23.6
Percentage of students who spent three or more hours per day during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities	47.7	50.5	45.1
Protective Factors			
Percentage of students who missed classes or school without permission on one or more days during the past 30 days	15.4	21.2	9.9
Percentage of students who reported that most of the students in their school were never or rarely kind and helpful during the past 30 days	42.6	42.8	42.4
Percentage of students whose parents or guardians never or rarely really knew what they were doing with their free time during the past 30 days	30.1	26.8	33.3



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Results for students aged 13-15 years	Total	Boys	Girls
Unintentional Injuries and Violence			
Percentage of students who were physically attacked one or more times during the past 12 months	33.6	43.6	24.6
Percentage of students who were in a physical fight one or more times during the past 12 months	39.0	49.8	28.8
Percentage of students who were seriously injured one or more times during the past 12 months	37.2	50.3	25.1
Percentage of students who were bullied on one or more days during the past 30 days	28.1	31.8	24.8

For additional information, please contact:

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