

2008 GLOBAL SCHOOL -BASED STUDENT HEALTH SURVEY RESULTS

Sri Lanka Survey Public Use Codebook

Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
1-3	SITE		Site Code		
4-13	SCHOOL		School Codes		
14-16	CLASS		Class Codes		
17-17	Q1	Q1	How old are you?		
		1	11 years old or younger	17	0.7
		2	12 years old	244	9.0
		3	13 years old	894	33.9
		4	14 years old	844	32.5
		5	15 years old	522	20.8
		6	16 years old or older	81	3.2
			Missing	9	
18-18	Q2	Q2	What is your sex?		
		1	Male	1,132	50.0
		2	Female	1,459	50.0
			Missing	20	
19-19	Q3	Q3	In what grade are you?		
		1	Grade 8	866	33.4
		2	Grade 9	892	33.5
		3	Grade 10	827	33.1
			Missing	26	
20-23	Q4	Q4	How tall are you without your shoes on? (Note: Data are in meters.)		
24-29	Q5	Q5	How much do you weigh without your shoes on? (Note: Data are in kilograms.)		
30-30	Q6	Q8	During the past 30 days, how often did you go hungry because there was not enough food in your home?		
		1	Never	1,715	65.8
		2	Rarely	331	13.2
		3	Sometimes	370	14.2
		4	Most of the time	73	2.9
		5	Always	96	3.9
			Missing	26	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
31-31	Q7	Q9	During the past 30 days, how many times per day did you usually eat fruit, such as banana, mango, papaw, pineapple, avocado, or guava?		
		1	I did not eat fruit during the past 30 days	321	12.4
		2	Less than one time per day	573	22.1
		3	1 time per day	867	32.9
		4	2 times per day	452	17.4
		5	3 times per day	246	9.8
		6	4 times per day	64	2.5
		7	5 or more times per day	72	2.8
			Missing	16	
32-32	Q8	Q10	During the past 30 days, how many times per day did you usually eat vegetables, such as green leafy vegetables, pumpkin, bitter melon, drum sticks, eggplant, carrots, ladyfinger, beans, brinjals, or beetroot?		
		1	I did not eat vegetables during the past 30 days	80	3.1
		2	Less than one time per day	332	12.7
		3	1 time per day	669	25.9
		4	2 times per day	720	27.5
		5	3 times per day	574	22.1
		6	4 times per day	89	3.6
		7	5 or more times per day	135	5.1
			Missing	12	
33-33	Q9	Q17	During the past 30 days, how many times per day did you usually clean or brush your teeth?		
		1	I did not clean or brush my teeth during the past 30 days	60	2.4
		2	Less than 1 time per day	64	2.5
		3	1 time per day	774	30.7
		4	2 times per day	1,181	45.4
		5	3 times per day	333	12.4
		6	4 or more times per day	171	6.7
			Missing	28	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
37-37	Q13	Q21	During the past 12 months, how many times were you physically attacked?		
		1	0 times	1,358	51.2
		2	1 time	502	19.7
		3	2 or 3 times	434	16.9
		4	4 or 5 times	120	4.6
		5	6 or 7 times	51	2.1
		6	8 or 9 times	27	1.1
		7	10 or 11 times	13	0.5
		8	12 or more times	101	3.8
			Missing	5	
38-38	Q14	Q23	During the past 12 months, how many times were you in a physical fight?		
		1	0 times	1,414	52.5
		2	1 time	504	20.1
		3	2 or 3 times	409	16.8
		4	4 or 5 times	121	4.9
		5	6 or 7 times	39	1.6
		6	8 or 9 times	28	1.0
		7	10 or 11 times	12	0.5
		8	12 or more times	66	2.7
			Missing	18	
39-39	Q15	Q24	During the past 12 months, how many times were you seriously injured?		
		1	0 times	1,492	62.5
		2	1 time	546	23.6
		3	2 or 3 times	220	9.6
		4	4 or 5 times	50	2.2
		5	6 or 7 times	27	1.1
		6	8 or 9 times	5	0.2
		7	10 or 11 times	4	0.2
		8	12 or more times	18	0.7
			Missing	249	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
40-40	Q16	Q25	During the past 12 months, what were you doing when the most serious injury happened to you?		
		1	I was not seriously injured during the past 12 months	1,657	67.1
		2	Playing or training for a sport	266	11.0
		3	Walking or running, but not as part of playing or training for a sport	156	6.4
		4	Riding a bicycle or scooter	129	5.6
		5	Riding or driving in a car or other motor vehicle	15	0.6
		6	Doing any paid or unpaid work, including housework, yard work, or cooking	115	4.8
		7	Nothing	33	1.5
		8	Something else	77	3.0
			Missing	163	
41-41	Q17	Q26	During the past 12 months, what was the major cause of the most serious injury that happened to you?		
		1	I was not seriously injured during the past 12 months	1,685	68.6
		2	I was in a motor vehicle accident or hit by a motor vehicle	72	3.0
		3	I fell	383	16.1
		4	Something fell on me or hit me	102	4.1
		5	I was fighting with someone	22	0.9
		6	I was attacked, assaulted, or abused by someone	20	0.8
		7	I was in a fire or too near a flame or something hot	11	0.5
		8	Something else caused my injury	145	6.0
			Missing	171	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
42-42	Q18	Q27	During the past 12 months, how did the most serious injury happen to you?		
		1	I was not seriously injured during the past 12 months	1,725	70.3
		2	I hurt myself by accident	488	20.0
		3	Someone else hurt me by accident	168	7.0
		4	I hurt myself on purpose	23	1.0
		5	Someone else hurt me on purpose	38	1.8
			Missing	169	
43-43	Q19	Q28	During the past 12 months, what was the most serious injury that happened to you?		
		1	I was not seriously injured during the past 12 months	1,751	70.7
		2	I had a broken bone or a dislocated joint	149	6.4
		3	I had a cut, puncture, or stab wound	218	9.0
		4	I had a concussion or other head or neck injury, was knocked out, or could not breathe	69	2.9
		5	I had a gunshot wound	11	0.5
		6	I had a bad burn	25	1.0
		7	I lost all or part of a foot, leg, hand, or arm	14	0.6
		8	Something else happened to me	224	9.0
			Missing	150	
44-44	Q20	Q29	During the past 30 days, on how many days were you bullied?		
		1	0 days	1,500	62.2
		2	1 or 2 days	585	25.5
		3	3 to 5 days	120	5.3
		4	6 to 9 days	50	2.2
		5	10 to 19 days	33	1.4
		6	20 to 29 days	19	0.8
		7	All 30 days	56	2.5
			Missing	248	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
45-45	Q21	Q30	During the past 30 days, how were you bullied most often?		
		1	I was not bullied during the past 30 days	1,505	61.9
		2	I was hit, kicked, pushed, shoved around, or locked indoors	115	5.2
		3	I was made fun of because of my race or color	50	2.3
		4	I was made fun of because of my religion	27	1.2
		5	I was made fun of with sexual jokes, comments, or gestures	48	2.0
		6	I was left out of activities on purpose or completely ignored	58	2.4
		7	I was made fun of because of how my body or face looks	62	2.6
		8	I was bullied in some other way	517	22.4
			Missing	229	
46-46	Q22	Q32	During the past 12 months, how often have you felt lonely?		
		1	Never	999	38.7
		2	Rarely	865	34.2
		3	Sometimes	519	19.6
		4	Most of the time	114	4.5
		5	Always	74	2.9
			Missing	40	
47-47	Q23	Q33	During the past 12 months, how often have you been so worried about something that you could not sleep at night?		
		1	Never	1,367	52.4
		2	Rarely	675	26.4
		3	Sometimes	430	16.2
		4	Most of the time	89	3.4
		5	Always	39	1.5
			Missing	11	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
48-48	Q24	Q34	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing your usual activities?		
		1	Yes	821	32.5
		2	No	1,728	67.5
			Missing	62	
49-49	Q25	Q35	During the past 12 months, did you ever seriously consider attempting suicide?		
		1	Yes	261	10.4
		2	No	2,280	89.6
			Missing	70	
50-50	Q26	Q36	During the past 12 months, did you make a plan about how you would attempt suicide?		
		1	Yes	345	13.5
		2	No	2,213	86.5
			Missing	53	
51-51	Q27	Q37	How many close friends do you have?		
		1	0	150	5.7
		2	1	402	15.5
		3	2	513	19.8
		4	3 or more	1,514	59.0
			Missing	32	
69-69	Q45	Q49	During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?		
		1	0 days	466	18.1
		2	1 day	545	21.0
		3	2 days	408	15.5
		4	3 days	318	12.3
		5	4 days	189	7.3
		6	5 days	264	10.0
		7	6 days	36	1.5
		8	7 days	366	14.2
			Missing	19	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
70-70	Q46	Q50	During a typical or usual week, on how many days are you physically active for a total of at least 60 minutes per day?		
		1	0 days	537	20.7
		2	1 day	560	21.7
		3	2 days	411	15.8
		4	3 days	320	12.4
		5	4 days	170	6.7
		6	5 days	245	9.5
		7	6 days	49	1.9
		8	7 days	292	11.4
			Missing	27	
71-71	Q47	Q51	How much time do you spend during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities such as reading books and papers, studying, playing carom or chess?		
		1	Less than 1 hour per day	597	22.7
		2	1 to 2 hours per day	1,136	44.1
		3	3 to 4 hours per day	542	21.0
		4	5 to 6 hours per day	174	6.8
		5	7 to 8 hours per day	58	2.3
		6	More than 8 hours per day	79	3.1
			Missing	25	
72-72	Q48	Q52	During the past 7 days, on how many days did you walk or ride a bicycle to and from school?		
		1	0 days	931	35.4
		2	1 day	232	9.1
		3	2 days	145	5.9
		4	3 days	97	3.8
		5	4 days	111	4.5
		6	5 days	578	22.3
		7	6 days	39	1.5
		8	7 days	450	17.6
			Missing	28	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
73-73	Q49	Q53	During the past 7 days, how long did it usually take for you to get to and from school each day?		
		1	Less than 10 minutes per day	461	18.2
		2	10 to 19 minutes per day	700	27.4
		3	20 to 29 minutes per day	486	18.9
		4	30 to 39 minutes per day	345	13.3
		5	40 to 49 minutes per day	154	6.2
		6	50 to 59 minutes per day	129	4.9
		7	60 or more minutes per day	281	11.0
			Missing	55	
74-74	Q50	Q55	During the past 30 days, on how many days did you miss classes or school without permission?		
			Missing	2,611	
75-75	Q51	Q56	During the past 30 days, how often were most of the students in your school kind and helpful?		
		1	Never	131	5.2
		2	Rarely	256	10.2
		3	Sometimes	498	19.5
		4	Most of the time	769	29.9
		5	Always	900	35.2
			Missing	57	
76-76	Q52	Q57	During the past 30 days, how often did your parents or guardians check to see if your homework was done?		
		1	Never	220	8.6
		2	Rarely	264	10.4
		3	Sometimes	455	17.4
		4	Most of the time	650	26.0
		5	Always	986	37.7
			Missing	36	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
77-77	Q53	Q58	During the past 30 days, how often did your parents or guardians understand your problems and worries?		
		1	Never	376	14.5
		2	Rarely	350	13.9
		3	Sometimes	564	21.9
		4	Most of the time	580	22.8
		5	Always	698	26.9
			Missing	43	
78-78	Q54	Q59	During the past 30 days, how often did your parents or guardians really know what you were doing with your free time?		
		1	Never	267	10.4
		2	Rarely	249	9.8
		3	Sometimes	513	19.6
		4	Most of the time	573	22.2
		5	Always	965	38.0
			Missing	44	
146-146	QN6		Percentage of students who went hungry most of the time or always during the past 30 days because there was not enough food in their home		
		1	Yes	169	6.8
		2	No	2,416	93.2
			Missing	26	
147-147	QN7		Percentage of students who usually ate fruit, such as banana, mango, papaw, pineapple, avocado, or guava one or more times per day during the past 30 days		
		1	Yes	1,701	65.4
		2	No	894	34.6
			Missing	16	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
148-148	QN8		Percentage of students who usually ate vegetables, such as green leafy vegetables, pumpkin, bitter melon, drum sticks, eggplant, carrots, ladies fingers, beans, brinjols, or beetroot one or more times per day during the past 30 days		
		1	Yes	2,187	84.2
		2	No	412	15.8
			Missing	12	
149-149	QN9		Percentage of students who cleaned or brushed their teeth less than 1 time per day during the past 30 days		
		1	Yes	124	4.9
		2	No	2,459	95.1
			Missing	28	
153-153	QN13		Percentage of students who were physically attacked one or more times during the past 12 months		
		1	Yes	1,248	48.8
		2	No	1,358	51.2
			Missing	5	
154-154	QN14		Percentage of students who were in a physical fight one or more times during the past 12 months		
		1	Yes	1,179	47.5
		2	No	1,414	52.5
			Missing	18	
155-155	QN15		Percentage of students who were seriously injured one or more times during the past 12 months		
		1	Yes	870	37.5
		2	No	1,492	62.5
			Missing	249	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
156-156	QN16		Among students who were seriously injured during the past 12 months, the percentage whose most serious injury happened to them while they were playing or training for a sport		
		1	Yes	265	30.5
		2	No	600	69.5
			Missing	1,746	
157-157	QN17		Among students who were seriously injured during the past 12 months, the percentage whose most serious injury was the result of a fall		
		1	Yes	383	44.6
		2	No	482	55.4
			Missing	1,746	
158-158	QN18		Among students who were seriously injured during the past 12 months, the percentage whose most serious injury was the result of them hurting themselves by accident		
		1	Yes	487	55.5
		2	No	374	44.5
			Missing	1,750	
159-159	QN19		Among students who were seriously injured during the past 12 months, the percentage who had a broken bone or a dislocated joint as their most serious injury		
		1	Yes	147	17.6
		2	No	715	82.4
			Missing	1,749	
160-160	QN20		Percentage of students who were bullied on one or more days during the past 30 days		
		1	Yes	863	37.8
		2	No	1,500	62.2
			Missing	248	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
161-161	QN21		Among students who were bullied during the past 30 days, the percentage who were bullied most often by being hit, kicked, pushed, shoved around, or locked indoors		
		1	Yes	108	13.1
		2	No	749	86.9
			Missing	1,754	
162-162	QN22		Percentage of students who felt lonely most of the time or always during the past 12 months		
		1	Yes	188	7.5
		2	No	2,383	92.5
			Missing	40	
163-163	QN23		Percentage of students who most of the time or always felt so worried about something that they could not sleep at night during the past 12 months		
		1	Yes	128	4.9
		2	No	2,472	95.1
			Missing	11	
164-164	QN24		Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing their usual activities during the past 12 months		
		1	Yes	821	32.5
		2	No	1,728	67.5
			Missing	62	
165-165	QN25		Percentage of students who seriously considered attempting suicide during the past 12 months		
		1	Yes	261	10.4
		2	No	2,280	89.6
			Missing	70	
166-166	QN26		Percentage of students who made a plan about how they would attempt suicide during the past 12 months		
		1	Yes	345	13.5
		2	No	2,213	86.5
			Missing	53	

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167-167	QN27		Percentage of students who have no close friends		
		1	Yes	150	5.7
		2	No	2,429	94.3
			Missing	32	
185-185	QN45		Percentage of students who were physically active for a total of at least 60 minutes per day on all 7 days during the past 7 days		
		1	Yes	366	14.2
		2	No	2,226	85.8
			Missing	19	
186-186	QN46		Percentage of students who were physically active for a total of at least 60 minutes per day on all 7 days during a typical or usual week		
		1	Yes	292	11.4
		2	No	2,292	88.6
			Missing	27	
187-187	QN47		Percentage of students who spent three or more hours per day during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities, such as reading books and papers, studying, playing carom or chess		
		1	Yes	853	33.2
		2	No	1,733	66.8
			Missing	25	
188-188	QN48		Percentage of students who did not walk or ride a bicycle to and from school during the past seven days		
		1	Yes	931	35.4
		2	No	1,652	64.6
			Missing	28	
189-189	QN49		Percentage of students who usually took 29 minutes or less each day to get to and from school during the past 7 days		
		1	Yes	1,647	64.5
		2	No	909	35.5
			Missing	55	

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Data Location	Standard Variable Name	Country Question Number	Question Code and Label	Unweighted Frequency	Weighted Percent
190-190	QN50		Percentage of students who missed classes or school without permission on one or more days during the past 30 days		
			Missing	2,611	
191-191	QN51		Percentage of students who reported that most of the students in their school were never or rarely kind and helpful during the past 30 days		
		1	Yes	387	15.4
		2	No	2,167	84.6
			Missing	57	
192-192	QN52		Percentage of students whose parents or guardians never or rarely checked to see if their homework was done during the past 30 days		
		1	Yes	484	19.0
		2	No	2,091	81.0
			Missing	36	
193-193	QN53		Percentage of students whose parents or guardians never or rarely understood their problems and worries during the past 30 days		
		1	Yes	726	28.4
		2	No	1,842	71.6
			Missing	43	
194-194	QN54		Percentage of students whose parents or guardians never or rarely really knew what they were doing with their free time during the past 30 days		
		1	Yes	516	20.3
		2	No	2,051	79.7
			Missing	44	
262-262	QNROVWTG		Percentage of students who are at risk for becoming overweight*		
		1	Yes	77	3.3
		2	No	2,183	96.7
			Missing	351	

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263-263	QNOVWTG		Percentage of students who are overweight*		
		1	Yes	7	0.3
		2	No	2,253	99.7
			Missing	351	
264-264	QNFRVGG		Percentage of students who ate fruits and vegetables five or more times per day during the past 30 days		
		1	Yes	580	22.6
		2	No	2,008	77.4
			Missing	23	
266-266	QNMIPAG		Percentage of students who were physically active for at least 60 minutes per day on less than five days per week on average		
		1	Yes	2,069	80.2
		2	No	507	19.8
			Missing	35	
267-267	QNWKRDG		Percentage of students who spent less than 2.5 hours total walking or riding a bicycle to and from school during the past seven days		
		1	Yes	2,095	82.2
		2	No	448	17.8
			Missing	68	
358-369	Weight		Weight		
370-374	PSU		Primary Sampling Unit		
375-383	Stratum		Stratum		
384-388	BMIPct		Percentile for body mass index, by age and sex		