

Bhutan (Ages 13-15)

Global Youth Tobacco Survey (GYTS)

FACT SHEET



The Bhutan GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Bhutan could include in a comprehensive tobacco control program.

The Bhutan GYTS was a school-based survey of students in grades VI, VII and VIII conducted in 2006. A two-stage

cluster sample design was used to produce representative data for Bhutan. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 93.3%, the class response rate was 100%, the student response rate was 95.5%, and the overall response rate was 89.1%. A total of 1,130 students aged 13-15 participated in the Bhutan GYTS.

Prevalence

- 25.4% of students had ever smoked cigarettes (Boys = 37.6%, Girls = 12.7%)
- 23.7% currently use any tobacco product (Boys = 33.5%, Girls = 13.3%)
- 15.6% currently smoke cigarettes (Boys = 23.3%, Girls = 7.5%)
- 15.9% currently use other tobacco products (Boys = 22.0%, Girls = 9.0%)
- 10.6% of never smokers are likely to initiate smoking next year

Knowledge and Attitudes

- 41.9% think boys and 19.0% think girls who smoke have more friends
- 17.8% think boys and 13.5% think girls who smoke look more attractive

Access and Availability - Current Smokers

- 16.0% usually smoke at home
- 39.9% buy cigarettes in a store
- 47.5% who bought cigarettes in a store were NOT refused purchase because of their age

Exposure to Secondhand Smoke (SHS)

- 32.8% live in homes where others smoke in their presence
- 54.2% are around others who smoke in places outside their home
- 46.2% think smoking should be banned from public places
- 62.1% think smoke from others is harmful to them
- 19.1% have one or more parents who smoke
- 5.9% have most or all friends who smoke

Cessation - Current Smokers

- 85.4% want to stop smoking
- 86.7% tried to stop smoking during the past year
- 87.6% have ever received help to stop smoking

Media and Advertising

- 83.0% saw anti-tobacco media messages, in the past 30 days
- 61.6% saw pro-tobacco ads on billboards, in the past 30 days
- 73.8% saw pro-tobacco ads in newspapers or magazines, in the past 30 days
- 11.6% have an object with a tobacco product brand logo
- 12.9% were offered free cigarettes by a tobacco company representative

School

- 58.2% had been taught in class, during the past year, about the dangers of smoking
- 41.8% had discussed in class, during the past year, reasons why people their age smoke
- 56.1% had been taught in class, during the past year, the effects of tobacco use

Highlights

- More than 2 in 10 students currently use any form of tobacco; 15.6% of the students currently smoke cigarettes; 15.9% currently use some other form of tobacco.
- SHS exposure is high – Over 3 in 10 students live in homes where others smoke and more than half of the students are exposed to smoke around others outside of the home; 19.1% of students have a parent who smokes, and 5.9% of the students have friends who smoke.
- Over 6 in 10 students think smoke from others is harmful to them.
- Close to half the students think smoking in public places should be banned.
- More than 4 in 5 current smokers want to stop smoking.
- 12.9% of students were offered a free cigarette by a tobacco company representative.
- More than 8 in 10 students saw anti-tobacco media messages in the past 30 days; over two-thirds of the students saw pro-tobacco ads in the past 30 days.