



The 2010 Niue GSHS measured alcohol use; dietary behaviors; hygiene; mental health; physical activity; protective factors; tobacco use; and violence and unintentional injury.

The Niue GSHS was a school-based survey of students in Forms 1-7. A census was used to produce data representative of all students in Forms 1-7 in Niue. The school response rate was 100%, the student response rate was 81%, and the overall response rate was 81%. A total of 141 students participated in the Niue GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13-15 years are included in the analyses for this fact sheet.

| Results for students aged 13-15 years | Total | Boys | Girls |
|---|-------|------|-------|
| Alcohol Use | | | |
| Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days | 23.0 | 35.5 | * |
| Among students who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before age 14 years | 78.7 | * | * |
| Percentage of students who drank so much alcohol that they were really drunk one or more times during their life | 23.8 | 39.5 | * |
| Dietary Behaviours | | | |
| Percentage of students who were underweight (< -2SD from median for BMI for age and sex) | 0.0 | 0.0 | * |
| Percentage of students who were overweight (> +1SD from median for BMI for age and sex) | 56.7 | 60.3 | * |
| Percentage of students who were obese (> +2SD from median for BMI for age and sex) | 29.7 | 39.9 | * |
| Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days | 77.3 | 73.9 | * |
| Hygiene | | | |
| Percentage of students who usually cleaned or brushed their teeth less than one time per day during the past 30 days | 9.0 | 9.1 | * |
| Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days | 3.7 | 6.3 | * |
| Mental Health | | | |
| Percentage of students who ever seriously considered attempting suicide during the past 12 months | 14.9 | 12.4 | * |
| Percentage of students who actually attempted suicide one or more times during the past 12 months | 8.9 | 15.3 | * |
| Physical Activity | | | |
| Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days | 31.5 | 41.4 | * |
| Percentage of students who went to physical education (PE) class on three or more days each week during the school year | 27.8 | 35.8 | * |
| Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities | 34.5 | 25.7 | * |



| Results for students aged 13-15 years | Total | Boys | Girls |
|--|-------------|-------------|-------|
| Protective Factors | | | |
| Percentage of students who missed classes or school without permission on one or more of the past 30 days | 24.5 | 31.9 | * |
| Percentage of students whose parents or guardians understood their problems and worries most of the time or always during the past 30 days | 21.3 | 20.1 | * |
| Percentage of students whose parents or guardians really knew what they were doing with their free time most of the time or always during the past 30 days | 29.6 | 21.7 | * |
| Tobacco Use | | | |
| Percentage of students who smoked cigarettes on one or more days during the past 30 days | 16.1 | 23.3 | * |
| Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years | 86.9 | * | * |
| Percentage of students who reported people smoked in their presence on one or more days during the past seven days | 61.6 | 65.3 | * |
| Violence and Unintentional Injury | | | |
| Percentage of students who were in a physical fight one or more times during the past 12 months | 32.9 | 47.1 | * |
| Percentage of students who were seriously injured one or more times during the past 12 months | 48.0 | 54.6 | * |
| Percentage of students who were bullied on one or more days during the past 30 days | 35.5 | 38.2 | * |

* Indicates less than 20 students.

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