

Niue

2010 Fact Sheet



The 2010 Niue GSHS measured alcohol use; dietary behaviors; hygiene; mental health; physical activity; protective factors; tobacco use; and violence and unintentional injury.

The Niue GSHS was a school-based survey of students in Forms 1-7. A census was used to produce data representative of all students in Forms 1-7 in Niue. The school response rate was 100%, the student response rate was 81%, and the overall response rate was 81%. A total of 141 students participated in the Niue GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13-15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
Alcohol Use			
Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days	23.0	35.5	*
Among students who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before age 14 years	78.7	*	*
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	23.8	39.5	*
Dietary Behaviours			
Percentage of students who were underweight (< -2SD from median for BMI for age and sex)	0.0	0.0	*
Percentage of students who were overweight (> +1SD from median for BMI for age and sex)	56.7	60.3	*
Percentage of students who were obese (> +2SD from median for BMI for age and sex)	29.7	39.9	*
Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days	77.3	73.9	*
Hygiene			
Percentage of students who usually cleaned or brushed their teeth less than one time per day during the past 30 days	9.0	9.1	*
Percentage of students who never or rarely washed their hands after using the toilet or latrine during the past 30 days	3.7	6.3	*
Mental Health			
Percentage of students who ever seriously considered attempting suicide during the past 12 months	14.9	12.4	*
Percentage of students who actually attempted suicide one or more times during the past 12 months	8.9	15.3	*
Physical Activity			
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days	31.5	41.4	*
Percentage of students who went to physical education (PE) class on three or more days each week during the school year	27.8	35.8	*
Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities	34.5	25.7	*

Niue

2010 Fact Sheet



Results for students aged 13-15 years	Total	Boys	Girls
Protective Factors			
Percentage of students who missed classes or school without permission on one or more of the past 30 days	24.5	31.9	*
Percentage of students whose parents or guardians understood their problems and worries most of the time or always during the past 30 days	21.3	20.1	*
Percentage of students whose parents or guardians really knew what they were doing with their free time most of the time or always during the past 30 days	29.6	21.7	*
Tobacco Use			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	16.1	23.3	*
Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years	86.9	*	*
Percentage of students who reported people smoked in their presence on one or more days during the past seven days	61.6	65.3	*
Violence and Unintentional Injury			
Percentage of students who were in a physical fight one or more times during the past 12 months	32.9	47.1	*
Percentage of students who were seriously injured one or more times during the past 12 months	48.0	54.6	*
Percentage of students who were bullied on one or more days during the past 30 days	35.5	38.2	*

* Indicates less than 20 students.

For additional information, please contact:

Ms Grizelda Mokoia, NCD Coordinator and Health Promotion
Niue Island, Email: gmokoia@mail.gov.nu