

Mauritius

2011 Fact Sheet



The **2011 Mauritius GSHS** measured alcohol use; dietary behaviors; drug use; physical activity; sexual behaviors; tobacco use; and violence and unintentional injury.

The Mauritius GSHS was a school-based survey of students in Forms 2, 3, and 4. A two-stage cluster sample design was used to produce data representative of all students in Forms 2, 3, and 4 in Mauritius. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 82%, and the overall response rate was 82%. A total of 2168 students participated in the Mauritius GSHS. Students self-reported their responses to each question on a computer scannable answer sheet. For comparison purposes, only students aged 13-15 years are included in the analyses for this fact sheet.

Results for students aged 13-15 years	Total	Boys	Girls
Alcohol Use			
Percentage of students who drank at least one drink containing alcohol on one or more of the past 30 days	25.2 (21.7-29.1)	28.1 (22.2-34.9)	22.2 (16.2-29.6)
Among students who ever had a drink of alcohol (other than a few sips), the percentage who had their first drink of alcohol before age 14 years	72.5 (67.1-77.3)	75.3 (69.3-80.4)	69.2 (62.0-75.5)
Percentage of students who drank so much alcohol that they were really drunk one or more times during their life	17.1 (13.4-21.5)	20.8 (15.7-26.9)	13.5 (8.3-21.0)
Dietary Behaviours			
Percentage of students who were underweight (< -2SD from median for BMI for age and sex)	12.9 (10.8-15.3)	15.2 (11.8-19.5)	10.7 (9.1-12.5)
Percentage of students who were overweight (> +1SD from median for BMI for age and sex)	21.0 (18.9-23.2)	22.7 (19.8-25.9)	19.3 (15.4-23.9)
Percentage of students who were obese (> +2SD from median for BMI for age and sex)	6.2 (5.1-7.5)	7.9 (6.9-8.9)	4.6 (2.9-7.2)
Percentage of students who usually drank carbonated soft drinks one or more times per day during the past 30 days	40.7 (37.0-44.4)	44.9 (38.7-51.3)	36.5 (31.4-41.9)
Drug Use			
Among students who ever used drugs, the percentage who first used drugs before age 14 years	62.4 (45.0-77.1)	*	*
Percentage of students who used marijuana one or more times during their life	5.6 (3.9-7.9)	8.9 (6.7-11.8)	2.4 (1.3-4.4)
Physical Activity			
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more days during the past seven days	32.7 (27.4-38.5)	41.0 (34.6-47.7)	24.5 (21.9-27.4)
Percentage of students who went to physical education (PE) class on three or more days each week during the school year	27.3 (23.7-31.3)	29.1 (24.4-34.3)	25.7 (20.3-31.9)
Percentage of students who spent three or more hours per day during a typical or usual day doing sitting activities	40.6 (36.6-44.7)	38.3 (32.5-44.4)	42.7 (37.9-47.6)
Sexual Behaviours			
Percentage of students who ever had sexual intercourse	24.5 (19.1-30.9)	31.7 (22.9-42.1)	17.4 (14.3-21.1)
Among students who ever had sexual intercourse, the percentage who had sexual intercourse for the first time before age 14 years	47.7 (41.4-54.1)	48.9 (40.9-57.0)	44.6 (29.1-61.3)
Among students who ever had sexual intercourse, the percentage who used a condom the last time they had sexual intercourse	43.2 (36.3-50.3)	45.2 (36.1-54.7)	39.7 (29.3-51.2)

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Results for students aged 13-15 years	Total	Boys	Girls
Tobacco Use			
Percentage of students who smoked cigarettes on one or more days during the past 30 days	16.3 (12.5-21.0)	23.3 (18.1-29.5)	9.4 (6.3-13.8)
Among students who ever smoked cigarettes, the percentage who first tried a cigarette before age 14 years	76.5 (69.4-82.4)	78.5 (69.9-85.1)	72.7 (60.6-82.2)
Percentage of students who reported people smoked in their presence on one or more days during the past seven days	69.3 (66.7-71.8)	71.2 (66.7-75.3)	67.3 (62.0-72.2)
Violence and Unintentional Injury			
Percentage of students who were in a physical fight one or more times during the past 12 months	35.5 (28.6-43.2)	49.2 (42.6-56.0)	22.2 (18.1-26.9)
Percentage of students who were seriously injured one or more times during the past 12 months	39.5 (34.1-45.2)	47.9 (42.4-53.4)	31.2 (26.3-36.7)
Percentage of students who were bullied on one or more days during the past 30 days	35.7 (31.8-39.7)	42.1 (37.8-46.5)	29.5 (24.8-34.7)

* Indicates less than 100 students.

For additional information, please contact:

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