

# Zimbabwe – Manicaland (Ages 13-15)

## Global Youth Tobacco Survey (GYTS)

### FACT SHEET . . . . .



The Zimbabwe - Manicaland GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Zimbabwe - Manicaland could include in a comprehensive tobacco control program.

The Zimbabwe - Manicaland GYTS was a school-based survey of students in forms 1-3 conducted in 1999.

A two-stage cluster sample design was used to produce representative data for all of Zimbabwe - Manicaland. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the student response rate was 89.7%, and the overall response rate was 89.7%. A total of 700 students aged 13-15 years participated in the Zimbabwe - Manicaland GYTS.

### Prevalence

- 20.4% of students had ever smoked cigarettes (Boys = 25.7%, Girls = 15.1%)
- 18.5% currently use any tobacco product (Boys = 17.7%, Girls = 17.9%)
- 10.0% currently smoke cigarettes (Boys = 10.3%, Girls = 8.7%)
- 13.2% currently use other tobacco products (Boys = 11.6%, Girls = 13.9%)
- 39.4% of never smokers are likely to initiate smoking next year

### Knowledge and Attitudes

- 43.8% think boys and 18.6% think girls who smoke have more friends
- 18.6% think boys and 12.7% think girls who smoke look more attractive

### Access and Availability - Current Smokers

- 26.0% usually smoke at home
- 37.7% buy cigarettes in a store
- 73.5% who bought cigarettes in a store were NOT refused purchase because of their age

### Exposure to Secondhand Smoke (SHS)

- 35.0% live in homes where others smoke
- 51.6% are around others who smoke in places outside their home
- 31.6% think smoking should be banned from public places
  - 8.1% definitely think smoke from others is harmful to them
- 36.8% have one or more parents who smoke
- 12.3% have most or all friends who smoke

### Cessation - Current Smokers

- 64.6% want to stop smoking
- 54.0% tried to stop smoking during the past year
- 86.7% have ever received help to stop smoking

### Media and Advertising

- 69.7% saw anti-smoking media messages, in the past 30 days
- 64.6% saw pro-cigarette ads on billboards, in the past 30 days
- 66.7% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
- 13.2% have an object with a cigarette brand logo
- 14.5% were offered free cigarettes by a tobacco company representative

### School

- 51.6% had been taught in class, during the past year, about the dangers of smoking
- 34.9% had discussed in class, during the past year, reasons why people their age smoke
- 50.8% had been taught in class, during the past year, the effects of tobacco use

### Highlights

- Almost 1 in 5 students currently use any form of tobacco; 10% currently smoke cigarettes; 13.2% currently use some other form of tobacco.
- SHS exposure is high – over one-third of the students live in homes where others smoke; more than half are exposed to smoke in public places; over 1 in 3 have one or more parents who smoke.
- More than 3 in 10 students think smoking should be banned from public places.
- Almost 1 in 10 students think smoke from others is harmful to them.
- Nearly two-thirds of smokers want to stop.
- More than 1 in 7 students has an object with a cigarette brand logo on it.
- Seven in 10 students saw anti-smoking media messages in the past 30 days; three-quarters of the students saw pro-cigarette ads on billboards and in newspapers or magazines in the past 30 days.