

# Cameroon-Centre District (Ages 13-15)

## Global Youth Tobacco Survey (GYTS)

### FACT SHEET . . . . .



The Cameroon-Centre District GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Cameroon-Centre District could include in a comprehensive tobacco control program.

The Cameroon-Centre District GYTS was a school-based survey of students in Forms 1, 2, 3, and 4 conducted in 2008.

A two-stage cluster sample design was used to produce representative data for all of Cameroon-Centre District. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100.0%, the class response rate was 100.0%, the student response rate was 89.1% and the overall response rate was 89.1%. A total of 2,724 13-15 year old students participated in the Cameroon-Centre District GYTS.

#### Prevalence

- 15.2% of students had ever smoked cigarettes (Boys = 21.8%, Girls = 9.2%)
- 31.2% of ever smokers initiated smoking before age 10 (Boys = 27.6%, girls = 40.2%)
- 13.4% currently use any tobacco product (Boys = 17.3%, Girls = 9.7%)
- 5.7% currently smoke cigarettes (Boys = 8.8%, Girls = 3.0%)
- 9.5% currently use other tobacco products (Boys = 11.6%, Girls = 7.3%)
- 10.9% of never smokers are likely to initiate smoking next year
- 16.2% of current smokers feel like having a cigarette first thing in the morning

#### Knowledge and Attitudes

- 19.4% think boys and 12.1% think girls who smoke have more friends
- 12.5% think boys and 12.9% think girls who smoke look more attractive

#### Access and Availability - Current Smokers

- 27.0% usually smoke at home
- 22.1% buy cigarettes in a store
- 49.8%\* who bought cigarettes in a store were NOT refused purchase because of their age

#### Exposure to Secondhand Smoke (SHS)

- 23.1% live in homes where others smoke in their presence
- 45.0% are around others who smoke in places outside their home
- 87.6% think smoking should be banned from public places
- 75.7% think smoke from others is harmful to them
- 14.0% have one or more parents who smoke
- 3.7% have most or all friends who smoke

#### Cessation - Current Smokers

- 81.8% want to stop smoking
- 77.4% tried to stop smoking during the past year
- 72.2% have ever received help to stop smoking

#### Media and Advertising

- 79.0% saw anti-smoking media messages, in the past 30 days
- 65.9% saw pro-cigarette ads on billboards, in the past 30 days
- 54.4% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
- 13.5% have an object with a cigarette brand logo
- 6.4% were offered free cigarettes by a tobacco company representative

#### School

- 52.4% had been taught in class, during the past year, about the dangers of smoking
- 25.6% had discussed in class, during the past year, reasons why people their age smoke
- 31.2% had been taught in class, during the past year, the effects of tobacco use

#### Highlights

- 13.4% of students currently use any form of tobacco; 5.7% of students currently smoke cigarettes and nearly 1 in 10 currently use tobacco products other than cigarettes.
- SHS exposure is moderate – almost one-quarter of students live in homes where others smoke; almost half of students are exposed to smoke of others outside their home; more than 1 in 10 students have at least one parent who smokes.
- Three-quarters of the students think smoke from others is harmful to them.
- About 9 in 10 students think smoking should be banned in public places.
- More than 1 in 8 students has an object with a cigarette brand logo on it.
- Nearly 4 in 5 students saw anti-smoking media messages in the past 30 days; almost two-thirds of the students saw pro-cigarette ads on billboards and more than half saw pro-cigarette ads in newspapers or magazines in the past 30 days.

\* indicates cell size is less than 35