

Premature mortality from noncommunicable disease



- At least a 25% relative reduction in premature mortality (under 60 years of age) from NCDs by 2020

Harmful alcohol use



- 20% reduction of per capita consumption of alcohol by 2020

Physical inactivity



- 10% increase in the prevalence of physical activity (defined as 150 mins of moderate-intensity physical activity per week, or equivalent) by 2020

Sodium intake



- Reduce mean population intake of salt to <5 grams/day by 2020

Tobacco use



- 20% reduction in tobacco use by 2020

Raised blood pressure



- 20% reduction in the prevalence of high blood pressure by 2020 (through lifestyle and medication)

Diabetes and obesity



[no target]

- 10% reduction in the percentage of people who are obese and/or overweight by 2020

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]