

Premature mortality from noncommunicable disease



- 20% reduction in premature NCD mortality from 2015 to 2025

Harmful alcohol use



- 10% decrease in rate of excess beer consumption among adults from 2015 to 2025

Physical inactivity



- 10% reduction in physical inactivity among adults from 2015 to 2025

Sodium intake



- 30% reduction in the average salt consumption per person per day in adults from 2015 to 2025

Tobacco use



- 30% decrease in smoking prevalence among adults from 2015 to 2025

Raised blood pressure



- Keep prevalence of high blood pressure in adults under 30% through 2025

Diabetes and obesity



- Keep prevalence of diabetes among adults aged 30-69 below 8% through 2025

- Keep prevalence of adult overweight and obesity under 15% through 2025
- Keep prevalence of childhood overweight and obesity under 10% through 2025

Drug therapy to prevent heart attacks and strokes



- 50% of hypertension cases detected receive treatment and counseling

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- 90% of primary and preventive medical centers have essential NCD medicines & technologies