

## Premature mortality from noncommunicable disease



- 20% reduction in mortality among people less than 70 years due to cardiovascular disease, chronic respiratory disease, cancer and diabetes by 2020

## Harmful alcohol use



- 10% relative reduction in persons aged 15+ per capita consumption of alcohol by 2020 (baseline 2012)

## Physical inactivity



- 10% reduction in the proportion of individuals who are physically inactive by 2020 (baseline 2012)

## Sodium intake



- Reduce the mean population salt intake to less than 5 grams per day by 2020

## Tobacco use



- 30% reduction in the prevalence of tobacco use by 2020 (baseline 2012 STEPS data)

## Raised blood pressure



- 25% reduction in the prevalence of raised blood pressure by 2020 (baseline 2012)

## Diabetes and obesity



- 10% reduction in the prevalence of diabetes by 2020 (baseline 2012)

- 0% increase in obesity prevalence by 2020 (baseline 2012)

## Drug therapy to prevent heart attacks and strokes



- 50% of people diagnosed with stroke or heart disease use aspirin for prevention of further cardiovascular diseases by 2020

## Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- 50% increase in access to essential medicines for those diagnosed with the major NCDs by 2020 (baseline 2012)