

Premature mortality from noncommunicable disease



[no target]

Harmful alcohol use



- 50% reduction in prevalence of binge drinking by 2019 (set 2016)

Physical inactivity



- 25% increase in physical activity levels among population by 2019 (set 2016)

Sodium intake



[no target]

Tobacco use



- 10% reduction in current tobacco smoking rates by 2019 (set 2016)

Raised blood pressure



- 10% reduction in prevalence of hypertension by 2019 (baseline 2015 STEPS)

Diabetes and obesity



- 10% reduction in diabetes incidence by 2019 (baseline 2014)

- 5% reduction in obesity rate by 2019 (baseline 2015 STEPS)

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



- National Central Medical Stores maintain 100% availability of medicines and consumables by 2019